# **GE1223: PUBLIC HEALTH COMMUNICATION**

#### **Effective Term**

Semester A 2022/23

### Part I Course Overview

#### **Course Title**

Public Health Communication

### **Subject Code**

GE - Gateway Education

#### **Course Number**

1223

### **Academic Unit**

Media and Communication (COM)

### College/School

College of Liberal Arts and Social Sciences (CH)

#### **Course Duration**

One Semester

#### **Credit Units**

3

#### Level

A1, A2 - Associate Degree B1, B2, B3, B4 - Bachelor's Degree

### **GE Area (Primary)**

Area 2 - Study of Societies, Social and Business Organisations

### **Medium of Instruction**

English

### **Medium of Assessment**

English

### **Prerequisites**

Nil

### **Precursors**

Nil

### **Equivalent Courses**

Nil

### **Exclusive Courses**

Nil

### Part II Course Details

#### **Abstract**

The overall goal for the course is to help students discover how health and illness affects and is affected by communication. It has been consistently shown in research that public health outcomes can be improved through effective communication of timely, accurate health information. Clear communication is essential to successful public health practices at intrapersonal, interpersonal, group, organizational, and societal levels. Contemporary health care has demonstrated a strong need for communicating accurate and reliable information and promoting behavioral changes for the enhancement of the quality of life and individuals' well-beings with in the community. Such need is highlighted within a global context where infectious diseases, food safety, nutrition and physical activities have become world-wide common concerns. In the contexts of Hong Kong and Greater China, population density and close proximity for interpersonal contact lead to aggressive spread of diseases. Low health literacy, environmental risks, limited resources, and poor governance and intervention also pose serious health threats to public health practices. Developing tailored health messages and communicating them with strategic media planning are particularly acute, give that there is an increased competition for attention in our information age. It is therefore theoretically critical and practically important for the students to develop a basic understanding of health communication.

### Course Intended Learning Outcomes (CILOs)

	CILOs	Weighting (if app.)	DEC-A1	DEC-A2	DEC-A3
1	Describe the processes and effects of health communication and identify key issues on health beliefs and behaviors				X
2	Discuss how communication theories and models can explain, predict and change health-related beliefs and behaviors			x	X
3	Critically evaluate the effectiveness of real-life health campaigns or case studies		X	X	х
4	Apply theories into practice by developing innovative health campaigns or designing tailored messages		Х	x	X

### A1: Attitude

Develop an attitude of discovery/innovation/creativity, as demonstrated by students possessing a strong sense of curiosity, asking questions actively, challenging assumptions or engaging in inquiry together with teachers.

#### A2: Ability

Develop the ability/skill needed to discover/innovate/create, as demonstrated by students possessing critical thinking skills to assess ideas, acquiring research skills, synthesizing knowledge across disciplines or applying academic knowledge to real-life problems.

### A3: Accomplishments

Demonstrate accomplishment of discovery/innovation/creativity through producing /constructing creative works/new artefacts, effective solutions to real-life problems or new processes.

### Teaching and Learning Activities (TLAs)

	TLAs	Brief Description	CILO No.	Hours/week (if applicable)
1	Lectures	Key concepts, theories, perspectives, and case studies	1, 2, 3	1.5 hours for 12 weeks

2	Class participation	Discussions, presentations, anduse of Internet to search for materials andreal-world cases related to health beliefs and behaviors	1, 2, 3	1.5 hours for 12 weeks
3	Group projects	In-depth case studies of health communication; develop health campaigns with a range of media applications	2, 3, 4	

### Assessment Tasks / Activities (ATs)

	ATs	CILO No.	Weighting (%)	Remarks (e.g. Parameter for GenAI use)
1	Class attendance & participation	1, 2, 3, 4	10	Assessment will be based on participation in small group discussion and inclass activities
2	Weekly internet assignments	1, 2, 3	30	Assessment will be based on critiques and comments about weekly readings and other class materials
3	In-class quizzes	1, 2, 3	30	Assessment will be based on students' knowledge of key concepts, theories, examples and perspectives
4	Group projects	2, 3, 4	30	Assessment will be based on how students can work together to a) identify a real life health issue, b) apply relevant concepts and principles to analyze the target, c) propose effective educational or communication solutions, and d) present the results to class.

### Continuous Assessment (%)

100

Examination (%)

Λ

Assessment Rubrics (AR)

**Assessment Task** 

Quiz

### Criterion

KNOWLEDGE of health theories and communication theories

#### Criterion

CAPACITY for SELF-DIRECTED LEARNING to understand health communication and identify key health issues

### Excellent (A+, A, A-)

High

### Good (B+, B, B-)

Significant

### Fair (C+, C, C-)

Moderate

### Marginal (D)

Basic

#### Failure (F)

Not even reaching marginal levels

#### **Assessment Task**

Class participation

#### Criterion

ATTITUDE for active learning and participation

Excellent (A+, A, A-)

High

Good (B+, B, B-)

Significant

Fair (C+, C, C-)

Moderate

#### Marginal (D)

Basic

### Failure (F)

Not even reaching marginal levels

## **Part III Other Information**

### **Keyword Syllabus**

Public health, health campaign design, health behavioural intervention, persuasion, cognitive and social models, behavior change theory, health belief system, e-health, tailored message design, situation analysis, health communication planning, health narratives, disease prevention, risk assessment, infotainment, edutainment, community-based intervention, infectious diseases, food safety, smoking, nutrition, obesity, drug use, recreations and fitness programs

### **Reading List**

### **Compulsory Readings**

	Title
1	Schiavo, R. (2007). Health communication: From theory to practice. New York, NY: Jossey-Bass.

#### **Additional Readings**

	Title
1	Hornik, R. C. (2002). Public health communication: Evidence for behavior change. Mahwah, NJ: Lawrence Erlbaum.
2	Kreuter, M., Farrell, D., Olevitch, L., & Brennan, L. (2000). Tailoring health messages: Customizing communication with computer technology. Mahwah , NJ: Lawrence Erlbaum.
3	Rice, R. E. & Atkin, C. K. (2001). Public communication campaigns (3rd Edition). Thousand Oaks, CA: Sage.
4	Hong Kong Centre for Health Protection: http://www.chp.gov.hk/en/index.html
5	Historical successful cases: http://www.aef.com/exhibits/social_responsibility/ad_council/2148

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- Making Health Communication Programs Work. U.S. Department of Health & Human Services, Public Health Service, National Institutes of Health: http://nci.nih.gov/cancertopics/cancerlibrary/pinkbook/
- 7 USDHHS (2010). Healthy People 2010 (Volume 1): Understanding and Improving Health. Washington, DC: U.S. Department of Health and Human Services: http://www.health.gov/healthypeople

# Annex (for GE courses only)

A. Please specify the Gateway Education Programme Intended Learning Outcomes (PILOs) that the course is aligned to and relate them to the CILOs stated in Part II, Section 2 of this form:

Please indicate which CILO(s) is/are related to this PILO, if any (can be more than one CILOs in each PILO)

### PILO 1: Demonstrate the capacity for self-directed learning

1, 2, 3, 4

PILO 2: Explain the basic methodologies and techniques of inquiry of the arts and humanities, social sciences, business, and science and technology

2, 3, 4

PILO 3: Demonstrate critical thinking skills

1, 2, 3, 4

PILO 4: Interpret information and numerical data

1, 2, 3

PILO 5: Produce structured, well-organised and fluent text

1, 2, 3, 4

PILO 6: Demonstrate effective oral communication skills

1, 2, 3, 4

PILO 7: Demonstrate an ability to work effectively in a team

1, 2, 3, 4

PILO 8: Recognise important characteristics of their own culture(s) and at least one other culture, and their impact on global issues

1, 2, 3, 4

PILO 9: Value ethical and socially responsible actions

1, 2, 3, 4

B. Please select an assessment task for collecting evidence of student achievement for quality assurance purposes. Please retain at least one sample of student achievement across a period of three years.

#### Selected Assessment Task

Class participation, quizzes, group project, online assignments, presentation