



接種疫苗後的暫緩捐血期限

The deferral period for blood donation after vaccination

如閣下曾接種以下預防疫苗

滅活疫苗/ 重組疫苗：

在接種當日起
暫緩捐血

包括：流行性感冒、子宮頸癌、肺炎鏈球菌、破傷風、甲型肝炎、霍亂、傷寒(注射配方)、白喉、小兒麻痺症(注射配方)、百日咳、帶狀疱疹(蛇針) [Shingrix]、呼吸道合胞病毒 (RSV) 預防疫苗等

1日

乙型肝炎預防疫苗 或 2019冠狀病毒病疫苗

1星期

滅活疫苗：

包括：卡介苗、麻疹、腮腺炎、德國麻疹、黃熱病、小兒麻痺症(口服配方)、傷寒(口服配方)、帶狀疱疹(蛇針) [Zostavax]、水痘、滅活流感疫苗(噴鼻式) 預防疫苗等

4星期

If you had received

Inactivated vaccines/ recombinant vaccines:

Temporarily
deferred for

Include: Influenza, Human Papillomavirus (HPV), Pneumococcal, Tetanus, Hepatitis A, Cholera, Typhoid (injection), Diphtheria, Poliomyelitis (injection), Pertussis, Herpes Zoster (Shingles) - [Shingrix], Respiratory Syncytial Virus (RSV) etc.

1 day

Hepatitis B vaccine or COVID-19 vaccine

1 week

Live attenuated vaccine:

Include: BCG, Measles, Mumps, Rubella, Yellow fever, Poliomyelitis (oral), live attenuated typhoid fever (oral), Herpes zoster (Shingles) - [Zostavax], Varicella zoster (Chicken pox), Intranasal live attenuated flu vaccines etc.

4 weeks

捐血隊長提提您！

如有以下情況，請向當值護士查詢。

常見暫緩捐血原因

近期或正在服用

以下藥物

- 非類固醇鎮痛藥
- 治療前列腺增生的藥物
- 治療暗瘡的藥物
- 治療脫髮的藥物
- 抗生素
- 抗病毒藥物
- 處方中藥

口腔治療/皮膚創傷

一週內 曾接受口腔治療(例如：洗牙、脫牙等)或傷口未痊癒

紋身

三個月內 曾紋身、紋眉、飄眉、霧眉、紋眼線或紋唇

捐血條件

詳情請掃瞄二維碼
參閱「捐血資訊」



外遊返港

四週內 曾到訪北美洲(美國、加拿大)或受西尼羅河病毒影響的地區

三個月內 曾到訪瘧疾地區

感冒/發燒/腹瀉

兩週內 曾出現病徵或未康復

糖尿病/高血壓/ 高膽固醇

四週內 曾改變藥物種類或劑量

近期曾接種疫苗

請掃瞄二維碼查看
「暫緩捐血期限」



血液安全

詳情請掃瞄二維碼
瀏覽相關資訊



捐血前的準備

- ✓ 充足睡眠
- ✓ 4小時內曾進食(避免進食油膩食物)
- ✓ 飲用充足水份
- ✓ 勿穿衣袖太緊的衣服

提提您

- 記得帶身份證或有效旅行證件
- 首次捐血人士需介乎16至65歲

捐全血必須相隔不少於

成年男士	成年女士	青少年(16-17歲)
75日	105日	150日

Warm Reminder from Captain Blood

If you encounter the following situation, please consult our nurse for advice.



Common Deferrals?

Recently taken or currently taking certain medications



- Non-steroidal anti-inflammatory drugs
- Drugs for benign prostatic hypertrophy
- Drugs for acne
- Drugs for hair loss
- Antibiotics or antiviral drugs
- Prescribed herbal medicine

Recently travelled abroad



Travelled to North America (U.S. and Canada) or West Nile virus endemic area **within 4 weeks**

Travelled to malaria endemic area **within 3 months**

Dental Procedure/ Open wound



Have had dental procedure (e.g. scaling, dental extraction) **within 1 week** or open wound

Flu/Fever/Diarrhea



Have had symptoms **within 2 weeks** or have not recovered

Tattoos



Have had tattoo, microblading of eyebrows, eyelines or lips **within 3 months**

Diabetes/High blood pressure/ High cholesterol



Changed in medication type or dosage **within 4 weeks**

Donation Criteria



Please scan QR code to read **'Blood Donation Info Pack'** for details



Recently received a vaccination



Please scan QR code to check the **'Temporary Deferral Period'**



Blood Safety



Please scan QR code to view the relevant information



Blood donation preparation



- ✓ Adequate sleep
- ✓ Food consumption within 4 hours (Avoid food with high fat content)
- ✓ Drink sufficient water
- ✓ Do not wear clothing with tight sleeves

Reminder



Bring your HKID card or valid travel document



First time blood donor should be aged between **16 and 65**

Whole Blood Donation Interval should not be less than:

Adult Male	75 days
Adult Female	105 days
Adolescent (Aged 16 to 17)	150 days