The 29th CityU Annual Athletic Meet 2022

1. Background Information

Organizer: PE Section, Student Development Services and sponsored by Cultural and Sports

Committee

Date and Time: 23rd October 2022 (Sunday), 0900 - 1400

Venue: Joint Sports Centre, Renfrew Road

Objective: To promote healthy life-style among CityU community and the participation in track

and field events.

2. Events

| | Events | Student | | Staff | | Staff & Alumni Children | | |
|---|-------------------------------|----------|-------|-------|-------|-------------------------|-------|----------|
| | | Men | Women | Men | Women | Boys | Girls | Mixed |
| - | Track | | | | | | | |
| - | 60 M | | | | | | | |
| - | Age 4-6 | | | | | | | ✓ |
| - | Age 7-9 | | | | | | | ✓ |
| - | Age 10-12 | | | | | ✓ | ✓ | |
| - | 100 M | ✓ | ✓ | ✓ | | | | |
| - | 200 M | ✓ | ✓ | | | | | |
| - | 400 M | ✓ | ✓ | | | | | |
| - | 110 M Hurdles | ✓ | | | | | | |
| - | 100 M Hurdles | | ✓ | | | | | |
| - | 400 M Hurdles | ✓ | | | | | | |
| - | 800 M | ✓ | ✓ | ✓ | | | | |
| - | 1500 M | ✓ | ✓ | | | | | |
| - | 5000 M | ✓ | ✓ | ✓ | | | | |
| - | 4 X 100 M Relay | ✓ | ✓ | | | | | |
| - | 4 X 400 M Relay | ✓ | ✓ | | | | | |
| - | 5000 M (Men and Women Alumni) | ✓ | | | | | | |
| - | Field | | | | | | | |
| - | Long Jump | ✓ | ✓ | ✓ | | | | |
| - | High Jump | ✓ | ✓ | | | | | |
| - | Triple Jump | ✓ | | | | | | |
| - | Pole Vault | ✓ | | | | | | |
| - | Javelin | ✓ | ✓ | | | | | |
| - | Discus | ✓ | ✓ | | | | | |
| - | Shot Put | ✓ | ✓ | ✓ | | | | |

3. Rules & Regulations

Enrollment specification:

- 3.1. All full-time students, full-time staff, alumni and their dependents are eligible to participate in individual events and in children events respectively.
- 3.2. Each full-time student and staff may take part in a maximum of 3 individual events (either 2 tracks & 1 field event or 2 fields & 1 track event). Relay events are not to be included.
- 3.3. Individual events with less than three enrolments will be cancelled. The applicants will be informed for cancellation of the event.
- 3.4. Participants of the 5000m event should finish the race within 30 minutes, except 25 minutes for men's students, or else are invited to leave the track.
- 3.5. There will be no heats in all events. The official positions will be decided by the timings and results in each event competed.
- 3.6. Top 8 participants of each event shall gain points 9, 7, 6, 5, 4, 3, 2, 1 according to the result to compete for the Overall Men and Women Individual Champion Award.
- 3.7. No participant shall be allowed to participate in the event if he/she fails to present his/her CityU I.D.card for verification.
- 3.8. Unless specified otherwise, all events are subject to the latest "IAAF" rules & regulations.
- 3.9. The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.
- 3.10. Participants take part in the Meet at their own risk, CityU and P.E. Section will bear no responsibilities or liabilities whatsoever for any accidents.

4. Prizes

- 4.1. Medals/pendants will be presented to the best three participants/teams in individual events/relays respectively.
- 4.2. An individual champion award will be presented to the highest score competitor in Men and Women Student's Division.

Remarks: In view of the development of COVID-19 pandemic, all events under 29th Annual Athletic Meet 2022 are subject to be cancelled or may result in changing the format and number of participants. In the circumstance that the events are to be cancelled, participants will be informed via email/cap message.

All participants" including spectators, athletes and helpers are required to:

- 1. Do the temperature check;
- 2. Fill in the online health declaration provided by JSC and CityU on the day of the event;
- 3. Show the result to the organizers before entering the venue; and
- 4. Wear face masks all through their stay except during the competition(s).

MY (Revised on 05.09.2022)