

**THE EDUCATION UNIVERSITY OF HONG KONG
FACULTY OF EDUCATION AND HUMAN DEVELOPMENT**

**PSY2050 - Basic Psychology for Educators: Useful Concepts from Educational
and Positive Psychology**

Offering Department:	Psychology
Credit Units:	3
Course Duration:	One Semester
Medium of Instruction:	English
Pre-requisite(s):	Nil
Course Offering Semester*:	Semester I

** The offering semester is subject to change without prior notice*

Synopsis:

Psychology is a scientific study of human behaviors, thoughts, and feelings. This introductory course provides basic knowledge of the major psychological perspectives in understanding human functioning. The relevance of educational psychology and positive psychology to daily life experience such as personal strength and psychological well-being will be highlighted. Attention will also be given to the appropriate application of psychological theories, especially in the educational setting, developmental research, and data drawn from the West within the Hong Kong context. This course will be of considerable applied value to educators and those in allied fields.

Course Content:

<u>What is Psychology?</u> (history, related disciplines and professions, relations between psychology and professional excellence in educational setting)
<u>Research Methods</u> (Basic research ethics)
<u>Social Psychology</u> (conformity, obedience, bystander effect, social loafing, group polarization, attitude change, applying social psychology to understanding and preventing bullying in the school context)
<u>Childhood and Adolescence</u>

(Piaget’s cognitive development, Erikson’s psychosocial development, theories on moral development, child abuse)
<u>Cognition, Consciousness, & Memory</u> (mental imagery, problem solving and decision making, creativity, language; information processing model, short-term and long-term memory, forgetting, states of consciousness, sleep pattern)
<u>Learning</u> (classical conditioning, operant conditioning, observational learning)
<u>Motivation and Personality</u> (theories of motivation, e.g., drive theories and incentive theories, applying motivation theories in the classroom; personality theories, including trait, psychodynamic, behavioral and humanistic theories, personality inventories and projective tests)
<u>Biological Basis of Human Emotions and Behaviors</u> (nervous systems and brain functions, emotional competence, emotional intelligence, self-awareness, social competence, emotional control and adaptation)
<u>Health and Psychological Well-being</u> (happiness, stress, child abuse, coping strategies, life satisfaction, self-determination, and psychological disorders)
<u>Positive Relationship and Communication</u> (unconditional positive regard, empathy, genuineness, altruism, gratitude, forgiveness, constructive feedback)
<u>Strength-based Perspective to Development</u> (hope theory, optimism, and strength-based guidance programs)

Assessment (*Indicative only*):

Tasks	Weighting
Individual presentation	25%
Individual Assignment	55%
Class Assignments	20%

Detailed Course Outline:

https://uedhk-my.sharepoint.com/:b:/q/personal/fehd_eduhk_hk/EZknm83bpKFNpQxerzHmHV0BeuW1Ovj231YHirwll1OY5w?e=x72na6