

# Teleconnected influence of North Atlantic sea surface temperature on the El Niño onset

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**Abstract** Influence of North Atlantic sea surface temperature (SST) anomalies on tropical Pacific SST anomalies is examined. Both summer and winter North Atlantic SST anomalies are negatively related to central-eastern tropical Pacific SST anomalies in the subsequent months varying from 5 to 13 months. In particular, when the North Atlantic is colder than normal in the summer, an El Niño event is likely to be initiated in the subsequent spring in the tropical Pacific. Associated with summer cold North Atlantic SST anomalies is an anomalous cyclonic circulation at low-level over the North Atlantic from subsequent October to April. Corresponded to this local response, an SST-induced heating over the North Atlantic produces a teleconnected pattern, similar to the East Atlantic/West Russia teleconnection. The pattern features two anticyclonic circulations near England and Lake Baikal, and two

cyclonic circulations over the North Atlantic and near the Caspian Sea. The anticyclonic circulation near Lake Baikal enhances the continent northerlies, and strengthens the East-Asian winter monsoon. These are also associated with an off-equatorial cyclonic circulation in the western Pacific during the subsequent winter and spring, which produces equatorial westerly wind anomalies in the western Pacific. The equatorial westerly wind anomalies in the winter and spring can help initiate a Pacific El Niño event following a cold North Atlantic in the summer.

## 1 Introduction

El Niño–Southern Oscillation (ENSO) is the largest climate phenomenon on Earth (e.g., Wallace and Gutzler 1981; Wang et al. 2000; Wang and Zhang 2002; Li et al. 2007) and it has motivated and attracted many studies during the past decades. Some of studies focused on the western Pacific since it is believed that ENSO events are initiated in this region. For example, a westerly wind burst in the western tropical Pacific, which can excite equatorial Kelvin waves, is known to trigger El Niño outbreaks (e.g., Wyrтки 1975; Rasmusson and Carpenter 1982; Luther et al. 1983; Barnett 1983; Huang et al. 1998; Wang and An 2002; Clarke and Shu 2000). Many studies have also identified an important role of the western Pacific wind in the ENSO transition (Weisberg and Wang 1997a, b; McPhaden 1999; Wang et al. 1999; Clarke and Van Gorder 2001). The tropical Pacific Ocean–atmosphere interaction (Weisberg and Wang 1997a, b; Wang et al. 1999; Wang and Weisberg 2000), the mid-latitude atmospheric (Chu 1988; Li 1990; Xu and Chan 2001; Chan and Zhou 2005; Li et al. 2005) and oceanic variability (Kug and Kang 2006; Xie et al. 2002; Misra 2004; Zhang and Delworth 2005; Dong et al.

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2006) may all influence zonal wind anomalies in the western Pacific.

Variability of the East-Asian Winter Monsoon (EAWM) can also influence the wind anomalies in the western Pacific (Chu 1988; Chu and Frederick 1990; Li 1990; Xu and Chan 2001; Li et al. 2005; Zhou et al. 2007b). Li (1990) suggested that the frequent activity of stronger East-Asian troughs (or cold surges) in the winter can weaken the trade wind and enhance the cumulus convections over the western-central tropical Pacific. Both Kelvin waves resulting from a reduction of the trade wind and intraseasonal oscillations caused by the stronger convection can excite El Niño events. Li et al. (2005) further suggested that an east–west pressure gradient resulting from a stronger EAWM can excite the westerly wind anomalies over the western tropical Pacific.

The results such as those shown by Gong et al. (2001), Wu and Wang (2002), Wang et al. (2005) and Lu et al. (2007) have suggested that EAWM variability may link to the Arctic Oscillation (AO) or the North Atlantic Oscillation (NAO) through the Siberian high. In addition, some studies have shown that the Northern Annular Mode (NAM) or the AO or NAO can impact tropical variability (e.g., Thompson and Lorenz 2004; Nakamura et al. 2006). However, the direct relationships between these teleconnected patterns and ENSO require further clarity.

Previous studies show a significant relationship of the SST variations over the North Atlantic with the AO or the NAO on interannual to multidecadal timescales (Latif et al. 2000; Rodwell et al. 1999). Over the twentieth century, North Atlantic SST anomalies exhibited prominent multidecadal variations (Kushnir 1994; Mann and Park 1994; Enfield et al. 2001), which can impact global climate, especially the Pacific climate, and thus be an important driver of global decadal variability (e.g., Knight et al. 2006; Sutton and Hodson 2007). These studies have shown that ENSO variability is influenced directly by Atlantic SST variability with changing the zonal wind anomalies in the Pacific via the tropical teleconnection (e.g., Dong and Sutton 2002, 2007; Zhang and Delworth 2005; Timmermann et al. 2005; Dong et al. 2006). Using coupled general circulation models, several studies have shown that ENSO variability is related closely to changes in Atlantic SST anomalies (e.g., Dong and Sutton 2002, 2007; Zhang and Delworth 2005; Timmermann et al. 2005; Dong et al. 2006). This coupled ocean–atmosphere model results (Dong and Sutton 2002, 2007; Dong et al. 2006) have suggested that warm Atlantic SST anomalies result in a weakening of ENSO variability. The anomalous warm Atlantic SST associated with the positive phase of the Atlantic Multidecadal Oscillation (AMO) leads to changes in the mean state of the tropical Pacific, with a deepening mean thermocline and a reduction of vertical stratification

of the equatorial Pacific Ocean. This remoted influence is transmitted by large-scale atmospheric circulation changes associated with anomalous diabatic heating in the tropical Atlantic. In addition to this atmospheric bridge, an oceanic teleconnection may also link the Atlantic variations with the thermocline in the tropical Pacific. Timmermann et al. (2005) suggested that a cooling in the North Atlantic associated with the weakened Atlantic thermohaline circulation leads to weakened ENSO variability and results in a suppression of ENSO variance. The difference between the studies of Timmermann et al. (2005) and Dong and Sutton (2002, 2007) is that these studies focused on the different timescales associated with oceanic and atmospheric teleconnections, respectively.

It is noted that Dong and Sutton (2002, 2007) and Dong et al. (2006) emphasized on the roles of tropical Atlantic SST anomalies in ENSO variability. Moreover, analyzing the observed data and the model results, Wang et al. (2009) showed that North Atlantic SST anomalies are significantly related to the El Niño occurrence but not La Niña. The purpose of the present paper is to further investigate the relationship between North Atlantic SST anomalies and the El Niño onset. We show that cold North Atlantic anomalies in the summer have a teleconnected effect on the Siberian high, the EAWM and sequentially the surface wind anomalies over the western Pacific, thus affecting the El Niño onset in the tropical Pacific during the subsequent spring. These are different from the influences of tropical Atlantic SST on ENSO variability proposed by Dong and Sutton (2007) and Timmermann et al. (2005).

The paper is organized as follows. Section 2 introduces datasets and indices used in the paper. Section 3 analyzes and shows the relationship between North Atlantic SST anomalies and atmospheric and oceanic variables over the tropical Pacific. Atmospheric response to summer cold SST anomalies in the North Atlantic is presented in Sect. 4. A possible physical mechanism for summer cold SST anomalies in the North Atlantic to teleconnect into the tropical western Pacific is presented in Sect. 5. Summary and discussion are finally given in Sect. 6.

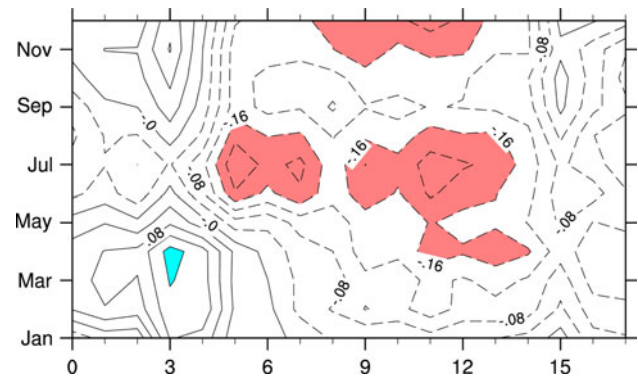
## 2 Data and indices

Datasets used in this paper include the monthly reanalysis product of the European Centre for Medium-Range Weather Forecasts (ERA40) during 1958–2001 and the monthly UK Met Office’s Hadley Centre’s Sea Ice and SST (HadISST1) (Rayner et al. 2003) from 1870 to 2003. The variables analyzed from ERA40 include horizontal wind, geopotential height, air temperature, wind at 10 m and surface level pressure (SLP).

An ENSO index, Nino-3.4, is defined as SST anomalies averaged over the region between 5°S–5°N and 170°E–120°W. An El Niño event is defined as in Trenberth (1997). A monthly East Atlantic/West Russia (EA/WR) teleconnection index from 1950 to 2003 is provided by the National Oceanic and Atmospheric Administration's Climate Prediction Center (download from [ftp://ftp.cpc.ncep.noaa.gov/wd52dg/data/indices/tele\\_index.nh](ftp://ftp.cpc.ncep.noaa.gov/wd52dg/data/indices/tele_index.nh)). Midlatitude SST variability in the Atlantic is a potential forcing of overlying atmospheric variability such as the AO or NAO (Latif et al. 2000; Rodwell et al. 1999; Czaja and Frankignoul 2002). To investigate the relationship between North Atlantic SST anomalies and El Niño, we construct a North Atlantic Index (NAI) by averaging SST anomalies over the region of 30°–50°N and 10°–50°W. We choose this region because El Niño activity is closely related to these regional SST anomalies (Wang et al. 2009).

### 3 Relationship between SST anomalies in the North Atlantic and tropical Pacific

Previous studies have identified that tropical Atlantic SST anomalies can influence the ENSO event occurrence with a delayed time varying from few years to several decades (Timmermann et al. 2005; Dong and Sutton 2002, 2007; Dong et al. 2006). However, Fig. 1 shows that the relationship between the monthly North Atlantic and central-eastern tropical Pacific SST anomalies during 1870–2003 varies from month to month. The significantly negative correlations occur in the boreal summer with the Nino-3.4 index lagging the NAI by 5–13 months. This indicates that if the North Atlantic is cold in the summer, the central-eastern tropical Pacific tends to be warm in the subsequent winter, spring and summer. In addition, the significant correlations also appear in the wintertime with the Nino-3.4 index lagging the NAI by 7–13 months, suggesting that when the NAI in the winter is cold, SST anomalies in the central-eastern tropical Pacific have a tendency to be warm in the following summer, autumn and winter. The inverse relationship between the NAI and Nino-3.4 index is in agreement with the results of Wang et al. (2009) and Dong and Sutton (2002, 2007). It is noted that the lagged-correlation times between the NAI and the Nino-3.4 index are not longer than 14 months. These timescales are much shorter than those of Timmermann et al. (2005) who suggested that the connection between the North Atlantic and tropical Pacific is through oceanic processes on the time-scales of many decades or longer. Therefore, our observed shorter timescales seem to suggest that an influence of North Atlantic SST anomalies on the tropical Pacific is associated with atmospheric processes instead of oceanic processes.



**Fig. 1** Lagged correlation coefficients between the NAI and Nino-3.4 index during 1870–2003. The X axis denotes months by which the Nino-3.4 index is lagged the NAI. The shading represents the correlation exceeding the 95% confidence level

It is well known that El Niño is initiated in the spring (Philander 1985). Figure 1 suggests that a cold (warm) North Atlantic in the summer can be associated with a warm (cold) tropical Pacific in the subsequent year. Table 1 exhibits the years prior to El Niño and La Niña years [denoted by El Niño(–1) La Niña(–1)] during 1958–2001. There are 13 El Niño events during the period of 1958–2001. Among these 13 events, the 10 cases are associated with a cold North Atlantic in the summer prior to El Niño year (the summer NAI is colder than 0.5 standard deviation). This indicates that a cold summer North Atlantic is accompanied with an El Niño onset in the subsequent year. However, it is noted that the relation between the warm summer NAI and La Niña event is weak. Among the 8 La Niña events during 1958–2001, only half of them occur when the preceding summer North Atlantic is warmer (the summer NAI is warmer than 0.5 standard deviation). This poor correlation between a La Niña onset and North Atlantic SST anomalies is in agreement with our previous studies (Wang et al. 2009).

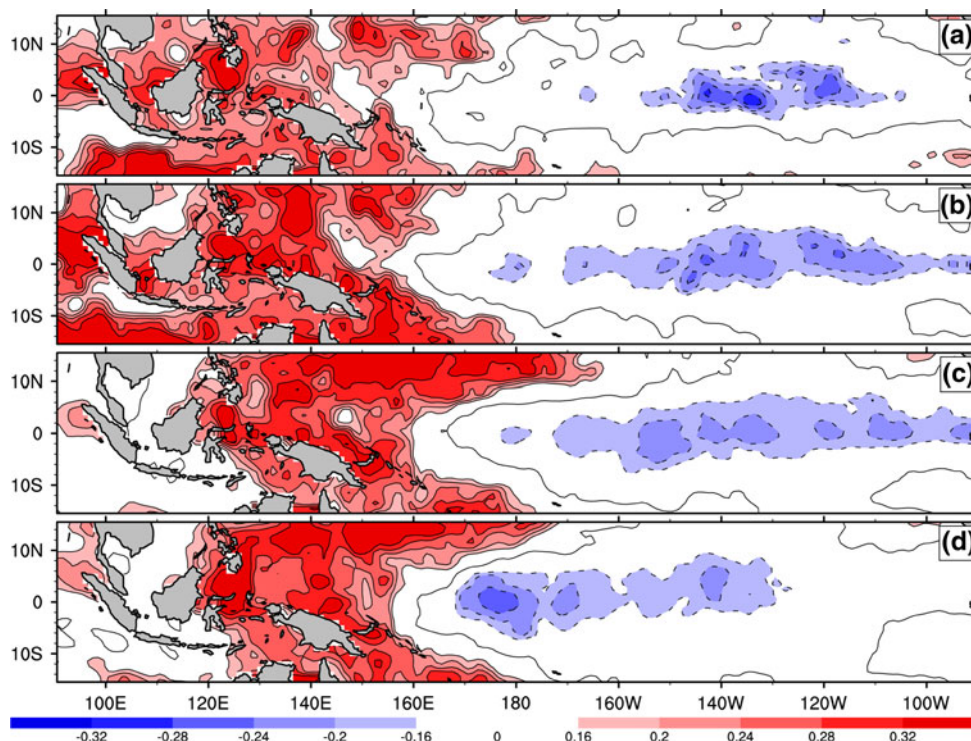
Here we examine processes that are responsible for linking cold summer SST anomalies in the North Atlantic and the subsequent El Niño onset in the tropical Pacific. Spatial patterns of lagged correlations of summer NAI with SST and surface zonal wind anomalies in the subsequent months over the tropical Pacific are shown in Figs. 2 and 3. The SST correlation shows positive correlations over the western tropical Pacific and negative correlations in the central-eastern tropical Pacific (Fig. 2). The concurrent July zonal wind (Fig. 3a) shows a negative correlation over the western tropical Pacific (140°–170°E) and a positive correlation in the eastern tropical Pacific (140°–120°W). This indicates that cold summer SST anomalies in the North Atlantic are associated with westerly wind anomalies in the western Pacific but easterly wind anomalies in the eastern Pacific. In January and April of the subsequent

**Table 1** Years prior to El Niño and La Niña years during 1958–2001

El Niño (−1) year	<b>1962, 1964, 1967, 1971, 1975, 1976, 1978, 1981, 1985, 1990, 1992, 1993,</b> and 1996
La Niña (−1) year	1963, 1969, <b>1972, 1973, 1983, 1987,</b> 1994, and <b>1997</b>

In El Niño (−1) and La Niña (−1) year, the bold years represent the years when the summer (June–August) North Atlantic is cold and warm (the NAI exceed  $\pm 0.5$  standard deviation), respectively. The study is focused on the period of 1958–2001 because the atmospheric reanalysis field is used during this period

**Fig. 2** Lagged correlation coefficients between the summer NAI and the SST anomalies during 1870–2001 in **a** concurrent July and subsequent **b** October, **c** January and **d** April. Only exceeding the 95% confidence level are plotted



year, westerly wind anomalies in the western Pacific are further developed (Fig. 3c, d). The development of westerly wind anomalies can initiate an El Niño event by producing the downwelling oceanic Kelvin waves. In summary, our analyses suggest that a cold North Atlantic in the summer is associated with equatorial westerly wind anomalies in the western Pacific and warm SST anomalies in the tropical Pacific during the subsequent year.

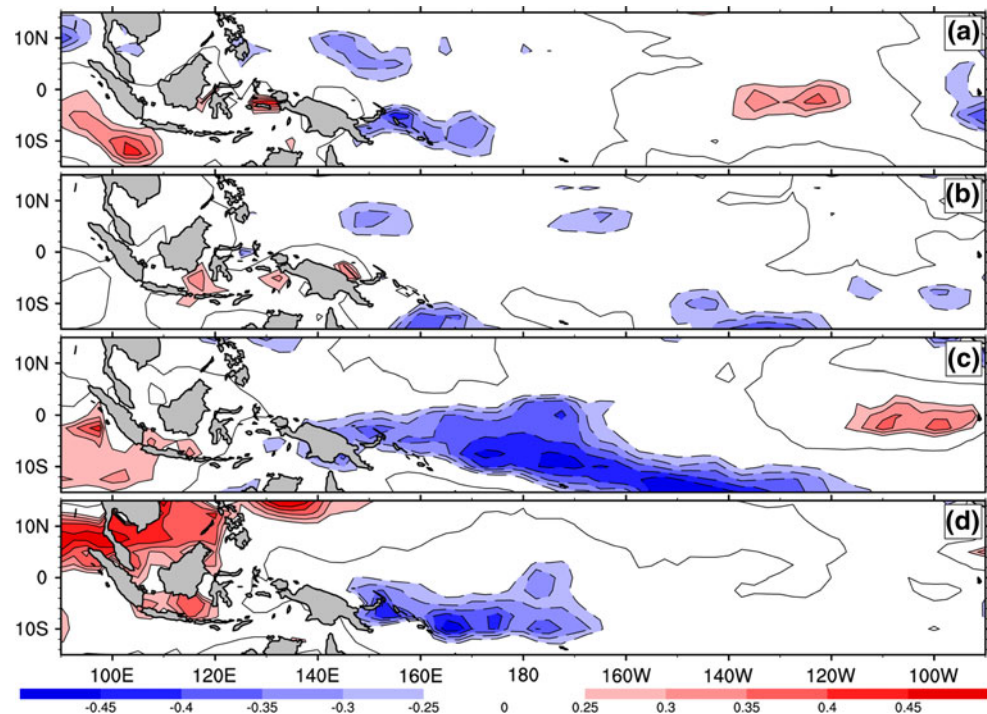
#### 4 Atmospheric circulation associated with North Atlantic SST anomalies

Section 3 has shown that summer North Atlantic SST anomalies are related to SST and surface zonal wind anomalies over the tropical Pacific in the following year. This delayed and teleconnected influence on the tropical Pacific is on the timescales shorter than 14 months, suggesting the importance of atmospheric processes for the linkage. This section analyzes atmospheric circulation

associated with North Atlantic SST changes based on the composite method.

The cold and warm years in the North Atlantic are defined when the standard deviation of the NAI exceeds 0.5. From 1958 to 2001, the summer NAI yields eighteen cold years and thirteen warm years. The eighteen cold years are 1958, 1962, 1963, 1964, 1966, 1968, 1969, 1970, 1971, 1974, 1978, 1981, 1982, 1984, 1985, 1992, 1993, and 1994, while the thirteen warm years are 1960, 1961, 1967, 1977, 1987, 1988, 1989, 1990, 1995, 1998, 1999, 2000, and 2001. Although the summer NAI is negative (positive) in 1963, 1969, and 1994 (1967 and 1990), they are not classified as the cold (warm) years because a La Niña (El Niño) occurs in the subsequent year from Table 1. It is noted that although the summer negative NAI is weak (less than 0.5 standard deviation) in 1975 and 1976 El Niño occurs in the following year, whereas El Niño does not occur in 1974 when the prior summer NAI is with a largest negative value. These indicate that the complex of El Niño onset, which is discussed later. To clearly illustrate the impact of

**Fig. 3** Same as Fig. 2, except for the zonal wind at 10 m during 1958–2001



the North Atlantic on atmospheric circulations in the Pacific, cold-minus-warm composite maps are calculated from the previous year of the El Niño year to the El Niño year, which are respectively denoted by year(−1) and year(0) as in Rasmusson and Carpenter (1982).

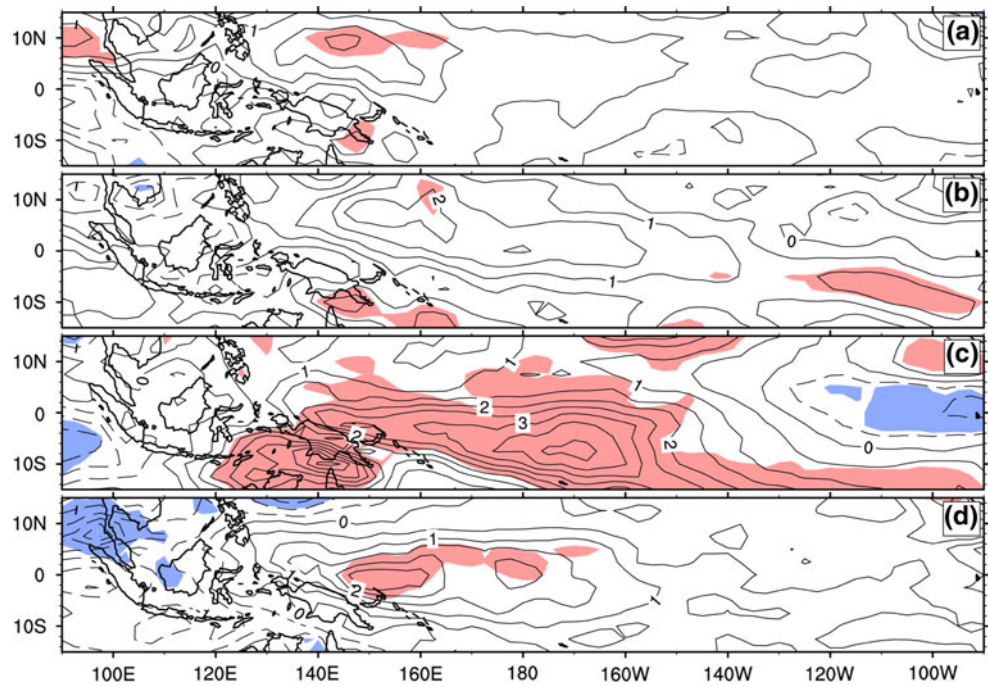
Composite differences of zonal wind at 850-hPa between the cold and warm summer NAI from July(−1) to April(0) are shown in Fig. 4. Consistent with the correlation pattern (Fig. 3), Fig. 4 shows westerly winds in the western Pacific in the following months after a cold North Atlantic in the summer. In particular, strong westerly winds appear in the western Pacific in the subsequent winter and spring (Fig. 4c, d). Therefore, both the correlation and composite analyses suggest that a cold summer North Atlantic can induce westerly wind anomalies over the western-central tropical Pacific in the following winter and spring, which result in eastward propagating Kelvin waves and thus trigger an El Niño in the Pacific.

Atmospheric circulations over East Asia and the western Pacific from July(−1) to April(0) are shown in Fig. 5. Overall, composite of winds features an ENSO western Pacific anomaly pattern before the El Niño onset (Wang et al. 1999; Wang and Weisberg 2000): an equatorial westerly wind anomaly in the tropical western Pacific and the associated off-equatorial cyclonic circulation in the western Pacific. In October(−1), northeasterly winds occur over the northeast of China and northwesterly winds are along the China coast (Fig. 5b). In January(0), the northerly regime shifts southward and the northwesterly system

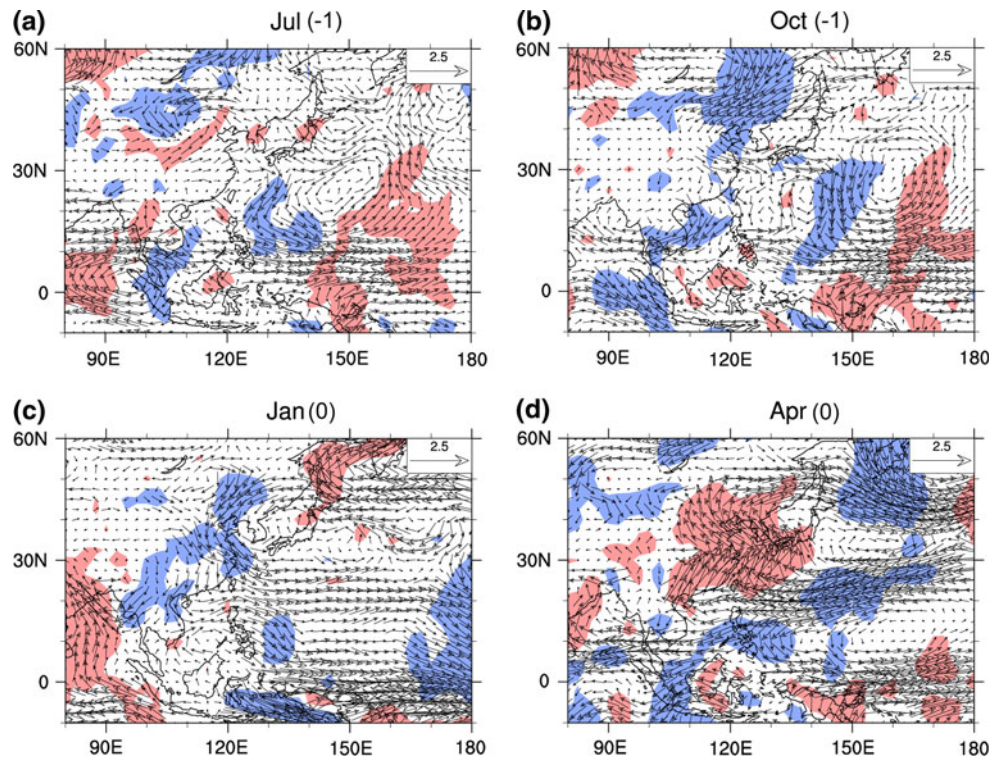
along the China coast strengthens further (Fig. 5c). However, in April(0), southerlies replace northerlies over East Asia (Fig. 5d). It is noted that there are always northerly anomalies in the east of Philippine from the summer prior to the El Niño year to the next spring. In summary, a cold North Atlantic in the summer is associated with equatorial westerly wind anomalies in the western Pacific and northerly wind anomalies over East Asia during the subsequent winter and spring. The equatorial westerly wind anomalies are accompanied with an anomalous cyclone in the off-equatorial western Pacific, and the northerly wind anomalies over East Asia indicate a strengthening of the EAWM.

The strengthening of northerlies over East Asia after a cold summer North Atlantic is further examined by composites of the upper level wind and SLP (Figs. 6, 7). Corresponded to the cold summer North Atlantic is an enhanced jet stream south of Japan in October(−1) and January(0) (Fig. 6b, c). The negative zonal wind anomalies are also located north of the jet. In this situation, the anomalous cyclonic vorticity to the north of the jet stream over East Asia enhances the cyclonic circulation and leads to the development of a trough at the lower level. This development of a trough is associated with northerly anomalies over northeastern Asia as shown in Fig. 5b and c (Jhun and Lee 2004). In April(0), the anomalous circulation reverses, with negative zonal wind anomalies over south of Japan and positive wind anomalies north of the negative wind anomalies. So, the anomalous anticyclonic

**Fig. 4** Composite differences of the zonal wind at 850-hPa between the cold and warm summer NAI for **a** July(-1), **b** October(-1), **c** January(0) and **d** April(0), respectively. Red (Blue) shading denotes regions reaching the 95% confidence level with a positive (negative) value of zonal wind. As in Rasmusson and Carpenter (1982), month prior to the El Niño year and month in the El Niño year are referred to month(-1) and month(0), respectively



**Fig. 5** Same as Fig. 4, except for wind fields at 850-hPa

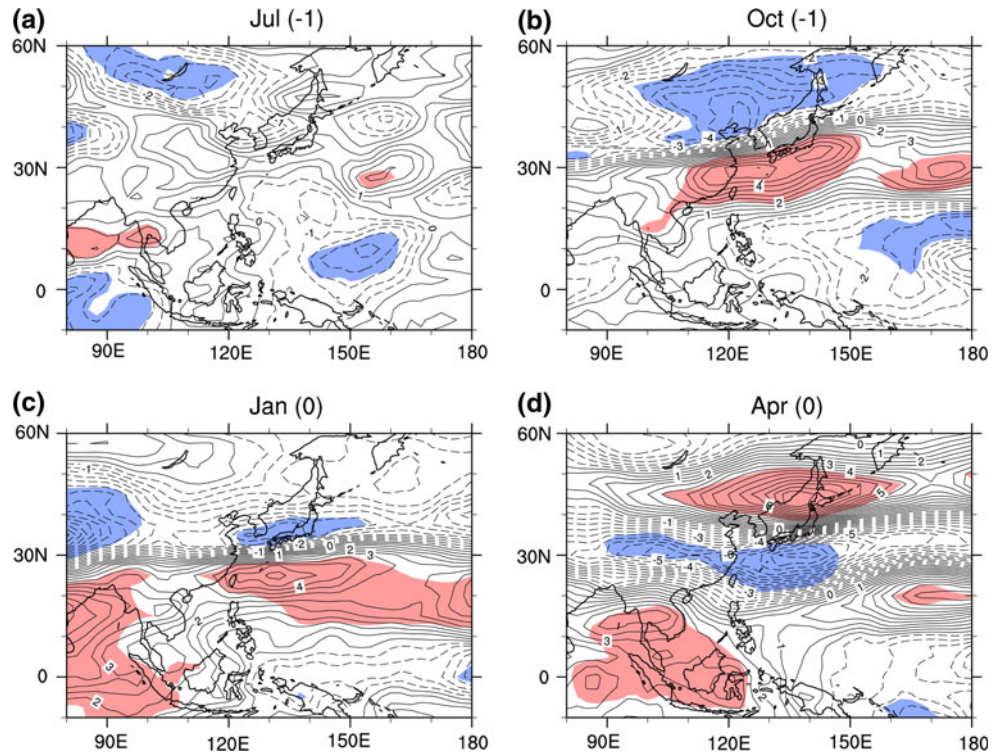


vorticity over the East Asia region is enhanced, and it results in the anomalous anticyclonic circulation and southerlies (Fig. 5d).

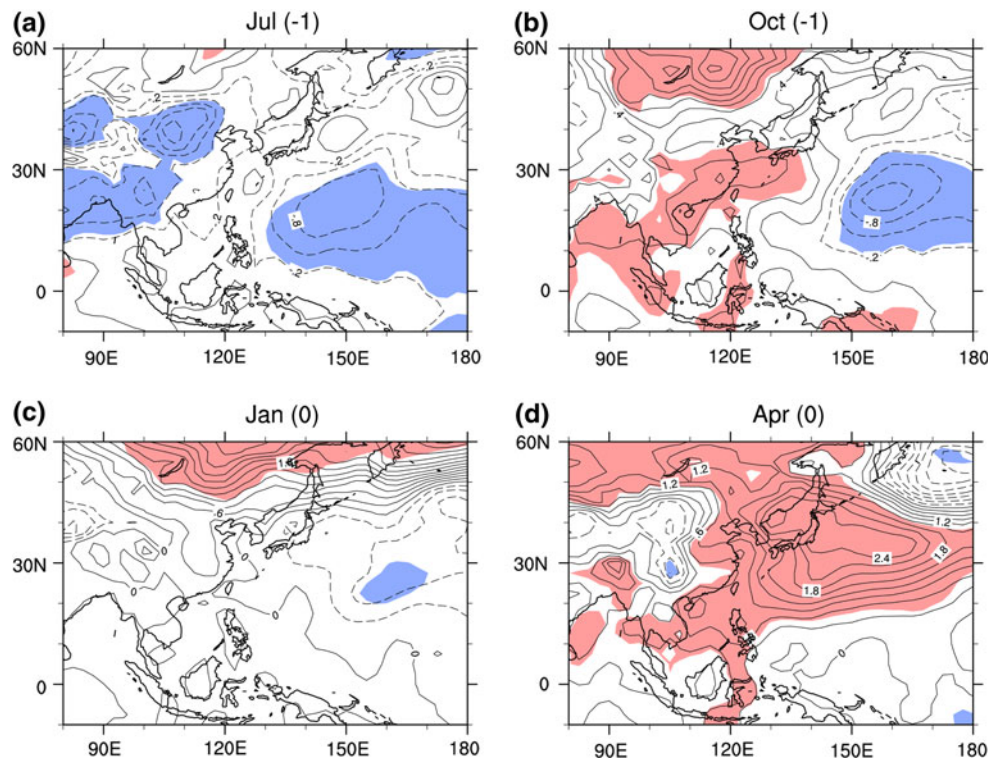
Besides the jet over south of Japan, the northerlies over the East Asia relate closely to the intensity of the Siberian high. Figure 7 shows composite differences of SLP

between the cold and warm summer NAI years. It is found that significantly negative SLP anomalies are located over East Asia and the western Pacific in July(-1) (Fig. 7a). However, significantly positive SLP anomalies maintain over the region of 45°–60°N, 90°–140°E from October(-1) to April(0), indicating that the Siberian high is stronger in

**Fig. 6** Same as Fig. 4, except for zonal wind at 200-hPa



**Fig. 7** Same as Fig. 4, except for SLP



these periods following cold summer North Atlantic SST anomalies (Fig. 7b, c d). Thus, when North Atlantic SST anomalies are cold in the summer, the Siberian high is strengthened in the following autumn, winter and spring.

## 5 A possible physical mechanism

To illustrate how summer cold SST anomalies in the North Atlantic result in a stronger EAWM, cold-minus-warm

composite maps of geopotential height at 700-hPa on the Northern Hemisphere from July(−1) to April(0) are shown in Fig. 8. The left column of Fig. 8 shows that two centers with significantly positive geopotential height anomalies are located near England/Denmark and near Lake Baikal. The positive geopotential height near Lake Baikal indicates that the Siberian high is enhanced from October(−1) to April(0), and thus the EAWM is strengthened, agreeing with the results of Fig. 7. On the other hand, geopotential height anomalies exhibit two negative centers over the North Atlantic and north or northeast of the Caspian Sea.

The East Atlantic/West Russia (EA/WR) teleconnection pattern (Barnston and Livezey 1987) is shown in the right column of Fig. 8. To some degrees, cold-minus-warm composite patterns of the geopotential height anomalies at 700-hPa (the left column of Fig. 8) are similar to the EA/WR teleconnection patterns. The pattern correlation coefficients, which measure the spatial correlations between the left and right column fields, are 0.51, 0.63, 0.54, and 0.36 with a sample size up to a total number of grids north of 20°N (all exceeding the 95% confidence level). In addition, correlation between the monthly NAI and the EA/WR index from 1950 to 2003 is −0.17 exceeding the 95% confidence level, suggesting that North Atlantic SST anomalies are associated with the EA/WR teleconnection. The EA/WR teleconnection is also associated with zonal wind anomalies over the tropical Pacific. The EA/WR teleconnection shows significant correlation with low-level zonal wind anomalies over the western and central tropical Pacific, especially in the boreal winter and spring (Fig. 9). When the EA/WR teleconnection is on positive phase in DJF and MAM, low-level westerlies tend to develop over the western and central tropical Pacific. The correlation patterns between the EA/WR teleconnection and zonal wind anomalies over the tropical Pacific in DJF and MAM (Fig. 9c, d) are similar to cold-minus-warm composite difference patterns in Fig. 4c and d, indicating the important role of the EA/WR teleconnection connecting northern Atlantic SST anomalies and westerlies over the western tropical Pacific. Therefore, it is possible that the impact of cold North Atlantic SST anomalies on East Asia is conveyed through Eurasia via the EA/WR teleconnection pattern. The teleconnected effect is to strengthen the intensity of the Siberian high during July(−1) to April(0), leading to the stronger EAWM over East Asia. The stronger EAWM excites westerly wind over the western tropical Pacific, and thus initiates El Niño.

The centers of the EA/WR teleconnection pattern are associated with the planetary Rossby wave energy propagation. Since mid-latitude westerlies act as a Rossby waveguide (Hoskins and Ambrizzi 1993), the wave energy propagates along the westerlies eastward to East Asia. This process can be properly presented by examining the wave

activity flux, which is useful to identify the three-dimensional propagation and source of stationary wave activity (Plumb 1985). In this study, the wave activity flux evaluated from composite of the cold summer NAI years is analyzed during July(−1) to April(0). The wave activity flux,  $F_s$ , is given as (Plumb 1985):

$$F_s = p \cos \varphi \left( \begin{array}{l} v'^2 - \frac{1}{2\Omega a \sin 2\varphi} \frac{\partial(v'\Phi')}{\partial\lambda} \\ -u'v' + \frac{1}{2\Omega a \sin 2\varphi} \frac{\partial(u'\Phi')}{\partial\lambda} \\ \frac{2\Omega \sin \varphi}{S} \left[ v'T' - \frac{1}{2\Omega a \sin 2\varphi} \frac{\partial(T'\Phi')}{\partial\lambda} \right] \end{array} \right)$$

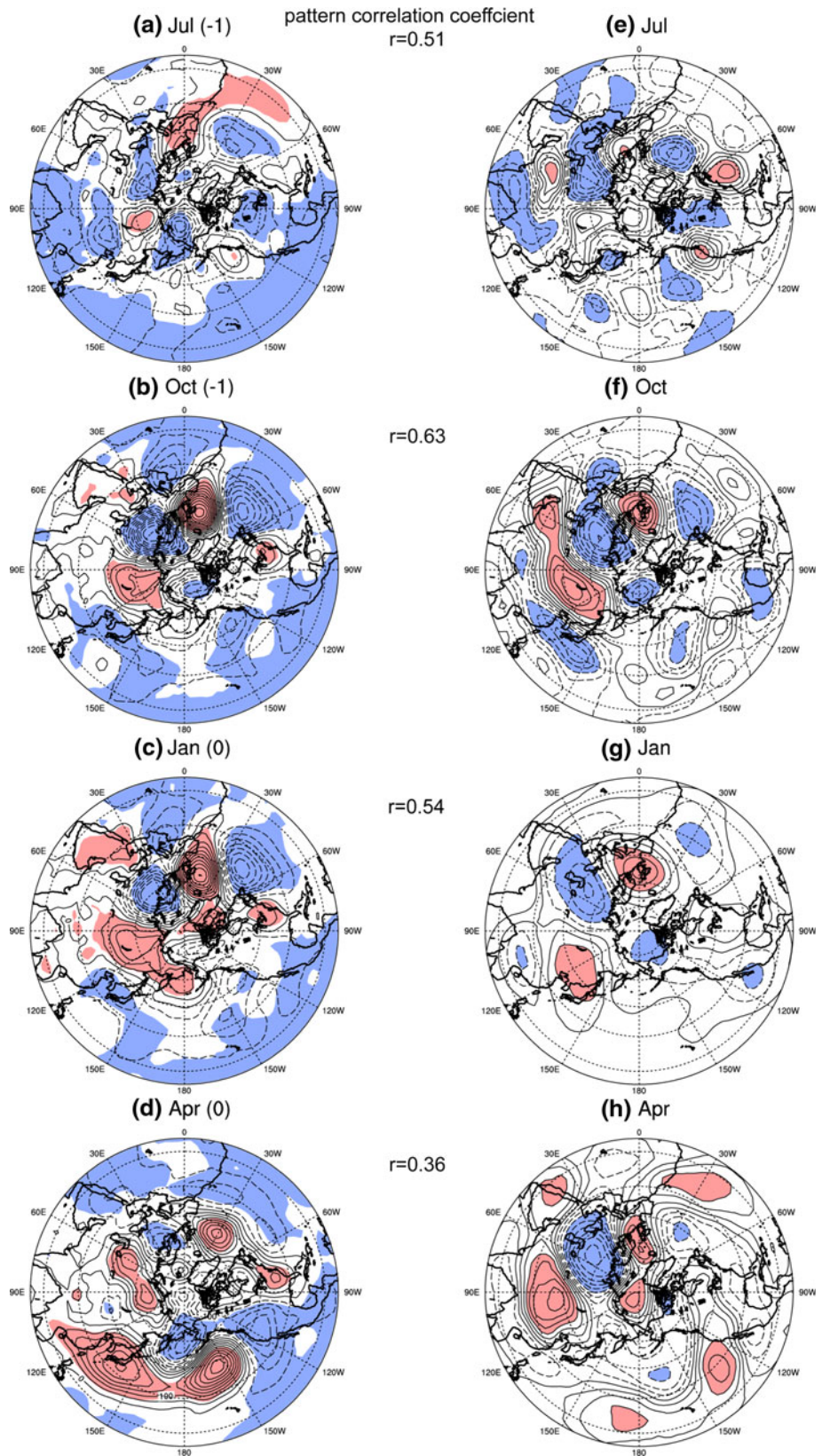
where  $S = \frac{\partial \hat{T}}{\partial z} + \frac{\kappa \hat{T}}{H}$  is the static stability; the caret indicates an areal average over the area north of 20°N;  $p$  is the pressure;  $a$  is the radius of the earth;  $\varphi$  and  $\lambda$  are latitude and longitude;  $\Phi$  is geopotential height and  $\Omega$  is the Earth's rotation rate. The prime denotes deviation from the zonal mean.

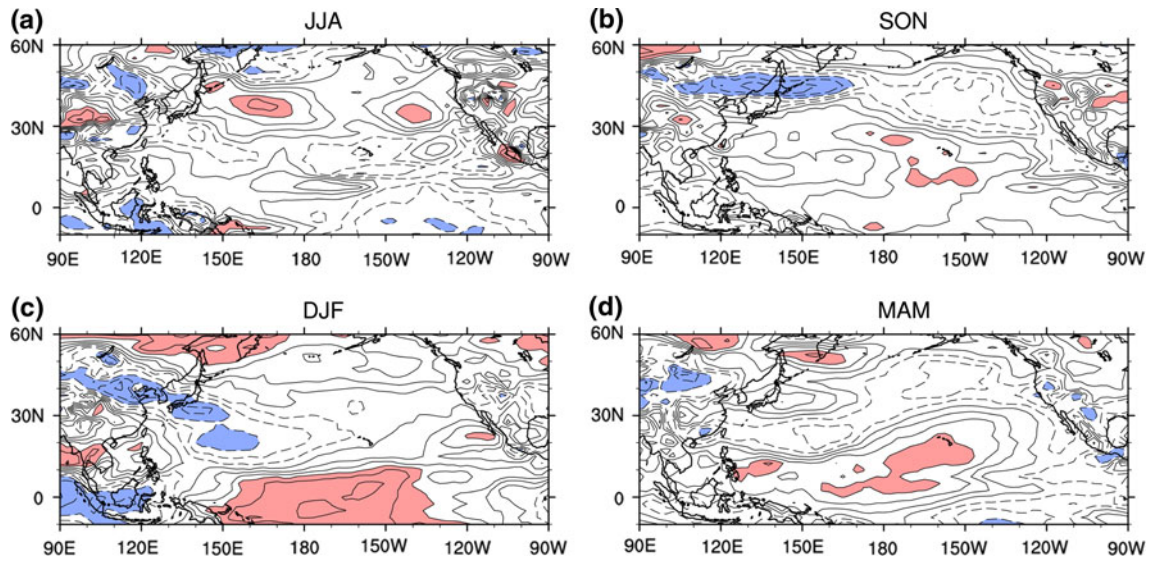
Figure 10 shows horizontal wave activities at 700-hPa from July(−1) to April(0). Two wavetrains spreading eastward across the North Atlantic and the mid-latitude region of East Asia (60°–150°E) are seen in October(−1), January(0) and April(0). The wavetrain also appears over the eastern North Pacific and western North America in October(−1) and January(0). It is well known that the wave activity flux divergence and convergence indicate dissipation and accumulation of wave energy, which may contribute to the formation of cyclonic and anticyclonic circulations. Many studies indicated that a convergent wave activity flux associated with an incoming stationary Rossby wavetrain is of primary importance in the formation of a blocking anticyclone (e.g., Nakamura 1994; Nakamura et al. 1997). Figure 10 shows a southeastward wave activity flux over the North Atlantic from October(−1) to April(0). This flux is divergent in the western North Atlantic and thus can form a negative geopotential height anomaly centre as shown in Fig. 8b, c and d. Figure 10 also shows that the eastward wave activity flux is convergent over northeastern Asia, especially over the region around Lake Baikal, and thus enhances the positive geopotential height anomalies over the Siberian, as shown in Fig. 8b, c and d.

A latitude-height cross-section at 30°W shows vertical propagating of the anomalous wave energy (Fig. 11). In July(−1), wave activity propagates downward over the North Atlantic (40°–60°N) at a lower level, whereas wave activity propagates upward from 30° to 40°N (Fig. 11a). In the following months especially in October(−1) to January(0), the anomalous wave energy propagates upward into 200-hPa around the North Atlantic, indicating the



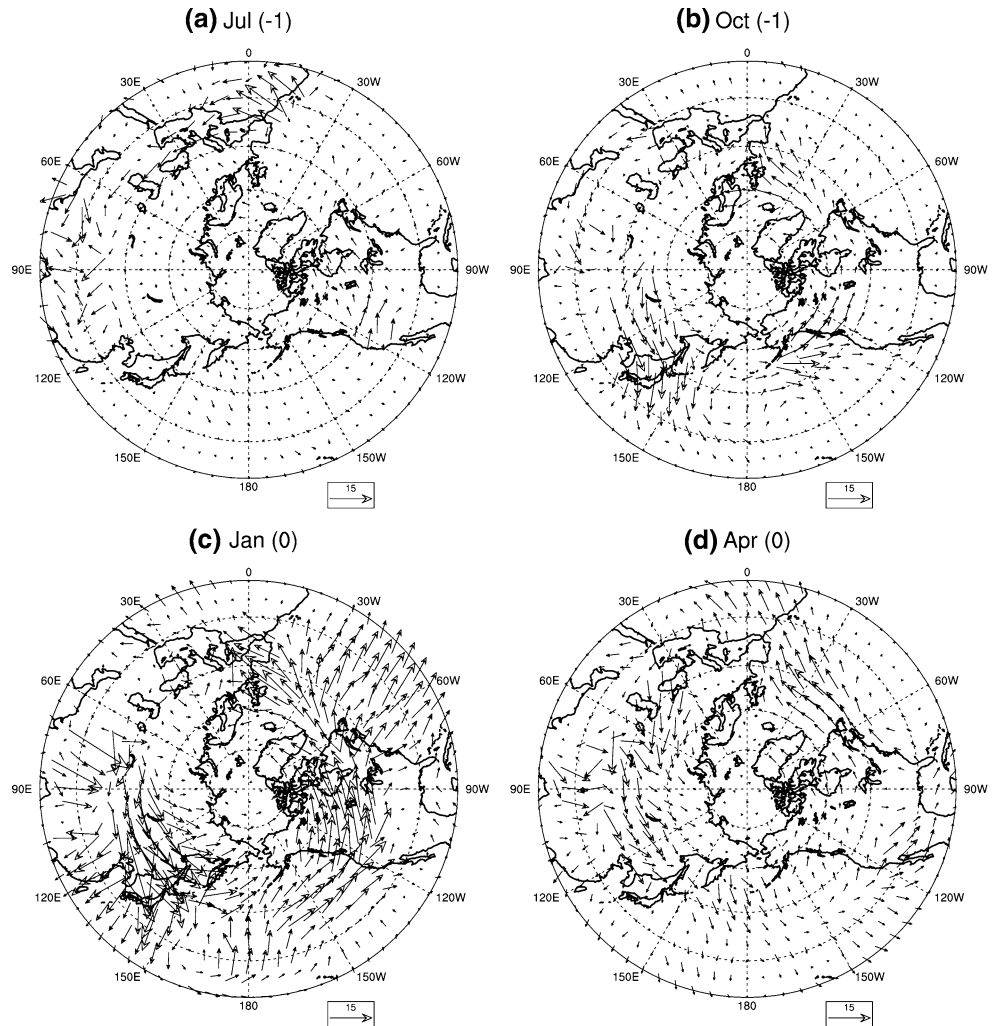
**Fig. 8** The *left column* is the composite difference of the geopotential height at 700-hPa between the cold and warm summer NAI in **a** July(-1), **b** October(-1), **c** January(0) and **d** April(0). The *right column* is the linear regression coefficients between grid-point geopotential height at 700-hPa and the EA/WR index. *Shading* denotes regions reaching the 95% confidence level



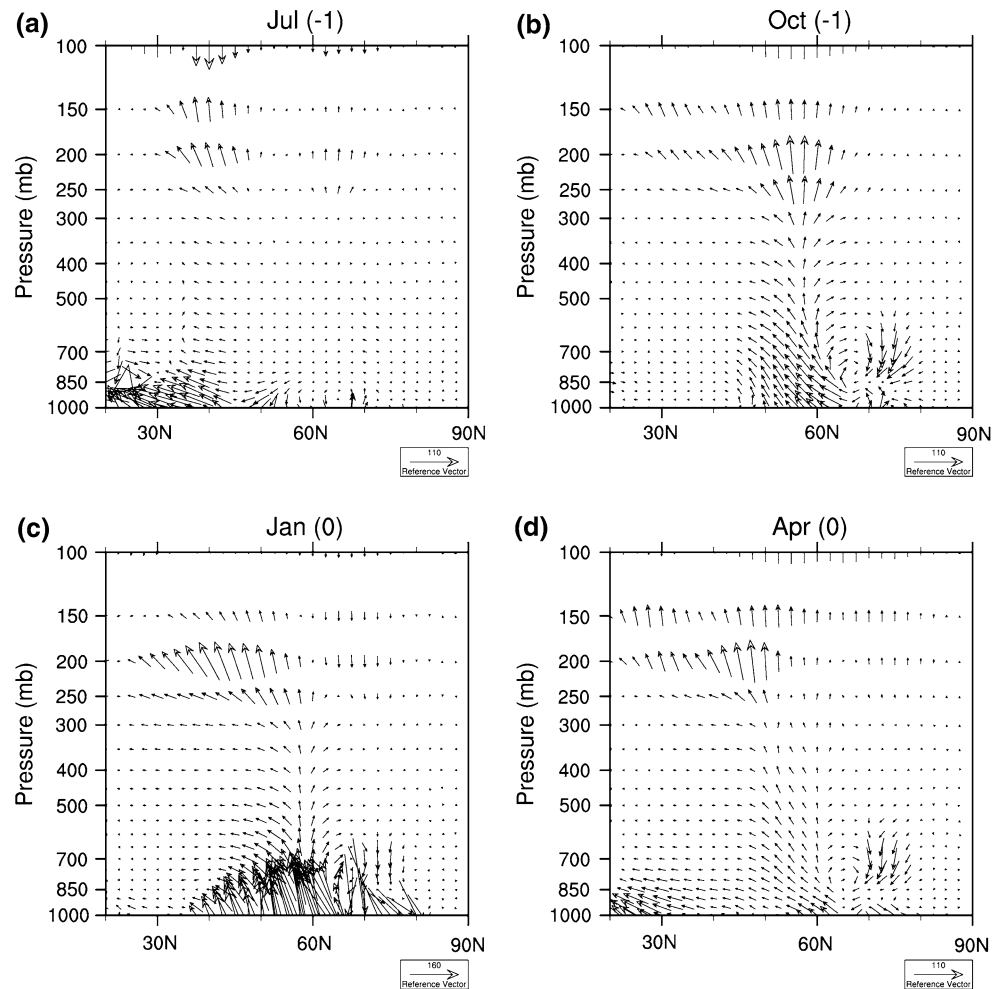


**Fig. 9** Linear correlation coefficients between grid-point zonal wind at 850-hPa and the EA/WR index. *Shading* denotes regions reaching the 95% confidence level

**Fig. 10** The composite wave-activity flux (units  $m^2/s^2$ ) for the cold summer NAI at 700-hPa in **a** July(-1), **b** October(-1), **c** January(0) and **d** April(0)



**Fig. 11** Composite of wave-activity flux (units  $\text{m}^2/\text{s}^2$ ) for the cold summer NAI in meridional-vertical section along 30°W in **a** July(-1), **b** October(-1), **c** January(0) and **d** April(0). The vertical component of wave activity flux is arbitrarily enlarged before plotting. The wave-activity flux has been interpolated vertically



conversion of the available potential energy from the mean flow to the disturbances (Fig. 11b, c, d). Given that stationary planetary waves in the troposphere are forced by the topographic and diabatic heating (Plumb 1985), SST changes in the North Atlantic may be responsible for the overlying atmospheric anomalous circulations.

The dynamical mechanism linking North Atlantic SST anomalies and atmospheric circulation over Siberia can be summarized as follows. In response to cold North Atlantic SST anomalies, a local atmospheric cyclonic anomaly is formed. In turn, the planetary stationary waves with two distinct wavetrains develop across the North Atlantic, extending over the northeastern Asia from October(-1) to April(0). The wave activity flux is converged over the region around Lake Baikal, and the anticyclonic circulation anomaly is superimposed on the climatological condition over the Siberian region, which enhances the Siberian high. The strengthened Siberian high then enhances the EAWM and affects equatorial wind in the western Pacific and then El Niño.

## 6 Summary and discussion

### 6.1 Summary

The present paper uses observational data to investigate possible influences of North Atlantic SST anomalies on tropical Pacific SST anomalies. It is found that the influence depends on the season. North Atlantic SST anomalies in the boreal summer and winter are negatively related to central-eastern tropical Pacific SST anomalies during the subsequent 5–13 months. In particular, if the North Atlantic is cold in the summer, an El Niño event tends to be initiated in the subsequent spring and summer.

This study also identifies a physical mechanism whereby cold summer North Atlantic SST anomalies influence the El Niño onset in the ensuing year. Composite calculations show that summer cold North Atlantic SST anomalies induce the atmospheric circulation pattern in the Northern Hemisphere that resembles the positive EA/WR teleconnection pattern. Through this teleconnection, the Siberian

high enhances and the EAWM strengthens. These are associated with an off-equatorial cyclone in the western Pacific in the subsequent spring which causes equatorial westerly wind anomalies over the western Pacific acting to trigger an El Niño.

The EA/WR teleconnection pattern is related to the planetary Rossby wave energy propagation. When North Atlantic SST is anomalously cold from July(−1) to April(0), the wavetrain forced by SST-induced heating over the midlatitude Atlantic appears in October(−1), and persists to April (0). The wave activity flux over the North Atlantic is divergent, and a negative geopotential height anomaly centre forms over there at the low-level troposphere. Because the westerlies at the mid-latitude act as a waveguide, the wavetrain associated with cold North Atlantic SST anomalies develops over northeastern Asia from October(−1) to April(0). The convergence of eastward wave activity flux east of Lake Baikal generates positive geopotential height anomalies and the Siberian high is thus intensified. Since the Siberian high is strengthened from October(−1) to April(0), and the northerlies over East Asia are enhanced. The anomalous northerlies can bring cold and dry advection from the Asian continent to the western tropical Pacific. The process is associated with the ENSO western Pacific anomaly pattern with an off-equatorial cyclonic circulation in the western Pacific (Weisberg and Wang 1997b; Wang et al. 1999; Wang and Weisberg 2000). The off-equatorial cyclone induces equatorial westerly winds in the western tropical Pacific, which is in favor of an El Niño onset.

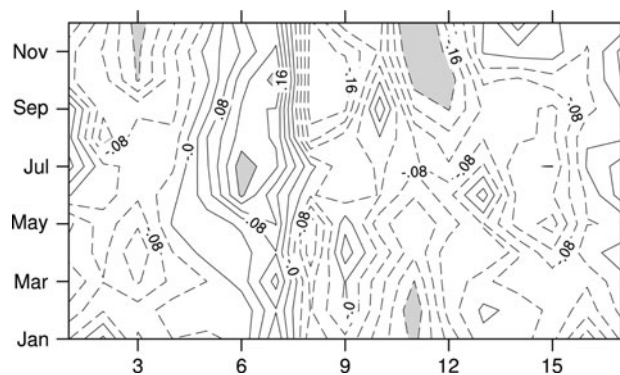
It is noted that Indian Ocean variability can also influence zonal wind anomalies over the western Pacific (e.g., Kug et al. 2005; Kug and Kang 2006; Xie et al. 2002; Misra 2004; Annamalai et al. 2005; Xie et al. 2009). These previous studies have shown that a cooling (warming) in the Indian Ocean tends to be co-varied with westerly (easterly) wind anomalies over the western Pacific through the Walker circulation changes, and thus impacts ENSO variability. The relative roles of North Atlantic and tropical Indian Ocean SST anomalies in the generation of zonal wind anomalies in the western Pacific need to be further studied.

## 6.2 Discussion

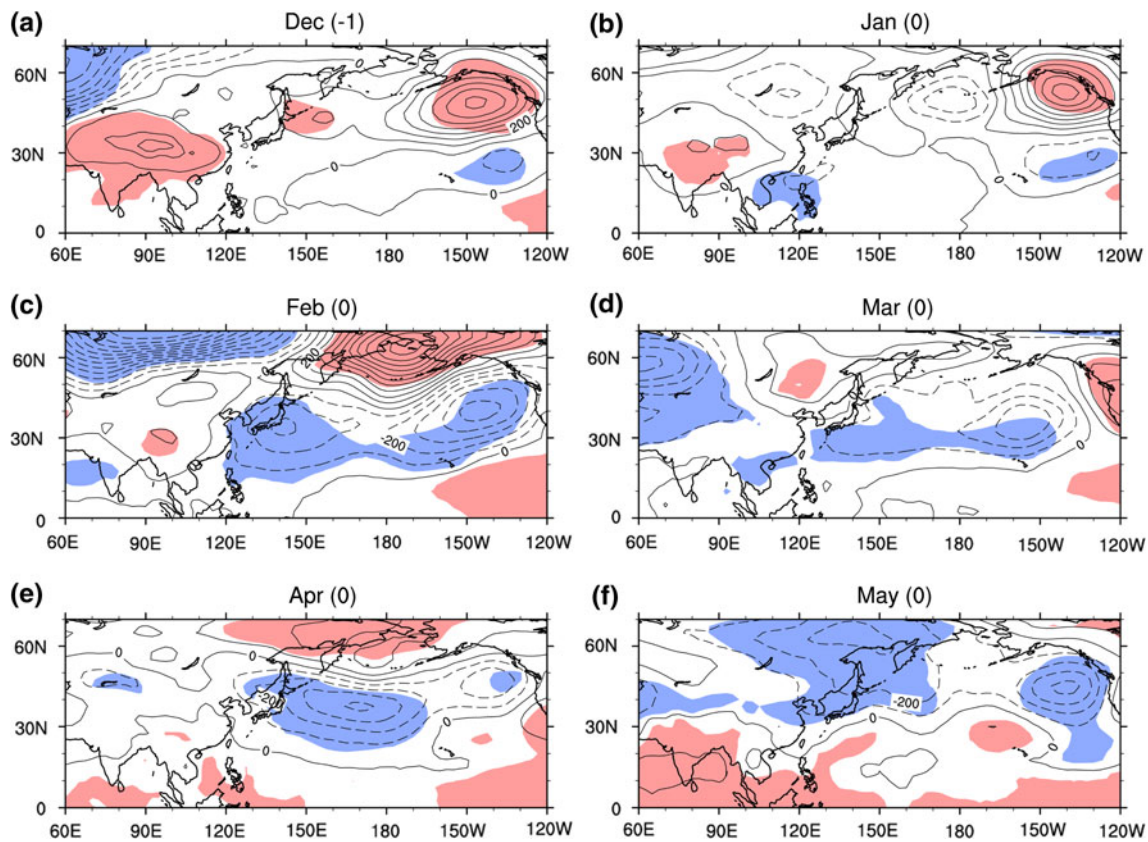
When North Atlantic SST anomalies are cold in the summer, an El Niño onset tends to occur in the subsequent year in the tropical Pacific. However, we have to keep in mind that this does not always happen. For example, the summer NAI in 1968, 1974, and 1982 is colder than that in the other year, but El Niño does not appear in the these subsequent years. This indicates that an El Niño onset is also influenced by other factors such local ocean–atmosphere interaction processes in the tropical Pacific.

Our analyses have shown that the EAWM is a key factor linking cold North Atlantic SST and the El Niño onset. Although interannual variability of the EAWM depends largely on variability of the Siberian high, the Aleutian low is another climate factor critically impacting the EAWM (Jhun and Lee 2004; Zhou et al. 2007a). However, Fig. 8 shows that there are no significant geopotential height anomalies over the mid-latitude North Pacific except for April(0), indicating that variations of the Aleutian low are independent of the teleconnection induced by North Atlantic SST anomalies. Figure 12 confirms this by showing that the boreal summer NAI relates poorly to the following Aleutian low.

To illustrate the influence of the Aleutian low, geopotential height composites of El Niño minus no El Niño during the preceding summer NAI are shown in Fig. 13. Except in February(0) and May(0), the signals are not significant around the Siberian region, indicating that the differences of the Siberian high are not evident. However, significant geopotential height anomalies appear over the North Pacific. The centre of positive anomalies is located over the eastern North Pacific in December(−1), and then shifts eastward in January(0). The negative anomalies over the North Pacific are significant and persist from February(0) to May(0), indicating that the Aleutian low is stronger in the El Niño year than that without El Niño. That is to say, when the preceding summer NAI is cold, an El Niño tends to occur in the next spring if the Aleutian low in the winter and next spring is stronger. Therefore, in view of the impact of the Aleutian low on the northerlies over East Asia, the Aleutian low may modulate the influences of cold



**Fig. 12** Lagged correlation coefficients between the NAI and North Pacific Index (NPI) during 1899–2003. The X axis denotes months by which the NPI is lagged the NAI. Shaded areas represent the correlation exceeding the 95% confidence level. The NPI provides a measure of the intensity of the winter Aleutian Low. The NPI is an area-weighted average of the monthly SLP over the region 30°–65°N, 160°E–140°W (Trenberth and Hurrell 1994). The monthly NPI (Jan 1899–Dec 2003) is available at <http://www.cgd.ucar.edu/cas/jhurrell/indices.data.html#npmon>



**Fig. 13** Composite difference of the geopotential height at 700-hPa between El Niño and no El Niño occurrence for the summer with a NAI lower than  $-0.5$  standard deviation in **a** December(-1),

**b** January(0), **c** February(0), **d** March(0), **e** April(0), and **f** May(0). Red/Blue shading denotes regions of difference at the 95% confidence level with positive/negative values of the geopotential height

summer North Atlantic SST anomalies on El Niño onset. This issue will be pursued in future research.

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