



Sports Ambassador Programme (SAP)

The Sports Ambassadors are recruited from student-athletes (SA) of CityU Sports teams and members of Sports Captains and Executive Committee (SCEC). They will be trained with a service mindset and equipped with essential leadership/coaching skills. They will also gain hand-on experience of event management of conducting a community-based "Sports Service Project" (SSP) and CityU in-house based "Projects of Student-Athletes Development (PSAD)". The SSP is either a group/individual coaching sessions for the targeted participants. The targeted participants may include students of primary/secondary schools or underprivileged groups, who are in needs of sports training. The PSAD is mainly service learning project of CityU sports family.





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SPORTS SERVICE PROJECTS IN THE COMMUNITY (SSP)

The Sports Service Projects (SSP) in the community consist of delivering coaching support to sports teams of Hong Kong primary/secondary schools or special population who are in need of sports training.





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Sports Service Project (SSP)

SSP for the Cross Country team of Pentecostal School (April 2023)





Sports Service Project (SSP)

SSP for the Volleyball Team of St. Joseph's College (March 2023)





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Sports Service Project (SSP)

SSP for the Volleyball team of Pentecostal School (March 2023)





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Sports Service Project (SSP)

SSP for the Tennis Team of United Christian College (June 2022)





Sports Service Project (SSP)

SSP for the Athletic Team of Pui Kiu College (October - November 2021)





Sports Service Project (SSP)

Running Buddy in the "CityU x Mary Rose School Run Together" Programme (November 2021)



Sports Service Project (SSP)

Basketball and Volleyball Friendly Matches with elite athletes of secondary schools (August 2021)





Sports Service Project (SSP)

SSP for the Athletic Team, the Cross Country Team and the Rugby Team of Concordia Lutheran School (CLS) (2018-2019)



The Cross Country Team



The Athletic Team



The Rugby Team



Sports Service Project (SSP)

Sports Services Project for the Ladies' Volleyball Team (C grade) of Kowloon True Light School (February - March 2019)





Sports Service Project (SSP)

SSP for Heung To Middle School (January 2019)



PE Classes (Form 5 and 6 students): Tennis



Ladies' Basketball Team (C grade)



Sports Service Project (SSP)

SSP for the Table Tennis Team of Christian Alliance S W Chan Memorial College (November 2019)





CityU In-house Services: Projects of Student-Athlete Development (PSAD)

Projects of Student-Athletes Development (PSAD) are in-house service learning projects of CityU Sports Teams. Sports Ambassadors will be inrolled in the PSAD to enhance 1) leadership and teamwork skills and 2) executive ability in event management.





Projects of Student-Athlete Development (PSAD)

SAP Leadership Camp (August 2022)





Projects of Student-Athlete Development (PSAD)

SDS EXPO (August 2022)





Projects of Student-Athlete Development (PSAD)

SA Orientation (August 2022)



Projects of Student-Athlete Development (PSAD)

University Welcoming Ceremony (August 2022)

Karate Performance





Projects of Student-Athlete Development (PSAD)

Student-Athlete Learning Support and Admission Scheme (SALSA Scheme) Meet & Greet Student-Athletes: Welcome to CityU Ceremony



Projects of Student-Athlete Development (PSAD)

Flag Raising Ceremonies



October 1, 2022
National Flag-raising Ceremony



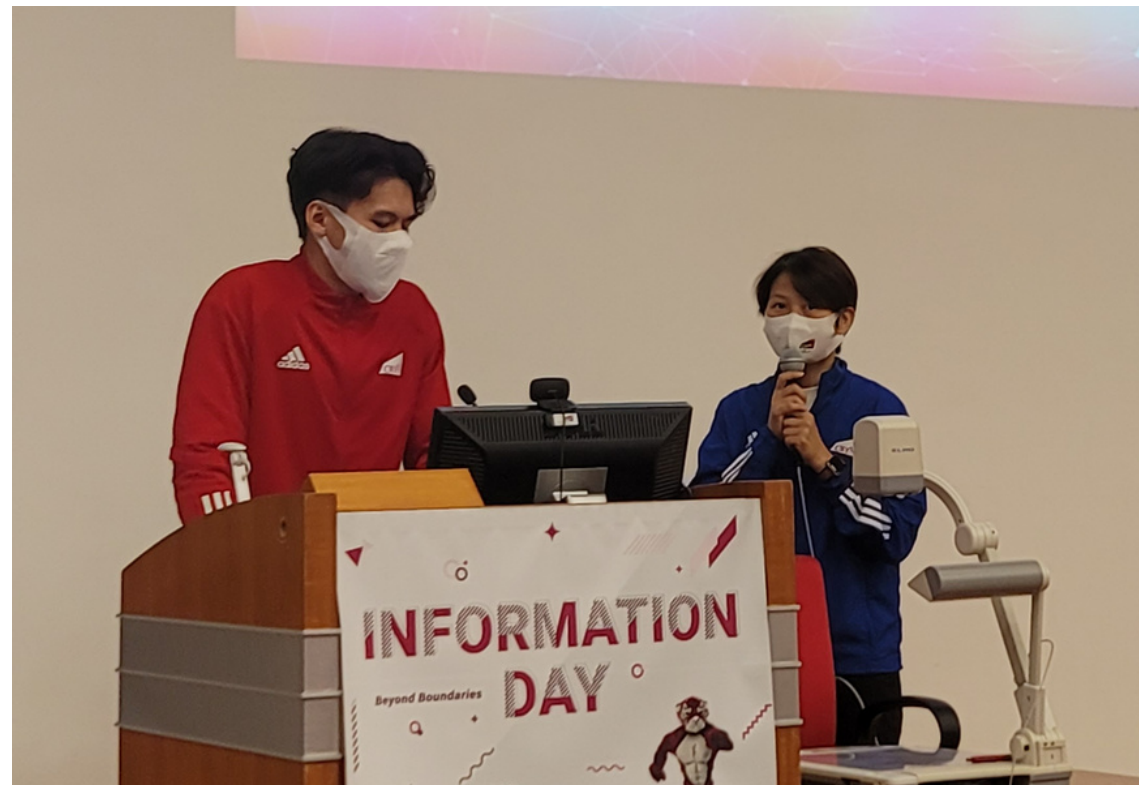
2023 New Year's Day
Flag Raising Ceremony



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Projects of Student-Athlete Development (PSAD)

Information Day (October 2022)



Projects of Student-Athlete Development (PSAD)

National Security Law Seminars



October 2022



January 2023

Projects of Student-Athlete Development (PSAD)

CityU Sports Teams Welcoming Ceremony (October 2022)





Projects of Student-Athlete Development (PSAD)

SAP Winter Leadership Camp (November 2022)





Projects of Student-Athlete Development (PSAD)

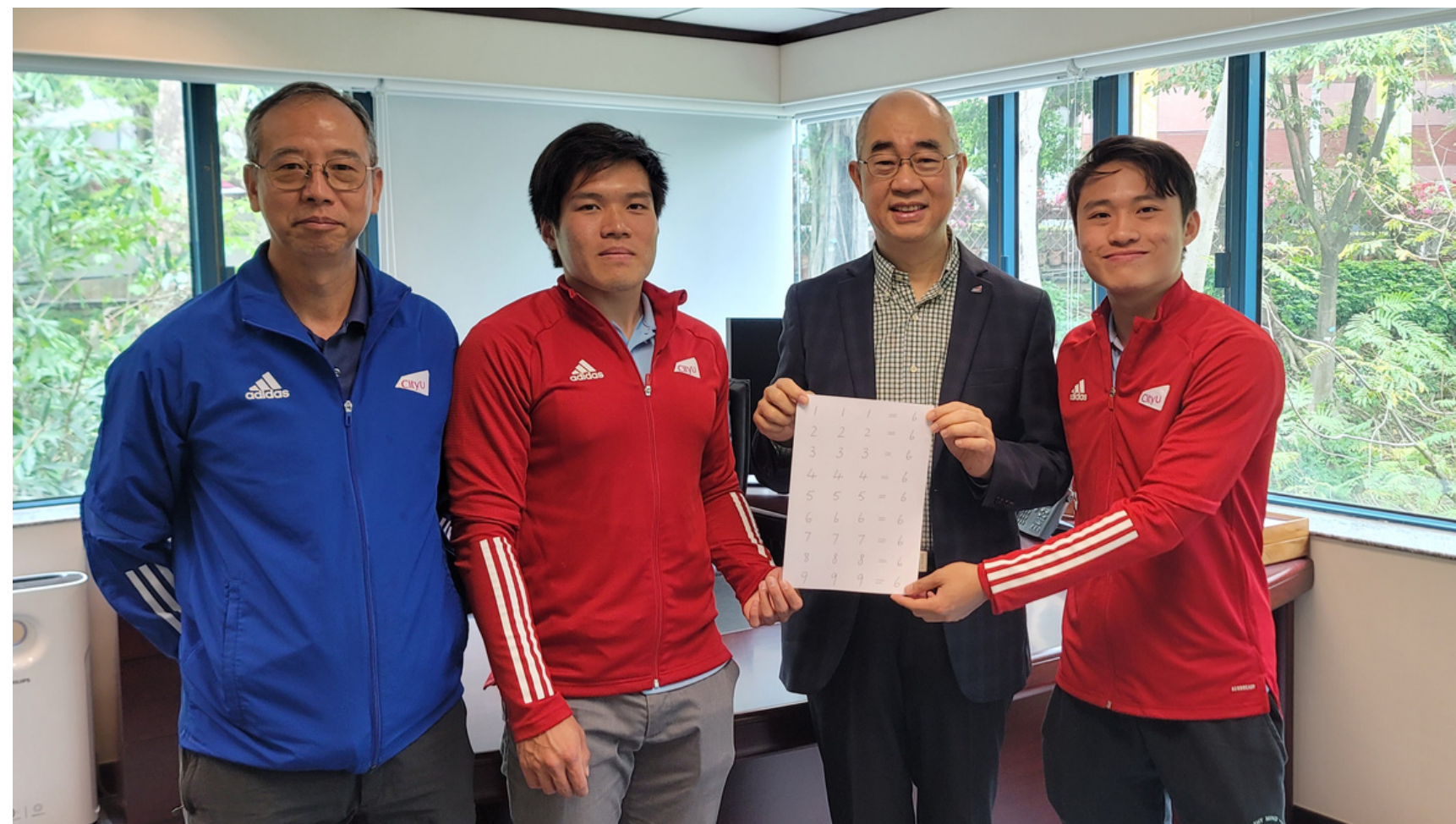
SAP EIM EXPO (January 2023)





Projects of Student-Athlete Development (PSAD)

Student Editors of Sports Team Year Book 2023 - interview of Professor Raymond Chan, Acting VPSA (March 2023)





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Projects of Student-Athlete Development (PSAD)

SAP Cheering Team for the Finals of USFHK Competitions 2023





Projects of Student-Athlete Development (PSAD)

Student Editorial Board of Sports Team Year Book



2021-2022



2020-2021

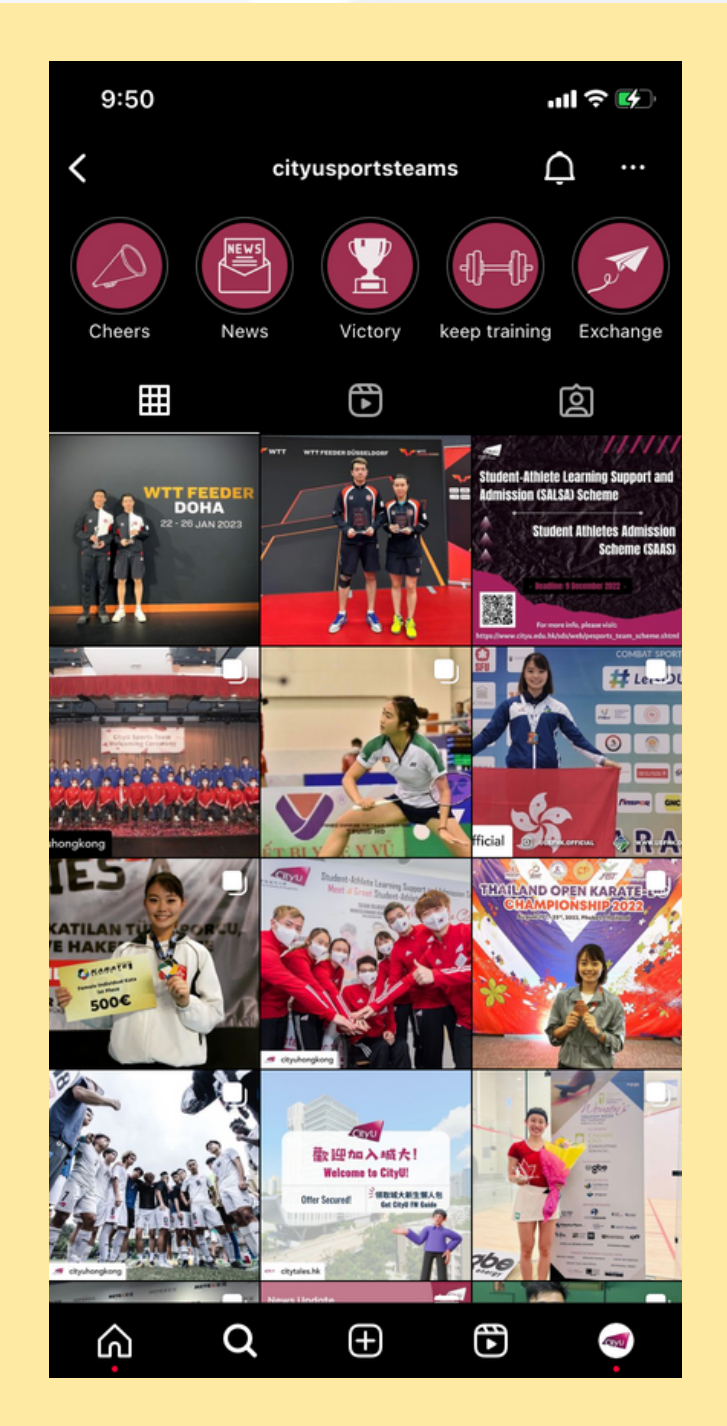
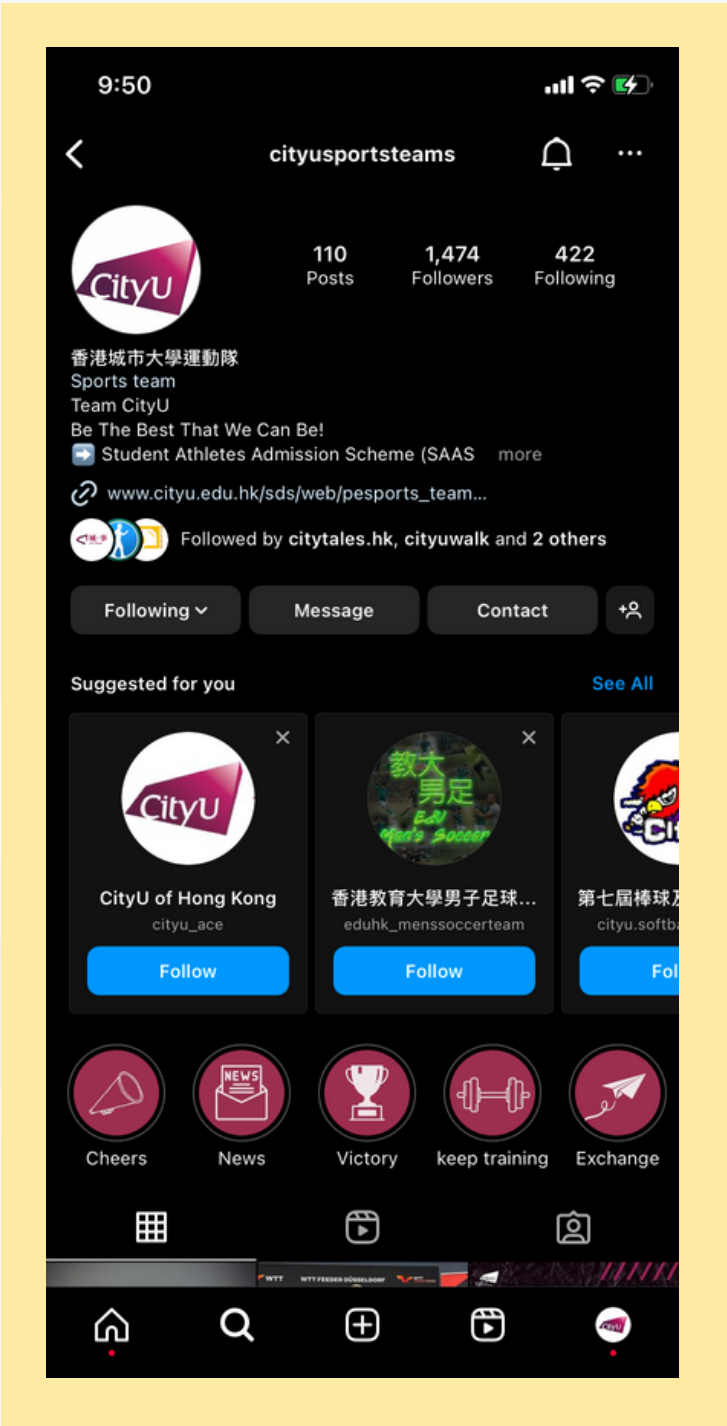


2019 - 2022



Projects of Student-Athlete Development (PSAD)

CityU Sports Team in social media: Instagram





Projects of Student-Athlete Development (PSAD)

CityU Sports Teams in Metro Broadcast (March 2022)





Projects of Student-Athlete Development (PSAD)

Project of "Stay Strong in COVID-19 Pandemic" (March 2021)

News Update
Project of Together We Be “堅”:
My Training Life in HKSI

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9 March 2022 (Thursday)
4:00pm- 4:45pm
via Zoom

+++++



By Matthew Lai
(Squash Athlete)

News Update
Project of Together We Be “堅”:
Knee Ability Zero

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16 March 2022 (Wednesday)
4:00pm- 4:45pm
via Zoom

+++++



By Steve Ng
(Tennis Athlete)

News Update
Project of Together We Be “堅”:
Tips for Improving Flexibility

+++++

6 April 2022 (Wednesday)
4:00pm- 4:45pm
via Zoom

+++++



by Ho Man Hei
(Aekwondo Athlete)

News Update
Project of Together We Be “堅”:
Training at Home

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23 March 2022 (Wednesday)
4:00pm- 4:45pm
via Zoom

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By Aman Khan
(Tennis Athlete)

Projects of Student-Athlete Development (PSAD)

On-campus Cheering support to Grace Lau in the Tokyo Olympic Games (August 2021)





Projects of Student-Athlete Development (PSAD)

Celebratory Gathering for CityU alumna - Grace Lau (August 2021)





Acknowledgement:

Physical Education Section would like to thank the Target Partnership Schools for granting SAP a valuable learning experience in the delivery of Sports Service Projects (2017-2023)

**Christman Alliance S W
Chan Memorial College**

Concordia Lutheran School

Heep Yan School

Heung To Middle School

Kowloon True Light School

Mary Rose School

Pentecostal School

Pui Kiu College

**S.K.H St Andrew's
Primary School**

St Joseph's College

**Tseung Kwan O Catholic
Primary School**

United Christian College

Ying Wa College