

**THE EDUCATION UNIVERSITY OF HONG KONG  
FACULTY OF EDUCATION AND HUMAN DEVELOPMENT**

**PSY2050 - Basic Psychology for Educators: Useful Concepts from Educational  
and Positive Psychology<sup>^</sup>**

Offering Department:	Psychological Studies
Credit Units:	3
Course Duration:	One Semester
Medium of Instruction:	English
Pre-requisite(s):	Nil
Course Offering Semester*:	Semester A, 2021/22

<sup>^</sup>Previously known as PSY2012 - Basic Principles of Psychology for Educators

\* The offering semester is subject to change without prior notice

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**Synopsis:**

Psychology is a scientific study of human behaviors, thoughts, and feelings. This introductory course provides the basic knowledge of the major psychological perspectives in understanding human functioning. The relevance of concepts about educational psychology and positive psychology to daily life experience will be highlighted. Attention will also be given to the appropriate application of psychological theories, developmental research, and data drawn from the West within the Hong Kong context. This course will be of considerable applied value to educators and those in allied fields.

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**Course Content:**

<u>What is Psychology and Positive Psychology?</u> (history, related disciplines and professions)
<u>Research Methods</u> (correlational and experimental research, research ethics)
<u>Social Psychology</u> (conformity, obedience, bystander effect, social loafing, group polarization, attitude change, person perception, attribution)
<u>Childhood and Adolescence</u> (Piaget's cognitive development, Erikson's psychosocial development, theories of physical and psychological aging)

<p><u>Cognition &amp; Memory</u> (mental imagery, problem solving and decision making, creativity, language; information processing model, short-term and long-term memory, forgetting)</p>
<p><u>Learning</u> (classical conditioning, operant conditioning, observational learning)</p>
<p><u>Motivation and Personality</u> (theories of motivation, e.g., drive theories and incentive theories; personality theories, including trait, psychodynamic, behavioral and humanistic theories, personality inventories and projective tests)</p>
<p><u>Biological Basis of Human Emotions and Behaviors</u> (nervous systems and brain functions, emotional competence, emotional intelligence, self-awareness, social competence, emotional control and adaptation)</p>
<p><u>Health and Psychological Well-being</u> (happiness, stress, coping strategies, life satisfaction, self-determination, and psychological disorders)</p>
<p><u>Positive Relationship and Communication</u> (unconditional positive regard, empathy, genuineness, altruism, gratitude, forgiveness, constructive feedback)</p>
<p><u>Strength-based Perspective to Development</u> (Ecological systems theories, hope theory, optimism, and strength-based guidance programs)</p>

**Assessment (*Indicative only*):**

Tasks	Weighting
Mid-term Quiz	40%
Individual Assignment	30%
Class Assignments	30%

**Detailed Course Outline:**

[http://www.eduhk.hk/fehd\\_prog/view.php?secid=5803](http://www.eduhk.hk/fehd_prog/view.php?secid=5803)