

# 瘧疾

(參考資料：<https://www.chp.gov.hk/tc/healthtopics/content/24/30.html>)

瘧疾常見於氣候溫暖的地區，由受感染的雌性瘧蚊傳播的疾病。瘧疾並不會在人與人之間傳播，但卻可透過輸入受污染的血液或血液製成品、器官移植或共用刺針或針筒傳播。由於透過輸血感染瘧疾偶有發生，而現時的化驗技術又不能確切區別受瘧疾感染的血液，所以輸血服務中心會基於捐血人士的旅遊及原居地資料作篩選，詳情如下：

如閣下	暫緩捐血直至
曾到瘧疾地區旅遊	返港後三個月
曾於受瘧疾影響之國家居留	連續居港或其他不受瘧疾影響之國家滿3年*
曾感染瘧疾	痊癒後三年

\* 如你曾於受瘧疾影響的國家居留逾 5 年，就需在港或其他不受瘧疾影響的國家或地區連續居留滿 3 年後才可在港捐血。如你於這 3 年期間再度到訪受瘧疾影響的地區，這個 3 年的暫緩捐血期便需自你回港或不受瘧疾影響的國家或地區後從新計算。

備註：

1. 任何人士，無論是否接受了預防瘧疾的藥物，均須依照上列暫緩捐血指引。
2. 有關瘧疾區的資料，請參考以下網頁：  
[www.cdc.gov/malaria/travelers/country\\_table/a.html](http://www.cdc.gov/malaria/travelers/country_table/a.html)



# 西尼羅河病毒

西尼羅河病毒是一種透過蚊子傳播的病毒。由於西尼羅河病毒可經由輸血傳染，為確保血液安全，醫院管理局(輸血服務中心)血液及血製品安全專家小組，於參考美國食品及藥物管理局的指引後，建議輸血服務中心實施下列措施：

- 捐血人士如在捐血當天四週內曾到北美洲或受西尼羅河病毒影響的歐洲國家，不論有沒有病徵，均需暫緩捐血28天。
- 捐血人士如在捐血當天四週前曾到北美洲或受西尼羅河病毒影響的歐洲國家，並曾有感冒徵狀包括：發熱、頭痛、眼底痛、肌肉痛、關節痛、嘔吐、淋巴結或皮膚紅疹等症狀，請將有關情況告知本會護理人員。
- 如於捐血後才出現上述徵狀，捐血人士應盡快致電2710 1333(辦公時間)或2710 1210(非辦公時間)通知本會。



# Malaria

(Related information: <https://www.chp.gov.hk/en/healthtopics/content/24/30.html>)

Malaria is commonly found in many parts of tropical and sub-tropical areas where the climate is warm. Malaria is a vector-borne communicable disease transmitted by an infected female Anopheline mosquito. Malaria is not transmitted from person to person. However, malaria can be transmitted through contaminated blood or blood product transfusion, organ transplant, or shared needles or syringes.

As transfusion transmitted malaria still occasionally happens and there is no proven way to clearly distinguish infected and non-infected blood, the Blood Transfusion Service in general has to rely on the travel history and residence records of donors to decide whether they are suitable for blood donation.

The latest donor eligibility rules related to Malaria are as follow:

If you have	Deferral till
travelled to a malaria-endemic area	3 months after return
resided in a malaria-endemic country	after 3 years of continued residence in Hong Kong or other non-endemic countries *
history of malaria	3 years after recovery

\* After living more than 5 years in a country or countries where malaria is found, you need to fulfil this requirement before you can donate blood in Hong Kong. If you have travelled to a malaria-endemic area in between these 3 years, the accumulated period will be reset, the counting of the 3 years will be started again upon your return.

## Note:

1. The above deferral periods apply whether or not anti-malarial prophylaxis has been taken.
2. For malaria-endemic area, please visit the following website: [www.cdc.gov/malaria/travelers/country\\_table/a.html](http://www.cdc.gov/malaria/travelers/country_table/a.html)



# West Nile Virus

West Nile Virus (WNV) is an infection transmitted through mosquito bite. Blood transfusion is one of the transmission mode of WNV. To ensure blood safety, the Hospital Authority (BTS) Expert Panel on Blood and Blood Products Safety has made reference to the FDA's latest guidelines and recommended BTS to implement the following precautionary measures:

- Prospective donors who have been to North America or WNV endemic countries in Europe within four weeks before the date of blood donation, irrespective of any clinical symptoms, will be temporarily deferred for 28 days.
- Prospective donors who have been to North America or WNV endemic countries in Europe 4 weeks before the date of blood donation and have flu like symptoms such as fever, headache, eye pain, muscle/joint pain, vomiting, enlarged lymph nodes or skin rash, should inform our nursing staff.
- Blood donors should call us as soon as possible at 2710 1333 (office hours) or 2710 1210 (outside office hours) if the above symptoms are noticed following blood donation.

