

Student Life Resource Book

EMPOWERING AND EQUIPPING STUDENTS TO THRIVE AT UNIVERSITY AND BEYOND





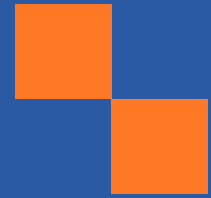
香港城市大學

City University of Hong Kong





Content



Welcome Message from Dean of Students	2
Welcome Message from Associate Provost (Student Life)	3
Vision & Mission	4
CityUHK Ideal Graduate Outcomes	5
CityUHK Student Life at a Glance	6
Student Development Services (SDS)	7
Student Residence Office (SRO)	8
All-round Support to Students	9
Grooming Future Leaders	18
Multicultural Integration	25
Boosting Mental Wellness	30
Care for Students with Special Educational Needs	36
Learning - a Lifelong Journey	39

Embracing Endless Possibilities

As you begin this exciting chapter at CityUHK, I want to extend a warm welcome to each of you. You are embarking on an incredible journey filled with opportunities to explore your passions and develop your potential.

While you may find yourselves focused on a specific academic discipline, remember that many of you have diverse interests. Embrace this multifaceted nature of your identity. Life is rich with beauty and excitement, and your learning experience should reflect that. As you navigate the multitude of choices before you, take time to discover who you are and what truly matters to you. Setting clear goals will help guide you on your unique path, allowing you to make the most of your university experience.

We are committed to supporting you throughout this journey. CityUHK offers a wealth of resources, including scholarships to recognise your hard work, training programmes in arts, music, and sports, and valuable internship opportunities. I encourage you to take full advantage of these offerings to enrich your education.

As you seek to expand your knowledge and skills, remember to prioritise your well-being. Balance is essential, and we are here to help you navigate both your academic pursuits and personal growth. Also, success takes time and dedication. Drawing from my own experiences, I can assure you that progress often comes from slow, deliberate practice. Embrace challenges with persistence, knowing that the joy of mastering new skills far outweighs the fleeting satisfaction of distractions.

If I could speak to my younger self, I would encourage him to be brave and trust in his abilities. With the right mindset and a willingness to learn from each opportunity, I believe that all things will work together for your good.

Above all, I invite you to enjoy this precious time in your life. Embrace each moment, and remember that your journey is uniquely yours.



Professor Alex Chun-Yuen WONG
Dean of Students

Be Curious! Be Proactive!



Professor Dannii YEUNG
Associate Provost (Student Life)

We are at the edge of a new era, in which digital computation is primed to surpass human intelligence. Large language models capably mimic human decision-making processes, while sophisticated robots are equipped to handle both heavy and delicate tasks. Some see this trend as a potential threat to their development and worry about how to secure stable careers in the coming decades. However, why not view it as an exciting opportunity to innovate and achieve what we can envision?

The key to thriving, in my opinion, is to **be curious** about everything around us, to be open to novel ideas, and to keep motivated to learn new things. Think of the power we possess when we combine the dedication to understanding the reason behind everything and the unleashed productivity. As a professor of psychology, I realised that people often perceive the world through the lens of their past experiences, which can lead to both collective and individual stereotypes and prejudices that may not reflect reality.

Why not let go of the societal and self-imposed labels that hinder our growth? Whether it's age, gender, or personality, we must remember that fresh talent can excel in sports, girls can thrive in STEM fields, and introverts can deliver powerful public speeches. Let's **be proactive**, and welcome every experience we encounter without judgment. Let's step out and be confident in yourselves to try new things such as taking part in a competition, apply for an internship or a scholarship, and sing and dance on the stage.

To enhance the learning experience at the University, I strongly encourage students to participate in an exchange programme or to engage another culture in depth. Immersing oneself in a foreign environment or interacting with individuals from diverse cultural backgrounds can inspire us to reevaluate our beliefs and values, leading us to reflect on what is truly important in our lives.

Each of us is unique, shaped by our distinct characters, strengths, potentials, and personal experiences. Learning is a lifelong journey, and I hope you find as much joy in this evolving process as I do. Your time at CityUHK will undoubtedly create countless captivating stories to share.

Vision & Mission



Vision

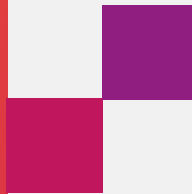
At **City University of Hong Kong (CityUHK)**, we are committed to providing our students with the support they need to have a fulfilling and rewarding university experience, prepare themselves for personal and professional excellence, and live life to the fullest.

Mission

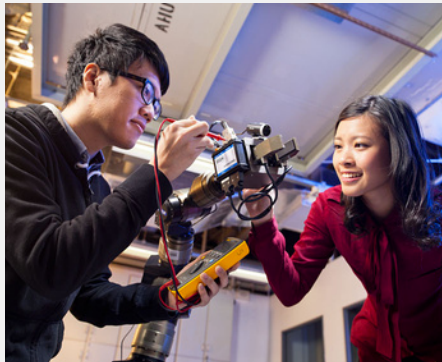
- 01** We are committed to delivering a holistic education that combines all-round **academic and non-academic support**, preparing students for success in personal and professional life.
- 02** We shape students into responsible, ethical, and socially-aware leaders. We provide **support to student-led activities** and encourage participation in community service.
- 03** We stimulate students' understanding of cultural diversity, global thinking, and cross-cultural experiences. We proactively **integrate non-local students into the local community**.
- 04** We **promote the importance of mental wellness** and prepare students to become resilient individuals who are ready to face future challenges.
- 05** We create a safe and inclusive learning environment that fosters individual growth, respecting each student's uniqueness, with a focus on **supporting students with Special Educational Needs**.
- 06** We inspire students to stay curious and proactive, advocate the fulfilment of **lifelong learning** and empower individuals to pursue personal growth throughout their lives.

CityUHK

Ideal Graduate Outcomes



Globally Minded Professional



Innovative and Critical Thinker



Effective Communicator



Lifelong Learner



Civically-oriented Individual



CityUHK Student Life at a Glance



174M

Total Amount of Scholarships
Awarded in 2023-24

4,041

Number of Scholarships and Awards
in 2023-24



27

Countries for Internship
in 2023-24

97%

Student Employment Rate
in 2022



9,680

Hours of Service Learning
Completed in 2023-24



9th

Grand Slam in USFHK
Intercollegiate Sports



5,862

Bed Places in Student Residence



74

Nationalities of Student in
Student Residence in 2023-24



STUDENT DEVELOPMENT SERVICES

Student Development Services (SDS)



SDS Website

CityU HK



Google Play



App Store

SDS is the first port of call for developmental programmes and financial support, physical education activities, counselling services, and career and leadership guidance.

- **Career and Leadership Centre**

General Office: (852) 3442 5591, Email: clc.careercentre@cityu.edu.hk
IG: cityuclc

- **Counselling Service**

General Office: (852) 3442 8090, Email: sds@cityu.edu.hk
Appointment with Counsellor: (852) 3442 8478
Non-office Hour Counselling Services: (852) 5117 7807
IG: caringcityuhk

- **Physical Education Section**

General Office: (852) 3442 8025, Email: sope@cityu.edu.hk
IG: cityuhksportsteams, cityuhk.healthyu

- **Student Life & Resources**

General Office: (852) 3442 8090, Email: sds@cityu.edu.hk
IG: voluntails, cityuhk_degreeplus, cityuhk_artsfestival

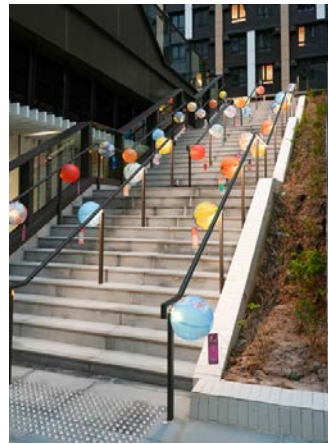


香港城市大學
City University of Hong Kong

Student Residence Office (SRO)



SRO Website



Off-campus Accommodations



@CityUHK SRO MOS

For student housing needs, SRO is here to assist! SRO ensures the orderly operation of Student Residence as a living and learning mega-home with residents from 70+ countries.

Kowloon Tong Compound:

General Enquiry: (852) 3442 1111
Email: sro@cityu.edu.hk
Security Control Room 24-hour Hotline: (852) 3442 1999

Ma On Shan Compound:

General Enquiry: (852) 3442 1200
Email: sro.mos@cityu.edu.hk
Security Control Room 24-hour Hotline: (852) 3442 1000



@cityuhksro



@cityuhksromos

ALL-ROUND SUPPORT TO STUDENTS



- Academic Advising
- Induction for 1st Year Students
- Career Services
- Counselling Service
- Physical Education & Wellness
- Residence Mentoring Scheme & Special Learning Activities



Academic Advising

CityUHK's Academic Advising Scheme for undergraduate students sits alongside peer support mechanisms to help students settle in and plan for their studies. Each new student will be assigned one academic staff as the Academic Advisor and one experienced student as the Student Mentor. All incoming students at CityUHK are required to complete GE1601 (Whole-Person Development) during their first year, with Academic Advising being one of the components. Students are required to meet their academic advisors at least twice each semester. Academic Advisors will assist students in addressing their academic concerns and queries, such as study skills, course selection, programme selection, internship application, professional development, etc; so that students will make satisfactory progress and development.

Find the name and contact of your Academic Advisor/Student Mentor when the semester begins:



GE1601
Whole-Person
Development

QUICK TIPS

For general enquiries about academic matters, students can contact their Colleges, Schools or Departments:



Induction for 1st Year Students



01

University Welcoming Ceremony kick off students' university life, welcoming them with a series of wonderful performances and sharing sessions. Alumni and senior students will share their experiences, highlighting how CityUHK has contributed to their personal growth and career development.



02

Student Residence Welcome Night & Induction is designed to welcome hall freshmen through comprehensive orientation sessions. They help new residents understand the hall culture, available resources, and community expectations. It's also a fantastic opportunity to meet fellow residents, make new friends, and get acquainted with hall life.



03

Student Development Services (SDS) Expo showcases a diverse range of Student Groups, Societies, CityUHK Student Chapters from various Colleges/Schools/Departments, as well as major programmes offered by the Student Development Services. New students will have the opportunity to choose their own adventure by joining any of these groups, societies, and programmes that they have a passion for!



04

SDS Expo: PE, Wellness and Sports allow students and staff to experience various sports games before the semester begins. The PE Section also seek this opportunity to openly recruit members for the Sports Teams, Sports for All and Sports Ambassadors.



Career Services

Career and Leadership Centre (CLC) is dedicated to help students realise their career goals, explore career options and equip them with the employability skills. CLC's ultimate aim is to enhance students' employability through a wide range of career services in order to meet the challenges of a global workforce upon graduation. From 2019 to 2022, CityUHK students' full-time employment rate has increased from 84.6% to 97%.



Career Preparation Workshops



**Employment Opportunities -
Local and Non-local
Internship Opportunities**



**One-on-One Career
Consultations**



**Award/Scholarships Scheme
For Non-local Internship**



**Employability Enhancement
Programmes**



**Career Support and Employment
Opportunities for Students/
Fresh Graduates**



**Employer Connection and
Engagement**



Postgraduate Career Services



01

Career Preparation Workshops



02

One-on-One Career Consultations



03

Employability Enhancement Programmes



04

CityUHK Career Expo



05

Industry Exploratory Series



06

Postgraduate Career Services



CLC Website



@cityuclc



Counselling Service

“

Remember Dorothy in "Wizard of the Oz"? Our team of Counsellors are "Dorothy", providing caring professional support.

In the adventures, Dorothy helps Tin Man to find his Heart, Scarecrow to get the brain, and Lion to reclaim courage. Our team of counsellors work with students to listen to their hearts, to clarify their thoughts, and to fuel themselves with courage, in negotiating life to become wholesome. We will be with them when they are in pain and stress, and we celebrate with them when they reap fruits of success.



MAKE an Appointment

Call **3442 8478** to make an appointment with our counsellors.

For **non-office-hour** counselling services on weekdays after 5:30pm, Saturdays, Sundays, and Public Holidays, please call **5117 7807**.



Physical Education & Wellness



PE Courses

PE Courses are organised with the aim of enabling students to acquire new sports skills and foster their lifelong pursuit of sports. Courses are organised in Semester A, Semester B and Summer Semester.



Wellness for All

Wellness for All is an evidence-based, year-round campaign to promote active lifestyles, physical well-being, and enhanced health, fitness, and quality of life across the CityUHK community through innovative total wellness programming.



Sports for All

Sports for All is a year-round programme conducted by various sports clubs, with aims to promote physical exercise, cultivate exercise habits as well as develop individual sports potentials among the CityUHK Community. The 15 Sports Clubs are supervised by professional staff with students acting as sports event organisers, which helps develop their communication and leadership skills.



CityUHK Sports Teams

CityUHK Sports Teams are trained and managed by professional coaches and managers. Opportunities are provided for the teams to participate in competitions organised by the University Sports Federation of Hong Kong, China (USFHK) and other local sports bodies. Outstanding athletes may also be selected to represent Hong Kong to compete in the World University Games and other international sports competitions held overseas.



01

PE Courses: Canoeing



02

PE Courses: Fitball



03

Wellness for All: Cycling Fun Day



04

Sports for All: Climbing



05

Sports Teams: Rugby



06

Sports Teams: Fencing

Scan the QR Codes to

Learn More



PE Courses



Wellness for ALL



Sports for ALL



Sports Teams



Residence Mentoring Scheme & Special Learning Activities



Residence Mentoring Scheme

Residence Mentoring Scheme aims to foster a supportive and enriching environment for residents by pairing them with experienced mentors. For example, a Mathematics Preparatory Workshop after class can help engineering students without a math background achieve better results.



Special Talks

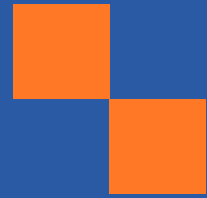
Special Talks provide a dynamic and quality learning platform for student residents to meet and talk with renowned elites in the society. Guests will share with you their keys to success in the SPECIAL areas of:

- S**erve the world
- P**assion
- E**ntrepreneurship
- C**oding
- I**nnovation
- A**spiration
- L**ife and career



Mathematics Preparatory Workshop

GROOMING FUTURE LEADERS



- Leadership Development
- Student-Led Activities
- Extra-curricular Activities
- Community Services



Leadership Development



Golden Key Club

Empowering Excellence and Beyond

When preparing the leaders of tomorrow, it is never only academic excellence that CityUHK treasures. From communication and persuasiveness, to connecting with and motivating others, Golden Key Club has long served as a networking platform for current and potential scholarship recipients to progress through peer learning and encouragements.



Learning from Peers in TED-Style Presentation



Leadership Horizons Programme

The Leadership Horizons platform is designed to provide a structured and comprehensive approach to developing leadership skills for all CityUHK students.

The programme gives students access to LinkedIn's learning platform to unlock their diverse skills at their own pace. They can earn prestigious e-badges by completing various courses across three competencies. Students can shape their future leadership success and showcase their achievements on their LinkedIn profile through this programme.

LinkedIn Courses on Competencies



- Communication & Team Management
- Project Management
- Personal Growth & Wellness



@golden.key.club



Leadership
Horizons
Programme



Student-Led Activities

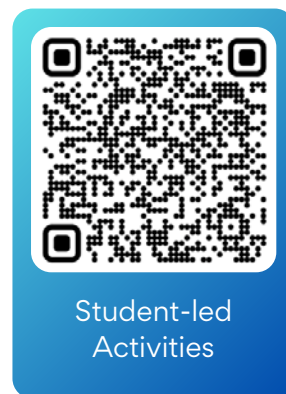


Student-Led Activities (SLA) Programme

The Student-Led Activities (SLA) Programme offers a fantastic opportunity for campus involvement. Its aim is to nurture students' interests, foster transferable skills, enhance their sense of belonging and responsibility, and forge connections with the University and fellow student peers. We invite all full-time CityUHK students to submit their proposals and be part of this enriching experience.



Society for Wine Studies Workshop



Resident-led Activities (RLA)

The Student Residence Office invite residents to host Resident-led Activities (RLA), which not only for enriching hall life and friendship but also for developing their soft skills such as organisation skills, presentation skills and communication skills.



Extra-curricular Activities



DegreePlus

DeegreePlus, launched in 2022-23 by Student Development Services, is a comprehensive co-curricular programme offering a well-rounded university experience, including community services, athletics, arts and cultural events, interest clubs, and leadership experiences, enabling students to demonstrate their academic and non-academic achievements at CityUHK while developing valuable skills that give them a competitive edge for their future career.



Stargazing at CityUHK

DEGREE PLUS



@cityuhk_degree plus



01

Flower Cake Workshop



02

Joint-University Mass Dance



03

Cycling Club



04

Balloon Arts Club



05

Wine Team Training



06

Fai Chun writing to celebrate the Chinese New Year



CityUHK Arts Festival

Nurturing Students' Artistic Passion

The CityUHK Arts Festival, launched in 2015, is a vibrant celebration of creativity and cultural expression. This annual event showcases a diverse array of musical performances and artistic displays, featuring talented students who bring their passion and innovation to the stage. The festival not only highlights the artistic endeavours within our university community but also aims to foster a lifelong appreciation of the arts among students and the public. Stay tuned and join us in experiencing the power of art and music as we inspire and engage audiences in meaningful ways.



CityUHK Arts Festival 10th Anniversary



CityUHK Musical

Honing the performing arts' perfection and shining on stage

CityUHK Musical, continuing to be on stage annually, is a pioneering student performing arts programme among Hong Kong higher institutions, launched in 2016. This programme offers students from different colleges and schools comprehensive Broadway musical training in singing, dancing, and acting in five months, providing them with life-rewarding stage experience on campus. Many talented CityUHK performers, inspired and nurtured by the programme, have gone on to pursue their performance dreams as lifelong careers. Past productions have included *"Legally Blonde"* (2024), *"Sister Act"* (2023), *"West Side Story"* (2021), *"Rent"* (2021), *"Chicago"* (2019), and more.



The performance of "Legally Blonde"



The performance of "Sister Act"



Community Services



SLTP Website



Service Leadership Training Programme (SLTP)

Designed to unlock personal growth and potential among CityUHK students through active volunteering, Service Leadership Training Programme (SLTP) is a multi-year journey which provides participants with a platform to develop community service leadership while collaborating with peers and partners of various academic disciplines and background, cultivating a positive attitude and service mindset.



Community Engagement Programme (CEP)

With the mission to raise the social awareness of students, Community Engagement Programme (CEP) encourages experiential, reflective and relational learning. It connects students with the wider community by the mean of voluntary community service targeting a broad spectrum of socially vulnerable groups, inspiring participants to develop compassion and empathetic perspective-taking while enhancing communication and collaborative skills.



Community Engagement Programme



Community Services Scheme

The scheme is a great opportunity for local and non-local CityUHK residents to participate in community service projects or local events, which help them connect with the broader community in Hong Kong. For instance, residents are offering tutoring services to students of the Chak Yan Centre School, which is located next to our student residence Kowloon Tong compound.

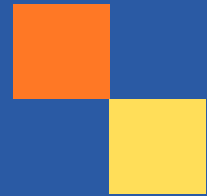


Planning a Halloween Carnival for beneficiaries



Community service to Chak Yan Centre School

MULTICULTURAL INTEGRATION



- Festive Celebration in Student Residence
- Language Barrier-free Career Services
- Service Leadership Training Programme – Cultural Walker
- CityUHK Delegation – Standard Chartered Hong Kong Marathon



Festive Celebration in Student Residence

CityUHK is recognised as the Most International University in the World, according to the Times Higher Education (THE) World University Rankings 2024 and 2025. In 2023-24, the nationalities of students in Student Residence reached 74.

To make everyone feel at home, a suite of large-scale festive celebrations that engage every resident is organised. Not only is it a cultural celebration, but it is also a cultural "circulation" between globally engaged CityUHK residents, who immerse and deep dive into cultural diversities, stay curious, and welcome the world.

Events such as Mid-autumn Festival Celebration, Spring Festival Celebration, Yoga Day, and Cooking Competition, encourage interaction between local and non-local students, celebrating diversity and enhancing cultural understanding.



Yoga Fun-hour



Spring Festival Celebration



Language Barrier-free Career Services

The Career and Leadership Centre of Student Development Services strives to create an environment that supports the career aspirations of our students from all backgrounds. The career supports offered are conducted primarily in English, ensuring a language barrier-free environment for all students. Non-local students are encouraged to participate in career education & consultation, employability enhancement programmes, and employer/industry engagement events.

Through participating in these initiatives, students would be able to gain valuable skills, build professional networks, and enhance their employability, paving the way for successful careers.



Mainland China Career Fair Series introducing career opportunities in the **Greater Bay Area**



Global Work Attachment Programme





Service Leadership Training Programme (SLTP) – Cultural Walker

The Cultural Walker, one of the service teams under Service Leadership Training Programme (SLTP) at CityUHK, brings the vibrant essence of Hong Kong to non-local students through immersive cultural tours.

In 2023-24, we unveiled hidden gems across Sheung Wan, Kowloon City, Luk Keng, Ping Shan, and Wong Tai Sin. These peer-led walking tours create a rich tapestry of cultural exchange, fostering understanding and respect among diverse backgrounds. This initiative not only deepens non-local students' appreciation of Hong Kong but also enhances local hosts' communication skills, enriching the university experience for all.



Cultural Walker Tour to To Kwa Wan





CityUHK Delegation – Standard Chartered Hong Kong Marathon

The CityUHK Delegation – Standard Chartered Hong Kong Marathon aims to promote CityUHK as a "Healthy University", encourage endurance running as one of the best exercises/training for the enhancement of total well-being and strengthen unity among the CityUHK community.

Each year, there are around 800 runners and 100 volunteers/student helpers participating in the Standard Chartered Hong Kong Marathon. Participants include students, staff and their dependants, alumni and their dependants. In 2025, among the delegation were Inclusion Run teams, formed by CityUHK runners partnering with secondary school students with Special Educational Needs (SEN).



CityUHK Delegation - Standard Chartered Hong Kong Marathon



BOOSTING MENTAL WELLNESS



- Building a Caring Campus Together
- Relaxation Activities



Building a Caring Campus Together



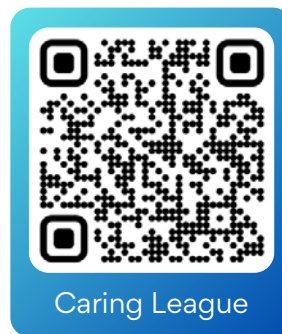
Caring League

Caring League is a flagship programme of the Counselling Service of Student Development Services, dedicated to enhancing the mental wellness of CityUHK community since 2015.

In response to rising rates of depression and anxiety among students, the Caring League empowers Caring Leaders through comprehensive training and hands-on activities to create a caring community. Three teams of Caring Leaders - Peer Counsellors, Inclusion Ambassadors, and Psychological Wellness Ambassadors - spread love and support by organising engaging student activities.



Caring League: Radiating 30 Years of Caring





Life Education Project

Life Education Project encourages students and staff to reflect on their life's purpose and priorities. This one-week campaign conducted in Semester A, featuring various interactive activities, tranquil spaces for contemplation, a self-reflection session through letter writing, as well as an experiential guided tour allowing participants to visit end-of-life-related sites.

This facilitates the debunking of myths surrounding the topic and helps individuals identify valuable inner resources.



Resilience Week

Resilience Week aims to promote resilience by equipping students with the necessary strategies and resources to cope with academic pressures, stress, and challenges they may encounter during their university journey.

Participation in exhibitions and DIY booths motivates students to build resilience and recognise the importance of seeking help in cultivating mental strength.



Professor Paws Roaming and Workshops

Professor Paws Roaming and Workshops is an initiative by Student Development Services in partnership with Animals Asia, hosted regularly on campus to give students a break from their hectic academic schedules. It allows them to interact with dogs, relieve stress, and learn kindness towards animals.



Mental Health First Aid Standard Course

Mental Health First Aid Standard Course is a 12-hour training programme designed to help the participant recognise symptoms of common mental health problems, offer initial help, and guide individuals towards appropriate treatments and support. Participants will gain foundational knowledge of mental illnesses, including depression, anxiety disorders, drug abuse, and psychosis.

Upon completing the full 12 hours of training, participants will receive a "Mental Health First Aid Course Certificate" issued by the Hong Kong Mental Health Association and recognised by the ORYGEN Research Centre at The University of Melbourne.



Meeting Professor Paws



Life Education: Growth Delving Journey



Personal Growth Workshop

Personal Growth Workshop offers approximately twenty 2-hour workshops each semester, delivered by Counselling Service professionals to enrich students' university experience. This programme comprises four series: "EQ & Mental Health" for emotional management, "Interpersonal Relations" for relationship skills, "Life Management Skills" for time management and leadership, and "Psychological Testing for Self-Understanding" for insights into personality, career interests, social styles, and emotional intelligence.



Postgraduate Student Workshop Series

Postgraduate Student Workshop Series is offered to CityUHK's postgraduate students each year. Two distinct workshop series are "Mind Your Mental Wealth" and "Mind Your Mental Health." The "Mind Your Mental Wealth" series provides students with opportunities to develop sophisticated coping skills, enhancing their resilience in managing the challenges of advanced studies while staying competitive and successful. The "Mind Your Mental Health" series helps students learn cognitive and somatic strategies to foster their psychological well-being as they thrive in their academic, personal, and future professional lives.



Workshop: Understanding Emotions: A Path to Better Moods





Relaxation Activities

Recognising the importance of student well-being during stressful examination periods, DegreePlus, an initiative of Student Life and Resources of the Student Development Services (SDS) organises a series of wellness activities at the Student Centrum to enhance students' well-being and mental wellness. Previous activities promoting relaxation and rejuvenation includes busking events, the Power-Up Retreat, and workshops on hand-drip coffee making, leather crafting, flower cake design, etc.



Hand Drip Coffee Making



Uplift Station

Recognising that many students experience significant stress during examination periods, the Uplift Station creates a welcoming space for relaxation and well-being. It provides students with an opportunity to unwind through engaging activities, such as a game booth and a handcraft station. This initiative not only offers a fun and interactive environment but also fosters a sense of community among students during this challenging time, encouraging them to take a break and recharge.



Students crafted their own plush dolls



Students had a blast at the game booth, where fun and laughter collide



Soundwave City Live

The music event invites talented performers and students to come together to sing, creating a harmonious atmosphere. The event garners immense popularity, with students expressing that it serves as a much-needed stress reliever amidst the pre-exam tension. The soothing melodies and lively tunes provide a moment of respite, allowing everyone to unwind and recharge before the upcoming exams.



Music Soul Time

Space-out time on a melodious campus

Music possesses therapeutic power, capable of lifting moods and enhancing students' mental health by reducing stress, fostering self-expression, and instilling positive life values. Through a series of live performances by professional musicians on campus regularly, students can explore a range of emotions across diverse musical styles, enjoying a relaxing escape from the demands of their academic workload.



Busking event organised by DegreePlus



Music Soul Time with harp performance



CityUHK Cares for YOU

CityUHK Cares for YOU is a campaign organised by Counselling Service of SDS, that promotes a positive attitude, cultivates mutual support among students, strengthens resilience, and reinforces university-student relationships since 2015.

Held during the demanding examination periods in November and April every year, this campaign features exhibitions, caring pack distributions, performances, workshops, and DIY activities to support the CityUHK community. These initiatives provide thousands of students annually with stress relief opportunities and demonstrate the university's commitment to student wellbeing.



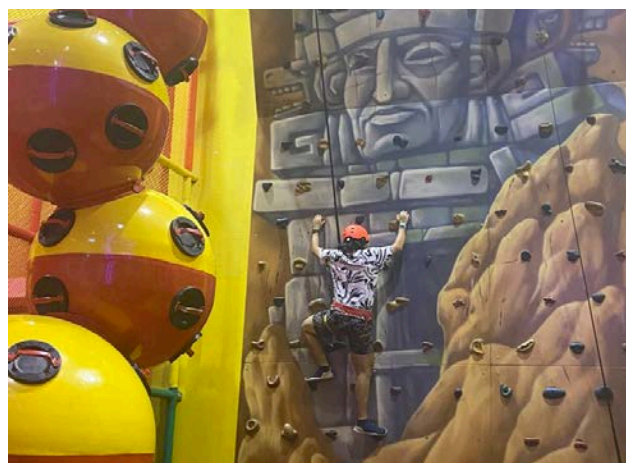
CityUHK Cares for YOU DIY Booth



CityUHK Cares
for YOU



CARE FOR STUDENTS WITH SPECIAL EDUCATIONAL NEEDS



-
- Enhancing Learning Accessibility for Students with SEN
 - Integrating Students with SEN into Campus Life
 - Raising Awareness among Staff



Enhancing Learning Accessibility for Students with SEN

At CityUHK, we value the uniqueness of every student and strive to build an inclusive environment, especially for those who have Special Educational Needs (SEN).

To create an inclusive and respectful learning environment for all students, the SEN Support Service offers examination accommodations, assistive technology, counselling, individual academic assistance, and note-taking services tailored to students' individual needs. Additionally, the service subsidises consultations with professionals, such as psychiatrists, educational psychologists, and speech therapists, for students with SEN or those suspected of having SEN. From time to time, the SEN Support Service organises workshops, such as the Let Me Shine Workshop Series and Employability Workshop, to help students with SEN to develop their strengths and career readiness.



Certificate Workshop in Image Editing with Adobe Photoshop



Inclusion Ambassadors Day Camp

Integrating Students with SEN into Campus Life

To support the integration of students with Special Educational Needs (SEN) into campus life, the SEN Support Service regularly holds SEN Fun Days, allowing SEN students to build social connection and enhancing their communication skills. It also recruits CityUHK students to serve as Inclusion Ambassadors, assisting their peers in adapting to university life and promoting an inclusive campus culture. Additionally, the SEN Support Service collaborates with various social enterprises to organise workshops that foster meaningful interactions and raise awareness of SEN within CityUHK community.



Wheelchair Basketball Game

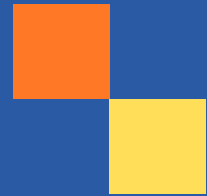
Raising Awareness among Staff

To raise awareness among the University, and strengthen the capacity of students with Special Educational Needs (SEN), the SEN Support Service organises various activities each year for the CityUHK community. These initiatives include the Sign Language Certificate Course, Mental Health First Aid Standard Course, Braille Leather Pencil Case Workshop, and the IDEA Campaign promoting equality and inclusion. Each event attracts overwhelming participation from faculty and staff, highlighting their meaningful impact in fostering understanding and concern for marginalised groups in society, ultimately empowering them to provide support.



Talk for Staff about Special Educational Needs

LEARNING - A LIFELONG JOURNEY



-
- Keeping the Habit of Regular Exercise
 - The On-going Pursuit of Arts, Music and Performance



Keeping the Habit of Regular Exercise



Sports Ambassador Programme (SAP)

Sports Ambassador Programme (SAP) promotes an energetic and active "Healthy U" lifestyle among young people through community sports events and training services to primary and secondary school students and underprivileged groups in Hong Kong.

Sports Ambassadors develop leadership and coaching skills while managing two types of projects: community-based "Sports Service Projects" (SSP), providing group or individual coaching sessions to schools and underprivileged groups, and CityUHK in-house-based "Projects of Student-Athletes Development" (PSAD), which serves as a service-learning project of the CityUHK sports family.



Sports Ambassadors Leadership Training Camp

CHECK OUT  THE VIDEO

Check out the activities highlight of Sports Ambassadors Programme!



SAP Website

The On-going Pursuit of Arts, Music and Performance



Nurturing Students' Artistic Passion

The CityUHK Arts Festival, launched in 2015, is a vibrant celebration of creativity and cultural expression. This annual event showcases a diverse array of musical performances and artistic displays, featuring talented students who bring their passion and innovation to the stage. The festival not only highlights the artistic endeavours within our university community but also aims to foster a lifelong appreciation of the arts among students and the public. Stay tuned and join us in experiencing the power of art and music as we inspire and engage audiences in meaningful ways.



Explore the Artistic Student Groups

CityUHK also boasts a vibrant array of student organisations that celebrate creativity and cultural expression. Among them are the CityUHK Musical, Christian Band, Chinese Orchestra, Philharmonic Orchestra, Band Society, Choir, A Cappella Club, Dancing Society, Performing Arts Club, and Photography Club. These groups provide students with opportunities to explore their artistic passions, collaborate with peers, and showcase their talents through various performances and events.



Warner Music School Tour at Student Residence



CityUHK Arts Festival Band Show



CityUHK Musical



香港城市大學
City University of Hong Kong




Publisher

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City University of Hong Kong

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Website



Read Online

The information in this publication was accurate at the time of publishing.
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