# City University of Hong Kong Course Syllabus

# offered by Department of Social and Behavioural Sciences with effect from Semester A 2020/2021

# Part I Course Overview

| Course Title:  | Personality Theories and Assessment  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|
| Course Code:   | SS5757   |  |  |  |  |  |  |
| Course Duration:   | 1 Semester   |  |  |  |  |  |  |
| Credit Units:  | 3  |  |  |  |  |  |  |
| Level:   | Р5   |  |  |  |  |  |  |
| Medium of<br>Instruction:                                  | English  |  |  |  |  |  |  |
| Medium of<br>Assessment:                                   | English  |  |  |  |  |  |  |
| <b>Prerequisites</b> :<br>(Course Code and Title)          | <ol> <li>MSSPSY Students : NIL</li> <li>MSSC Students: NIL</li> <li>Other programme students: SS2023 Basic Psychology I or its equivalent</li> </ol> |  |  |  |  |  |  |
| <b>Precursors</b> :<br>(Course Code and Title)             | Nil  |  |  |  |  |  |  |
| <b>Equivalent Courses</b> : <i>(Course Code and Title)</i> | Nil  |  |  |  |  |  |  |
| <b>Exclusive Courses</b> : <i>(Course Code and Title)</i>  | Nil  |  |  |  |  |  |  |

# Part II Course Details

# 1. Abstract

This course aims to familiarize students with basic concepts of personality development and assessment. Major themes of the course include scope and theories about personality development and individual differences, purposes and methods of personality assessment, cross-cultural perspectives on personality, and empirical studies about Chinese personality. It also aims to enhance students' ability to critically evaluate personality theories and assessment methods.

# 2. Course Intended Learning Outcomes (CILOs)

(CILOs state what the student is expected to be able to do at the end of the course according to a given standard of performance.)

| No. | CILOs   | Weighting   | Discov       | ery-en       | riched       |
|-----|---|-------------|--------------|--------------|--------------|
|     |   | (if         | curricu      | lum rel      | lated        |
|     |   | applicable) |              | g outco      |              |
|     |   |             | (please      |              | where        |
|     |   |             | appropriate) |              |              |
|     |   |             | A1           | A2           | A3           |
| 1.  | Describe and apply the fundamental issues, concepts,    | 50%         |              | $\checkmark$ | $\checkmark$ |
|     | and theories of personality development and             |             |              |              |              |
|     | personality assessment;                                 |             |              |              |              |
| 2.  | Critically evaluate personality theories and assessment | 30%         | $\checkmark$ |              | $\checkmark$ |
|     | methods;  |             |              |              |              |
| 3.  | Analyze the role of culture in personality              | 10%         |              |              | $\checkmark$ |
|     | development; and  |             |              |              |              |
| 4.  | Apply relevant concepts & principles of this course to  | 10%         |              |              | $\checkmark$ |
|     | understanding of the self and others.                   |             |              |              |              |
|     |   | 100%        |              |              |              |

### A1: Attitude

Develop an attitude of discovery/innovation/creativity, as demonstrated by students possessing a strong sense of curiosity, asking questions actively, challenging assumptions or engaging in inquiry together with teachers.

A2: Ability

Develop the ability/skill needed to discover/innovate/create, as demonstrated by students possessing critical thinking skills to assess ideas, acquiring research skills, synthesizing knowledge across disciplines or applying academic knowledge to self-life problems.

A3: Accomplishments Demonstrate accomplishment of discovery/innovation/creativity through producing /constructing creative works/new artefacts, effective solutions to real-life problems or new processes.

# 3.

**Teaching and Learning Activities (TLAs)** (*TLAs designed to facilitate students' achievement of the CILOs.*)

| TLA           | Brief Description                  | CILO No.     |              |              | Hours/week   |                 |
|---------------|------------------------------------|--------------|--------------|--------------|--------------|-----------------|
|               |                                    | 1            | 2            | 3            | 4            | (if applicable) |
| Lectures      | Lectures will introduce the key    | ~            | ✓            | ✓            | ✓            | 2 hr/wk         |
|               | concepts, theories, and issues     |              |              |              |              |                 |
|               | about personality theories and     |              |              |              |              |                 |
|               | assessment. Students will be       |              |              |              |              |                 |
|               | encouraged to be critical in       |              |              |              |              |                 |
|               | understanding theories and         |              |              |              |              |                 |
|               | empirical findings                 |              |              |              |              |                 |
| Demonstration | Demonstration via videos will be   | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | 1/2 hr/wk       |
|               | given to illustrate the key points |              |              |              |              |                 |
|               | delivered in class. Emphasis will  |              |              |              |              |                 |
|               | be given to reflection on cultural |              |              |              |              |                 |
|               | influences on personality          |              |              |              |              |                 |
|               | development                        |              |              |              |              |                 |
| Class         | Small group discussions will be    | $\checkmark$ | ✓            |              |              | 1/2 hr/wk       |
| Discussion    | organized around the topics        |              |              |              |              |                 |
|               | covered in lectures. Students will |              |              |              |              |                 |
|               | be encouraged to raise questions   |              |              | 1            |              |                 |
|               | during discussion                  |              |              |              |              |                 |

**4.** Assessment Tasks/Activities (ATs) (ATs are designed to assess how well the students achieve the CILOs.)

| Assessment                   | CILO No.     |              |              |              | Weighting | Remarks |  |
|------------------------------|--------------|--------------|--------------|--------------|-----------|---------|--|
| Tasks/Activities             | 1            | 2            | 3            | 4            |           |         |  |
| Continuous Assessment: 100 % |              |              |              |              |           |         |  |
| AT1: Term Paper              |              | $\checkmark$ |              | $\checkmark$ | 40%       |         |  |
| AT2: Quizzes                 | $\checkmark$ | $\checkmark$ | $\checkmark$ |              | 60%       |         |  |
|                              |              |              |              |              | 100%      |         |  |

# 5. Assessment Rubrics

(Grading of student achievements is based on student performance in assessment tasks/activities with the following rubrics.)

| Assessment Task     | Criterion   | Excellent   | Good        | Fair        | Marginal | Failure |
|---------------------|---|-------------|-------------|-------------|----------|---------|
|                     |   | (A+, A, A-) | (B+, B, B-) | (C+, C, C-) | (D)      | (F)     |
| 1. Term Paper (40%) | Demonstration of the abilities to apply<br>personality assessment tools and<br>theories, and critically evaluate the<br>factors influencing personality<br>development. | strong      | sufficient  | moderate    | basic    | poor    |
| 2. Quizzes (60%)    | Demonstration of the knowledge in personality theories and assessment.  | strong      | sufficient  | moderate    | basic    | poor    |

Part III Other Information (more details can be provided separately in the teaching plan)

### 1. Keyword Syllabus

Scope and major theories about personality development and individual differences, including psychoanalytic, psychosocial, behavioural, humanistic, socio-cognitive, and trait perspectives; personality assessment and measures, influences of cultural values, and distinctive features of Chinese personality.

### 2. Reading List

### 2.1 Compulsory Readings

(Compulsory readings can include books, book chapters, or journal/magazine articles. There are also collections of e-books, e-journals available from the CityU Library.)

1. Carver, C. S., & Scheier, M. F. (2014). *Perspectives on personality: Pearson New International Edition* (7<sup>th</sup> ed.). UK: Pearson.

### 2.2 Additional Readings

(Additional references for students to learn to expand their knowledge about the subject.)

### **Recommended texts:**

- Bond, M. H. (2010). *Oxford handbook of Chinese psychology*. Hong Kong: Oxford University Press.
- Briley, D. A., & Tucker-Drob, E. M. (2014). Genetic and environmental continuity in personality development: A meta-analysis. *Psychological Bulletin*, *140*, 1303-1331.
- Chen, S. X., & Bond, M. H. (2010). Two languages, two personalities? Examining language effects on the expression of personality in a bilingual context. *Personality and Social Psychology Bulletin*, *36*, 1514-1528.
- Cheung, F. M., Leung, K., Zhang, J. X., Sun, H. F., Gan, Y. Q., Song W. Z., & Xie, D. (2001). Indigenous Chinese personality construct: Is the Five Factor Model complete? *Journal of Cross-Cultural Psychology*, 32, 407-433.
- Church, A. T. (2016). Personality traits across cultures. Current Opinion in Psychology, 8, 22-30.
- Corr, P. J., & Matthews, G. (2009). *The Cambridge handbook of personality psychology*. United Kingdom: Cambridge University Press.
- Kandler, C. (2012). Nature and nurture in personality development: The case of neuroticism and extraversion. *Current Directions in Psychological Science*, *21*, 290-296.
- Kotov, R., Gamez, W., Schmidt, F., & Watson, D. (2010). Linking "big" personality traits to anxiety, depressive, and substance use disorders: A meta-analysis. *Psychological Bulletin*, 136, 768-821.
- McCrae, R. R., Costa, P. T., Stendorf, F., Angleitner, A., Hrebickova, M., Avia M. D., ..... & Smith, P. B. (2000). Nature over nurture: Temperament, Personality, and life span development. *Journal of Personality and Social Psychology*, 78, 173-186.
- Parks-Leduc, L., Feldman, G., & Bardi, A. (2015). Personality traits and personal values: A metaanalysis. *Personality and Social Psychology Review*, 19, 3-29