



香港城市大學  
City University of Hong Kong

Registration commences  
from 1 January 2024

# Upcoming Workshops

## 2023-2024 Semester B

### Psychological Testing for Self-Understanding Series

#### Emotional Intelligence

**Test: Emotional Quotient Inventory (EQ-i 2.0 Questionnaire)** Quota: 20  
determine your present state of emotional well-being and potential for emotional health

★ **EQ Thermometer: Knowing Your Emotional Well-being through EQ-i**

Date: 4 March 2024 (Monday)  
Time: 2:00 pm – 3:50 pm

#### Personality

**Test: Myers Briggs Type Indicator (MBTI)** Quota: 20  
learn about your psychological type to uncover new ways to work/interact with others

★ **Discovering Your Personality Preferences via MBTI**

Date: 14 March 2024 (Thursday)  
Time: 2:00 pm – 3:50 pm

#### Conflict Management

**Test: Thomas-Kilmann Conflict Mode Instrument (TKI)** Quota: 20  
assess individual's behavior in conflict situations and expand conflict management skill sets

★ **Exploring Your Conflict Management Style via TKI**

Date: 19 March 2024 (Tuesday)  
Time: 11:00 am – 12:50 pm

### Life Management Skills

#### Leadership Behaviour

**Test: Student Leadership Practices Inventory (SLPI)** Quota: 30  
assess leadership behaviour and learn steps to improve effectiveness as a student leader

★ **Knowing Your Leadership Behaviour through SLPI**

Date: 2 February 2024 (Friday)  
Time: 2:00 pm – 3:50 pm

#### Career Interests

**Test: Strong Interest Inventory (SII)** Quota: 20  
identify career interests and a useful assessment for career planning

★ **Identifying Your Career Interests for Successful Career Planning**

Date: 23 February 2024 (Friday)  
Time: 11:00 am – 12:50 pm

#### Registration Method:

**AIMS > Student Services > CRESDA**  
(First Come, First Served)

#### Venue: R6052, 6/F, BOC

Medium of Instruction: **Cantonese & English**

Organised by Counselling Service (CS)  
Student Development Services

Contact Person:  
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For Registration



<https://qr.go.page.link/L56MP>