

The 29th CityU Annual Athletic Meet 2022

Competition Guidelines

- 1. Objective:** To promote healthy life-style among CityU community
- Organizer:** P.E. Section, Student Development Services and sponsored by Cultural and Sports Committee
- Date and Time:** 23rd October 2022 (Sunday), 0900 - 1400
- Venue:** Joint Sports Centre, Renfrew Road

2. Events

Events	Student		Staff		Staff & Alumni Children		
	Men	Women	Men	Women	Boys	Girls	Mixed
Track							
60 M							
Age 4-6							✓
Age 7-9							✓
Age 10-12					✓	✓	
100 M	✓	✓	✓				
200 M	✓	✓					
400 M	✓	✓					
110 M Hurdles	✓						
100 M Hurdles		✓					
400 M Hurdles	✓						
800 M	✓	✓	✓				
1500 M	✓	✓					
5000 M	✓	✓	✓				
4 X 100 M Relay	✓	✓					
4 X 400 M Relay	✓	✓					
5000 M (Men and Women Alumni)	✓						
Field							
Long Jump	✓	✓	✓				
High Jump	✓	✓					
Triple Jump	✓						
Pole Vault	✓						
Javelin	✓	✓					
Discus	✓	✓					
Shot Put	✓	✓	✓				

3. Rules & Regulations

Enrollment specification:

- 3.1 Only full-time students, full-time staff and their dependents are eligible to participate in individual events and in children events respectively.
- 3.2 Each full-time student and staff may take part in a maximum of 3 individual events (either 2 tracks & 1 field event or 2 fields & 1 track event). Relay events not to be included.
- 3.3 Individual events with less than three enrolments will be cancelled. The applicants will be informed for cancellation of the event.
- 3.4 Participants of the 5000M event should finish the race within 30 minutes, except 25 minutes for men's students, or else are invited to leave the track.
- 3.5 There will be no heats in all events. The official positions will be decided by the timings and results in each event competed.
- 3.6 Top 8 participants of each event shall gain points 9, 7, 6, 5, 4, 3, 2, 1 according to the result to compete for the Overall Men and Women Individual Champion Award.
- 3.7 No participant shall be allowed to participate in the event if he/she fails to present his/her CityU I.D.card for verification.
- 3.8 Unless specified otherwise, all events are subject to the latest "IAAF" rules & regulations.
- 3.9 The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.
- 3.10 Participants take part in the Meet at their own risk, CityU and P.E. Section will bear no responsibility or liability whatsoever for any accident.
- 3.11 For safety and precaution due to COVID-19 pandemic, no spectator is allowed, participants are advised to wear mask at all times except for competition(s). Participants are also required to fill in the Health Questionnaire upon arrival at the entrance of JSC.
- 3.12 Disease preventive measures for competitions are referred to HKAAA Covid-19 Precaution. Competitors have to comply with user's regulations announced by JSC.

4 Prizes

- 4.1 Medals will be presented to the best 3 participants/teams in individual Events / relays respectively.
- 4.2 An individual champion award will be presented to the highest score competitor in Men / Women Student's Division.

5 Registration, Event Schedule & Deadline

- 5.1 Registration can be done **Online**:
<https://cityuhk.questionpro.com/t/AROn5Ztsqk>
- 5.2 The event booklet will be displayed at the Fitness Room Entrance, General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building and on the CityU Athletic Meet Website. Participants are advised to check their entries and no notification will be sent to individual participant.
- 5.3 **Deadline for entry: 12th October 2022 (Wednesday)**

6 Enquiries

Please call 3442 8025, Physical Education Section; Ms. Rebecca Lai at 3442 8053, Mr. Vincent Kwan at 3442 8054 or Mr. Matthew Yip at 3442 7290 for enquiries.