Upcoming Workshops
2023-2024 Semester B

Psychological Testing for Self-Understanding Series

**Emotional Intelligence**
- **Test:** Emotional Quotient Inventory (EQ-i 2.0 Questionnaire)  
  - Quota: 20  
  - determine your present state of emotional well-being and potential for emotional health
  - **EQ Thermometer: Knowing Your Emotional Well-being through EQ-i**  
    - Date: 4 March 2024 (Monday)  
    - Time: 2:00 pm – 3:50 pm

**Personality**
- **Test:** Myers Briggs Type Indicator (MBTI)  
  - Quota: 20  
  - learn about your psychological type to uncover new ways to work/interact with others
  - **Discovering Your Personality Preferences via MBTI**  
    - Date: 14 March 2024 (Thursday)  
    - Time: 2:00 pm – 3:50 pm

**Conflict Management**
- **Test:** Thomas-Kilmann Conflict Mode Instrument (TKI)  
  - Quota: 20  
  - assess individual's behavior in conflict situations and expand conflict management skill sets
  - **Exploring Your Conflict Management Style via TKI**  
    - Date: 19 March 2024 (Tuesday)  
    - Time: 11:00 am – 12:50 pm

**Life Management Skills**

**Leadership Behaviour**
- **Test:** Student Leadership Practices Inventory (SLPI)  
  - Quota: 30  
  - assess leadership behaviour and learn steps to improve effectiveness as a student leader
  - **Knowing Your Leadership Behaviour through SLPI**  
    - Date: 2 February 2024 (Friday)  
    - Time: 2:00 pm – 3:50 pm

**Career Interests**
- **Test:** Strong Interest Inventory (SII)  
  - Quota: 20  
  - identify career interests and a useful assessment for career planning
  - **Identifying Your Career Interests for Successful Career Planning**  
    - Date: 23 February 2024 (Friday)  
    - Time: 11:00 am – 12:50 pm

**Registration Method:**
- AIMS > Student Services > CRESDA  
  (First Come, First Served)

**Venue:** R6052, 6/F, BOC

**Medium of Instruction:** Cantonese & English

Contact Person:
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For Registration

https://qrgo.page.link/L56MP