# **City University of Hong Kong**

# Information on a Course offered by Department of Applied Social Sciences with effect from Semester A in 2013/2014

#### Part I

Empowerment-oriented Practice with Socially Disadvantaged

Course Title: Groups

Course Code: SS5116

Course Duration: One Semester

No. of Credit Units: 3

Level: P5

Medium of Instruction: English, supplemented by Cantonese/Putonghua in live

demonstration, skills rehearsal, and role-play exercises as situation

requires.

Medium of Assessment: English

Prerequisites Nil

Precursors: Nil

Equivalent Courses: Nil

Exclusive Courses: Nil

#### Part II

#### **Course Aims**

This course aims to help students to develop empowerment-orientated perspective in social work intervention and understand the nature, theories, ethical principles and strategies of empowerment-oriented practice in working with socially disadvantaged groups.

# **Course Intended Learning Outcomes (CILOs)**

Upon successful completion of this course, students should be able to:

No.	CILOs	Weighting (if applicable)
1.	analyse issues of power and disempowerment in professional	20%
	social work practice with socially disadvantaged groups;	
2.	explain social construction of vulnerability of socially	10%
	disadvantaged groups;	
3.	Explain the causes of disempowerment, discrimination and	10%

	oppression faced by socially disadvantaged groups;			
4.	describe the concepts, main features, values, ethical principles 30%			
	of empowerment-oriented practice;			
5.	demonstrate knowledge and strategies in empowering socially	30%		
	disadvantaged groups in the local context.			

### **Teaching and Learning Activities (TLAs)**

(Indicative of likely activities and tasks designed to facilitate students' achievement of the CILOs. Final details will be provided to students in their first week of attendance in this course)

CILO	TLA1	TLA2	TLA3	TLA4	TLA5	TLA6	TLA7	
No.								applicable)
CILO 1								
CILO 2								
CILO 3			$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		
CILO 4			<b>√</b>			$\sqrt{}$		
CILO 5				$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		

#### TLA1: Lectures

Lectures will cover the topics related to all CILOs and will be used to explain the concepts, theories and methods of empowerment-oriented practice.

#### TLA2: Video shows in lectures

Video shows about real life cases and situations will be shown to help students get a better grasp of the concepts and integrate what they have learnt to the local Hong Kong context. It will mainly contribute to achieve CILO 2, 3 and 5.

#### TLA3: Experiential activities in lectures

Experiential activities will be used to help students develop an empowerment-oriented perspective (CILO4) and stimulate their reflection on social construction of vulnerability of socially disadvantaged groups (CILO 2) and oppression and discrimination faced by socially disadvantaged groups in Hong Kong societies (CILO 3).

#### TLA4: Guest lectures

Guest speakers will be invited to share with students about social oppression and discrimination of socially disadvantaged groups (CILO 2 & 3), and the use of empowering strategies to empower socially disadvantaged groups (CILO 4 & 5).

# TLA5: Class discussions and exercises and practice demonstrations

Class discussions, exercises and practice demonstrations will be frequently used to help students have further discussion and sharing on the concepts and knowledge they learnt from the lectures and the assigned readings. These teaching and learning activities are expected to achieve all CILO s.

# TLA6: Group presentation

Students are asked to divide among themselves into small groups to have a presentation on one chosen topic in class. The topics are related to the achievement of CILO 1-5. Students are recommended to bring the voices of people of socially disadvantaged groups to be heard in the presentation. They can either invite 1 or 2 members of the socially disadvantaged groups to the class, or interview some members of the special need group they choose, collect their voices and let classmates have a chance to listen to their views.

# TLA7: Online sharing in Discussion Forum via e-portal

An on-line Discussion Forum will be set up to help students exchange their views, questions, comments and feelings on their learning in this course. Students' participation in the on-line sharing is voluntary. Students can share whatever topics they like, so this activity is relevant to all CILOs.

#### **Assessment Tasks/Activities**

(Indicative of likely activities and tasks designed to assess how well the students achieve the CILOs. Final details will be provided to students in their first week of attendance in this course)

CILO No.	Type of Assessment	Weighting (if applicable)	Remarks
	Tasks/Activities		
CILO 1-5	AT1: Class exercises and	20%	
	on-line discussion		
CILO 2-5	AT2: Group Presentation	30%	
CILO 1-5	AT3: Term Paper	50%	

## AT1: Class exercises and on-line discussion (20%)

Students are assessed according to their effort in participating in the class exercises. They are also expected to have active participation in on-line discussion, in giving comments, raising questions and contributing to reflective sharing and discussion in the class. Students' effort in reading and understanding the assigned reference materials is also assessed.

### AT2: Group presentation (30%)

The group presentation is designed to assess students' understanding of the concepts and knowledge they have learnt and test their abilities and competence in applying knowledge to different socially disadvantaged groups or community situations.

### AT3: Term Paper (50%)

Each student has to submit an individual Term Paper of not more than 3,000 words. The term paper topic can be either (a): an essay on the student's presentation topic; or (b): any self-selected topic which is within the course syllabus. It aims at gauging the student's grasp on concepts, theories and knowledge introduced in lectures, assigned readings and class discussions, as well as the ability to apply them to solve problems in various client group situations.

### **Grading of Student Achievement:**

Refer to Grading of Courses in the Academic Regulations for Taught Postgraduate Degrees.

Letter	Grading criteria in relation to CILOs	
Grade		
A+	Strong evidence of original thinking and capacity to explain the causes of	
A	disempowerment, discrimination and oppression faced by socially	
A-	disadvantaged groups; superior grasp of the empowerment-oriented	
	perspective and approach in social work practice, strong evidence of clear	
	understanding of the ethical principles of empowerment in social work	
	practice, excellent ability to apply empowerment-oriented strategies.	
B+	Evidence of grasp of the original thinking and capacity to explain the	
В	causes of disempowerment, discrimination and oppression faced by socially	

B-	disadvantaged groups, some evidence of applying empowerment-oriented
	perspective and approach in social work practice; some evidence of clear
	understanding of the ethical principles of empowerment in social work
	practice, evidence of familiarity with empowerment-oriented strategies.
C+	Ability to understand the causes of disempowerment, discrimination and
C	oppression faced by socially disadvantaged groups; ability to apply
C-	empowerment-oriented perspective and approach in social work practice;
	evidence of clear understanding of the ethical principles of empowerment
	in social work practice, limited capability to apply empowerment-oriented
	strategies.
D	Sufficient familiarity with the thinking and capacity to explain the causes of
	disempowerment, discrimination and oppression faced by socially
	disadvantaged groups; limited evidence of the capability to apply
	empowerment-oriented perspective and approach in social work practice;
	limited evidence of clear understanding of the ethical principles of
	empowerment in social work practice, limited evidence of appropriate use
	of knowledge base on applying empowerment-oriented strategies.
F	Little evidence of familiarity with the thinking and capacity to explain the
	causes of disempowerment, discrimination and oppression faced by socially
	disadvantaged groups; weakness in applying empowerment-oriented
	perspective and approach in social work practice community-oriented
	perspective; little evidence of clear understanding of the ethical principles
	of empowerment in social work practice, very limited evidence of the
	capability to empowerment-oriented strategies.

### Part III

### 1. Keyword Syllabus

## 1.1 Power issues in social work practice

Power relationship in social work practice. Disempowering nature of the profession and social work practice. Relationship between power, social work profession and the state.

### 1.2 Disempowerment of socially disadvantaged groups

Causes of disempowerment. Social construction of vulnerability of socially disadvantaged groups. Disempowerment in social work practice. Oppression and discrimination faced by disadvantaged groups. PCS analysis.

## 1.3 Empowerment-oriented practice

Concepts, philosophy and functions of empowerment. Values base and ethical principles in empowerment-oriented practice. Anti-oppressive practice and anti-discriminatory practice. Relationship between strengths perspective, participation and empowerment.

# 1.4 Strategies in empowering socially disadvantaged groups

Asset-based community development approach. Effective ways to identify strengths of disadvantaged groups. User participation. Self help groups. Advocacy in social work practice.

### 2. Recommended reading

### **Essential Texts**

Adams, R. (2008). *Empowerment, participation and social work* (4<sup>th</sup> ed.). New York: Palgrave Macmillan.

Adams, R., Dominelli, L., & Payne, M. (Eds.). (2009). *Critical practice in social work*. New York: Palgrave Macmillan.

Ferguson, I. (2008). Reclaiming social work: Challenging neo-liberalism and promoting social justice. Los Angeles: Sage.

Miley, K., O'Melia, M., & Dubois, B. (2009). *Generalist social work practice: An empowering approach* (6<sup>th</sup> ed.). Boston: Allyn and Bacon.

Okitikpi, T., & Aymer, C. (2010). Key concepts in anti-discriminatory social work. Los Angeles: Sage.

Saleebey, D. (Ed.). (2009). *The strengths perspective in social work practice* (5th ed.). Boston: Allyn Bacon/Pearson.

Thompson, N. (2012). Anti-discriminatory practice: Equality, diversity and social justice (5th. ed.). New York: Palgrave Macmillan.

# **Supplementary Texts**

Adam, R. (2003). *Social work and empowerment* (3<sup>rd</sup> ed.). New York: Palgrave Macmillan.

Bishop, A. (2002). Becoming an ally: Breaking the cycle of oppression in people (2nd ed.). London & New York: Zed Books.

Braye, S. & Preston-Shoot, M. (1995). *Empowering practice in social care*. Buckingham: Open University Press.

Ezell, M. (2001). Advocacy in the human services. Toronto: Brooks/Cole.

Glicken, M.D. (2004). Using strengths perspective in social work practice: A positive approach for the helping professions. Boston: pearson.

Gutierrez, L.M., Parsons, R.J., & Cox, E.O. (1998). *Empowerment in social work practice: A source book*. Pacific Grove: Brooks/Cole Publishing Company.

Hugman, R. (1991). Power in caring profession. London: Macmillan.

Humphries, B. (Ed.). (1996). *Critical perspectives on empowerment*. Birmingham: Ventures.

Kam, P. K. (1997). Towards empowerment and advocacy: Practice and policy in social services for old people in Hong Kong. *Asia Pacific Journal of Social Work*, 7(2), 46-62.

Kam, P. K. (2002). From disempowering to empowering: Changing the practice of social service professionals with older people. *Hallym International Journal of Aging*, 4(2), 161-183.

Kam, P.K. (2009). From social control to empowerment: Toward a youth empowerment approach in services for young people. In E.S.C. Liu, M.J. Holosko, & W.T. Lo (Eds.), *Youth empowerment and volunteerism: Principles, policies and practices* (1st ed.). (pp.109-134). Hong Kong: City University of Hong Kong Press.

Katz, A.H. et al. (1992) (Eds.). Self-help: Concepts and applications. Philadelphia: The Charles Press, Publishers.

Lee, J.A.B. (2001). The empowerment approach to social work practice: Building the beloved community. New York: Columbia University Press.

Liu, E.S.C., Holosko, M.J., & Lo, T.W. (Eds.). (2009). *Youth empowerment and volunteerism: Principles, policies and practices*. Hong Kong: City University of Hong Kong Press.

Mullaly, R.P. (2007). *The new structural social work* (3<sup>rd</sup> ed.). Don Mills, Ont.: Open University Press.

Parsloe, P. (Ed.). (1996). Pathways to empowerment. Birmingham: Venture Press.

Shera, W., & Wells, L. (1999). Empowerment practice in social work: Developing richer conceptual foundations. Toronto: Canadian Scholars' Press.

Thompson, N. (2003). *Promoting equality: Challenging discrimination and oppression* (2<sup>nd</sup>. ed.). Hampshire: Palgrave Macmillan.

Yip, K.S. (Ed.). (2009). Strength based perspective in working with clients with mental illness: A Chinese cultural articulation. New York: Nova Science Publishers

宋麗玉、及施教裕 (2009)。《優勢觀點—社會工作理論與實務》。台北:洪業文化事業有限公司。

香港中華基督教青年會編 (2002)。《香港青年充權:理論與案例彙編》。香港:編者。

趙雨龍、黃昌榮、及趙維生編 (2003)。《充權—新社會工作視界》。台北:五南圖書出版公司。

趙維生、及黃昌榮合編 (1999)。《青年工作與充權:理論與寶踐》。香港:香港 政策透