

Living & Learning in Halls *2010-11*



A collection of articles on student residents' learning experiences and the roles of residential life education

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Acknowledgements

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Message from the Vice-President (Student Affairs)

Welcome to the fourth edition of the Student Residence Office's publication *Living and Learning in Halls*. This is a collection of articles in which student residents share their learning experiences and views on how residential life has affected them. It presents their reflections on their exciting and meaningful engagement in living and learning in a multi-cultural community.

The first section of the book, *"Building Community & Developing Leadership"*, showcases how our residence tutors, members of residents' associations, floor representatives and residence life assistants perceive their experiences in terms of teamwork and leadership for a stronger community. This section also highlights the important sustainability measures we are taking to help create a more sustainable future.

The section on *"Appreciating Diversity"* reveals how students from different backgrounds are engaged in a multi-cultural hot-pot within which they learn to appreciate the diverse and inclusive nature of our community. This is expressed both through the multicultural activities that students organise and the diverse yet integrated perspectives they express.

It is heartening to learn from the section on *"Succeeding in Your Study"* that, beyond classrooms, our hall scholarship recipients and residence life assistants have enjoyed rich learning opportunities and applied their professional knowledge to their roles in the Student Residence. It is also encouraging to see that our Student Residence offers a platform for enhancing students' intellectual growth through roundtable discussion and career preparation workshops.

As a microcosm of our society, our Student Residence also offers opportunities for *"Learning to Serve"* by engaging in service learning programmes and organising fund-raising events to help people in need. In the final section, students reflect on the importance of citizenship at university, community and global levels.

I would like to thank and congratulate all the students who contributed articles about their learning experiences as well as the student graduate for the book's excellent design. I would also like to take this opportunity to thank all students, staff in the Student Residence Office and Residence Masters for their contributions to making our students' living and learning experiences so unique. I hope this book will inspire us to continue to build a dynamic living and learning community, embrace the essence of diversity, enhance intellectual growth, and outreach to the wider society.

Paul K S Lam
Vice-President (Student Affairs)
City University of Hong Kong

**1 Jockey Club Humanity Hall
賽馬會敬賢堂 (Hall 1)**
Dr. Elaine AU
Associate Professor
Department of Applied Social Studies

**2 HSBC Prosperity Hall
滙豐業昕堂 (Hall 2)**
Dr. Kevin DOWNING
Senior Coordinator
Academic Planning and
Quality Assurance
Office of Provost

**3 Alumni Civility Hall
校友樂禮堂 (Hall 3)**
Dr. CHEUNG Chor-yung
Senior Teaching Fellow
Department of Public and Social
Administration
Dean of Students

**4 Jockey Club Academy Hall
賽馬會群智堂 (Hall 4)**
Mrs. Peggy WONG
Secretary to Management Board

**5 Chan Sui Kau Hall
陳瑞球堂 (Hall 5)**
Mrs. Bonny IP
Senior Lecturer
Social and Human Sciences
School of Continuing and
Professional Education



**6 Lee Shau Kee Hall
李兆基堂 (Hall 6)**
Mr. Alex THAM
Teaching Fellow
Department of Marketing

**7 Jockey Club Harmony Hall
賽馬會群萃堂 (Hall 7)**
Prof. Matthew LEE
Associate Dean and Chair Professor of
Information Systems and E-commerce
College of Business
Director of Communications and Public
Relations

**8 Hall 8 and Jockey Club House
第八座及馬會樓 (Hall 8)**
Dr. Mike YAO
Assistant Professor
Department of Media and
Communication

**9 Hall 9
第九座**
Ms. Alisa KWAN
Senior Teaching Fellow
School of Law



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④ Mr. Derek KWAN
⑤ Mr. Karson WONG

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⑫ Mr. Jacky CHAN
⑬ Miss Doris CHAN
⑭ Miss Susanna NG



Building **Community** &
Developing **Leadership**

CHAN Ka Wai, Calvin
BBA Finance, Year 3
HSBC Prosperity Hall
Event Coordinator, Hall Tours of CityU Information Day 2010
October 2010

Hall Tours

on CityU Information Day 2010



It was my very first time to organise a big event for SRO. I worked as an event coordinator for the guided hall tours during CityU Information Day 2010 on 9 October 2010. Although I had had opportunities to organise hall activities when I was the Financial Secretary of the Residents' Association of HSBC Prosperity Hall, I was a bit nervous when I first received the invitation from SRO, because I was going to represent the whole Student Residence in promoting our beautiful residence community to thousands of secondary school students. Nevertheless, after the first meeting with Chung, my Event Coordinator partner, and SRO officers, I was confident that I could manage the job well.

The experience I acquired in this event benefitted me a lot in terms of co-operation and planning skills.

I worked very closely with Chung, my working partner. I was responsible mainly for overseeing frontline promotion and monitoring the number of visitors queuing up for the shuttle bus for the hall tour, so that Chung could focus on coordinating the student hosts at the Student Residence base.

We enjoyed a lot of freedom in working out the hall tour route, developing promotion strategies and compiling a duty roster for a team of 18 student hosts, while SRO officers took care of the provision of shuttle bus and promotion materials. I was glad to see that the specialisation and job rotation arrangements among the student hosts, which were planned by Chung and myself, turned out to be very effective in making a smooth visit

route and reducing our student hosts' workload.

Together with the 18 student hosts, we felt thrilled to show our Student Residence to 1,100 visitors (who were mostly F.6 or F.7 students) and running 127 hall tours on Information Day. We all felt so closely tied with CityU and the Student Residence.

I wish to say a big thank you to Chung, who is an experienced event coordinator and helped me a lot in the event preparation. I am also grateful to other student hosts for their hard work and dedication in introducing the Student Residence and hall life to the visitors. I was able to enrich my organisation experience because of the opportunity given by SRO. This valuable experience is a great asset that I cannot acquire from textbooks.





退朝之百感

或許是因為今年是最後一年住在宿舍，又或是因獲邀作首席嘉賓，要跟宿生們分享住宿的樂與怒，本學年的第二次高桌晚宴，亦即自己前赴的第十次，對我來說是既興奮、又害怕。從來嘉賓都只會是名人，所以在獲邀時我自己也不知道是甚麼回事。只覺得宿舍需要自己，而自己又有能力付時，就應給力。

結果我在台上給司儀大玩一番後，得到一份厚禮：一個水晶座，上面刻著「終身成就獎—何啟邦叔叔」。我比較感興趣的是最後兩個字—「叔叔」。將第二個字看成「宿」，「叔宿」就似是人與宿舍結為一體。當然這不是指最膚淺的意思—邦叔橫行無忌，而是另一個更深層的想法。

中國人說天人合一，說人與大自然需要協調一致。「叔宿」正似人宿合一，宿生若果為宿舍付出，宿舍一定會更好，相反若作惡意破壞、違反規則，再好的文化設施環境都會被吞噬，之後宿舍的形象變得負面，學生不想入住，惡性循環。

因此我每天回宿時都會在地下走一圈，偶爾看到同學不把大交誼室清理好，用過跑步機以後不把它關掉，我都會感到不開心，心想：究竟宿生如何看宿

舍呢？毫無感情嗎？對宿舍環境不留戀嗎？我並不是逼迫宿生一定要將宿舍放在重要的位置，但我想的是大家都會做好自己本份。宿舍導師、宿生會評議員、宿生會幹事會、宿生都有自己在宿舍的角色。做好自己，宿舍一定會更美好。

離別在即，心有憂傷，但情到深時必有說不清，只好一聯作結，但願賽馬會群智堂：

展智雄獅，各安自我本份；
樂群賢士，均顯個人特色。



CHEUNG Allan Chu Lim
Instructor, English Language Centre
Residence Tutor, Chan Sui Kau Hall
June 2011

NACURH 2011

@ Western Illinois University



Together at the Golden Gate Bridge, San Francisco, CA

(left to right): Ronald Lok (Hall 7), Ray Zhou (Hall 2), Allan Cheung (Hall 5), Elaine Leung (Hall 9)

Let's start Cheering!!! :

[(Spell) "R-O-C-K"] – [(Yell): "YOU ROCK...YOU ROCK!"]

[(Spell) "R-O-C-K"] – [(Yell): "YOU ROCK...YOU ROCK!"]

One of the many cheers we learned at Camp NACURH

With our spirits flying high and countless university and college students from all over the USA and the world, it was no wonder that City University of Hong Kong's Student Residence Office (SRO) sent me (Allan) and three other student leaders of Residents' Associations to the Western Illinois University (WIU) located in Macomb, Illinois, to attend the Conference of the National Association of College and University Residence Halls (NACURH).

Camp NACURH was an educational conference that consisted of workshops and cheers that were held and led by students living in and leading residential halls from various universities. Most workshops focused on cultural and minority awareness, social justice, and management advice for the betterment of hall residence life.

Moreover, this camp was a space for different

social gatherings that consisted of friendly cheering competitions that shed light on regional school pride and spirit. The catchy English cheers from energetic North American students really overwhelmed our delegation but slowly and surely, we became more active and then soon after began to cheer alongside other Universities from our same region. Even though we may not have understood what the cheers meant and were not in sync with the dance moves, we still felt a sense of community and comradeship amongst us Cityu students and our region.

One of the most significant events at the Conference was the exchanging and sharing of specially-designed clothes pins hand-made by other students from the different universities that attended the Conference. This exchange of pins really broke the ice and bridged the communication between our school and other schools globally. Because we received these pins, we had a tangible memory of the new global friends and that we had met during Camp NACURH.

I would like to personally thank Rebecca Chan, Esther Lee, Bonny Ip and CityU for this great opportunity to go to Macomb, Illinois to attend this Conference. Kudos to you all!!



At The Chinese Progressive Association (CPA)

(left to right) Top: Suki Wen, Allan Cheung, Ray Zhou,
Ronald Lok, Elaine Leung
Bottom: Jessie Yu, Natalie Gee



At Camp NACURH with Michigan State University friends

Overseas Exchange Visit

to

CSU, Chico



I truly believe that experience is the most valuable knowledge a person can acquire. Travelling broadens our horizons. In April I had a very rewarding and educational experience making an exchange visit to California State University, Chico. With this golden opportunity provided by the University, I flew across the sea to the US and stayed 10 days in the student residence of CSU, Chico.

The exchange visit really opened my eyes. I experienced a very different residential life in the US. The management structure and the culture are completely unlike that in Hong Kong. In Hong Kong, we have hall masters who are teaching staff, as leaders of the halls. However, in Chico, they only have residential life coordinators, whose job is similar to our Residence Masters but they are not teaching staff. Resident Advisors in Chico (equivalent to our RTs) are responsible for disciplinary matters and programs for residents. They are required to organize a program each month. They are also counter attendants in their own building. They are paid a satisfactory salary. In addition to the environment, the culture is entirely different from that of Hong Kong. Residents in

Chico are not allowed to have alcohol in residence halls. Their hall fee is also much more expensive than that of City University.

This trip was my first trip to the US but not to North America. I have been to Canada before and stayed with a home-stay family. These two trips were totally different experiences. In a resident hall, everything is wholly independent. We need to look after every small piece of our life. We live with our peers and it is essential to manage relationships with hallmates. It is not only friendship and experience of a new life style that residence can give us, but also personal growth. Living in residence halls makes us grow as mature persons. This is the common goal of student residence in both Chico and City University.





Residence Tutors Served in 2010-2011

Jockey Club Humanity Hall

Name	Department	Status	Room No.	Floor(s)
CHENG Cheuk Him	SLW	PCLL	102B	1/F
NGAN Mok Kat	SS	Deg/3	302A	2/F-3/F
LAU Sin Man	EF	Deg/3	402B	4/F-5/F
LAU Po Ki	SS	Deg/3	702B	6/F-7/F
BON Xiao Ying, Jizelle	CTL	Deg/3	902A	8/F-9/F
WONG Canaan	BC	Deg/3	1002B	10/F-11/F
CHAN Kwok Lam, Ricky	AC	Deg/3	1202A	12/F-13/F
LAI Yiu Ki, Thomas	CS	Master	1502A	14/F-15/F

HSBC Prosperity Hall

Name	Department	Status	Room No.	Floor(s)
WU Wai Lun, Alan	EE	RA & PhD	102B	1/F-2/F
YAHYA Yasir Ali	EE	Deg/3	102B	1/F-2/F
LEUNG Ka Yan, Flora	SLW	Deg/3	402B	3/F-4/F
WAN Tsz Ki, George	CTL	Master	502A	5/F-6/F
YANG Wenyi, Chris	AC	Deg/3	702B	7/F-8/F
LAM Tsz Fung, Ivan	PROVT	ITO	902A	9/F-10/F
LEE Pui Lam, Tracy	PROVT	RA	1102A	11/F

Alumni Civility Hall

Name	Department	Status	Room No.	Floor(s)
SHEN Jie	MA	PhD	202A	1/F-2/F
CHAN Wang, Mandy	MKT	Deg/3	402B	3/F-4/F
LEE Lok	SLW	Deg/3	502A	5/F-6/F
HU Yue, Tracy	AC	Deg/3	702B	7/F-8/F
YANG Tianyang	MA	Deg/3	1002A	9/F-10/F

Jockey Club Academy Hall

Name	Department	Status	Room No.	Floor(s)
LO Tso Lun, Larry	BCH	PhD	101B	1/F-2/F
SONG Yu, Nancy	EE	PhD	301A	2/F-3/F
GAO Jiabei, Gabriel	EE	Deg/3	401B	4/F-5/F
MA King Lo, Lulu	EN	Dge/3	601A	5/F-6/F
KONG Ka Yung	SLW	Deg/3	701B	7/F-8/F
YAU Ching Han	SS	Deg/3	901A	8/F-9/F
HO Kai Pong, Gabriel	SS	Master	1001B	10/F-11/F
PAN Jun, Janice	CTL	PhD	1101A	10/F-11/F

Chan Sui Kau Hall

Name	Department	Status	Room No.	Floor(s)
KWAN Pik Ying, Katrina	SLW	Deg/4	201A	1/F-2/F
LAM Sze Wai, Raymond	SA	Deg/3	401B	3/F-4/F
THADANI Dimple Ramesh	IS	PhD	601A	5/F-6/F
XU Jiahe, Amy	BCH	RA	801A	7/F-8/F
CHEUNG Allan Chu Lim	ELC	Instructor II	1001B	9/F-10/F
LIU Bing, Kellen	EN	Deg/3	1201A	11/F-12/F
LI Qingzhu, Catherine	AC	Deg/3	1401A	13/F-14/F

Lee Shau Kee Hall

Name	Department	Status	Room No.	Floor(s)
KONG Siu Lung, Joseph	IS	PhD	201A	1/F-2/F
WANG Yue, Willis	MA	Deg/3	301A	3/F
XIANG Xueting	EF	Deg/3	401B	4/F
YIP Chi Fai, BJ	EE	Deg/3	501A	5/F
XU Xuyuan, Evan	EE	PhD	601A	6/F
HUANG Lei, Lucienne	MKT	Deg/3	701B	7/F
AU Yeung Wai Han, Koe	MKT	Deg/3	801A	8/F
CHAN Ngok Man, Fiona	SLW	PCLL	901A	9/F

Jockey Club Harmony Hall

Name	Department	Status	Room No.	Floor(s)
LI Yongsen, Forlan	SLW	JD	201A	1/F-2/F
YU Simmy Chun Er	SLW	PCLL	401A	3/F-4/F
WANG Leiming, Dennis	BC	PhD	501B	5/F
YUN Yanchun	BC	PhD	501B	5/F
PAN Jin	SLW	JD	601A	6/F
LI Yijia, Sky	MKT	Master	701B	7/F
TIAN Lu, Ivy	CTL	PhD	701B	7/F
YEUNG Sai Ho, Chris	EE	RA	901B	8/F-9/F

Hall 8

Name	Department	Status	Room No.	Floor(s)
WEI Jie	IS	PhD	404A	1/F-4/F
MENG Di, Mandy	SCM	PhD	706C	5/F-7/F
PENG Yu	EE	PhD	804D	8/F-10/F
GAO Pengcheng	SLW	PhD	1105B	11/F-13/F

Hall 9

Name	Department	Status	Room No.	Floor(s)
YIP Man Kit, Adonis	SLW	Deg/3	102A	1/F(2/F)
MA Kai Sin, Jack	BC	Deg/3	202B	2/F
HUANG Simin, Jasmine	EN	Deg/3	302A	3/F(2/F)
FAN Xin, Season	SLW	Deg/3	402B	4/F-5/F
SHEK Sue Wai, Susan	SLW	JD	602B	5/F-7/F
WONG Diana	SLW	Deg/4	802B	7/F - 8/F
CHAN Ka Ho, Karl	MGT	Deg/3	902A	9/F-10/F
TSE Cheuk Yin, Andrew	SLW	Deg/4	1102A	10/F-11/F

Jockey Club House

Name	Department	Status	Room No.	Floor(s)
ZHEN Feng	MS	PhD	408	All
LI Na	SA	PhD	308	All

Li King Sum, Sam
BSc Applied Biology, Year 3
Jockey Club Academy Hall
June 2011

Experience of a Returning Resident



FRIENDS

Time flies. My three years of residence life ended with my graduation from the university. I still remember moving into Hall 4 on my first day of living in the Student Residence. Now it's time to leave. Indeed, leaving recalls a lot of memories, especially those with my great friends.

The time I spent with my hall-mates was meaningful. Participating in the inter-hall competitions of the Professor Edmond Ko Cup and volunteer work were very important activities in my hall life. We also focused on our academic performance. During the examination periods, we studied together, although we were from different majors. The atmosphere of strong rapport drove our motivation and boosted our spirit. There is no other chance to live with your classmates or your schoolmates in your life, except here. I am really proud to have had these three years in my life.



Three years of hall life in the Student Residence - the experience encouraged me to aim for all-round development. This was also a path for making me a successful returning resident under the returning resident scheme. The scheme of my hall gives scores for one's participation in hall activities and other aspects of achievement. It is simple to gain scores through participating in hall activities which are held nearly every month. I gained good scores by enjoying hall activities and it was very worthwhile joining. Like the eco-tour to Tung Ping Chau held last year, it brought the local and non-local students together to experience the natural landscape of Hong Kong. Organising hall activities gave me more scores in my hall application. I enjoyed giving a helping hand. This not only eased the workload of our Residents' Association in holding functions, but also gave me a chance to make friends and work with others. I served as the M.C. in the Hall's Orientation Camp, which gave me a lot of great memories. Do not hesitate to apply to be a helper when activities are in the preparation stage.

Studying hard is also rated as highly as playing hard. In the hall application form for returning residents, there is a space to fill in the Grade Point Average (GPA), and this contributes to a quite a portion of marks in the total score. Only participating in activities is not enough, one's academic performance also helps one's hall application. To have a balanced hall life, it is necessary to do well in both academic performance and contributions to hall.

I sincerely hope all of my fellows and Academians enjoy their life in Hall 4 and university.

吳欽武
計算數學榮譽理學士 一年級
香港城市大學內地學生學者聯誼會本科部 (2010-11)主席
校友樂禮堂
2011年6月

城大宿舍 百般好



2011年夏天開始的時候，某個陽光明媚的午後，我獨自一個人坐在Hall 3樓下的草地上，看著藍天白雲吹著微微涼風，突然就從腦海裡冒出一個念頭，想要寫一寫兩年來在城大宿舍的住宿經歷和感受，算是給來港兩年的自己一個交代。

有人說，“在家千般好”，仔細想一想，城大宿舍裡雖然沒有父母、不是一個完整的家，也還能算上半個家，住宿也有百般好。有瓦遮頭自是第一般好，設施齊全，環境優美，又有安全保障。而自由、輕鬆的住宿環境便是第二好。這樣的環境給我很大的自我發展空間，互動、友好的宿舍文化同時又給我們宿生提供了很多的交流機會，所以也是值得大大地稱讚一番。住宿兩年，我除了感受到強烈的香港文化衝擊之外，也實實在在、每時每刻都在被同來自內地的一群朋友所感動：這裡沒有爸爸媽媽溫馨的守候，卻有來自五湖四海、兄弟姐妹的呵護；這裡沒有聚滿親戚的大客廳，卻有熱熱鬧鬧、打邊爐必備的Common Room；這裡沒有媽媽特意煲的愛心雞湯，卻有溫柔學姐用心煮的紅糖水——有的時候，就在朋友們的生日歌聲中，就在喝完糖水、大家爬上大斜坡的抱怨聲中，就在洗衣房機器“隆隆”的轉動聲中，我恍惚就會把這裡當成了我在香港的家，竟從心底生出一股深深的眷戀之情，對這裡所有的一切人、事、物都無比喜愛。

城大宿舍不僅僅像家一樣為我們提供住宿，更幫助我們成長。我不僅在此學習獨立生活、好好照顧自己，更學會了跟來自不同背景、不同國度的的人一起生活、一起交流——第一年稍感羞澀，不願意跟外國朋友混，後來漸漸放開自己的心胸，也試著跟他們一起去吃飯一起去爬山，慢慢瞭解到他們的文化、他們的世界——這也理應列入城大宿舍百般好的list中。

對於一個熱愛生活、喜歡自由的人來說，城大宿舍極其美妙。在一個陌生的城市裡，這裡有家的溫暖，有兄弟姐妹的關心，它見證了我的成長。



LIU Anjie, Angela

BA Translation & Interpretation, Year 3

Hall 9

September 2010

The Care Felt by Parents

On the afternoon of 26 August 2010, a group of special visitors were hosted in Multi-functional Hall B of the Student Residence.

They were neither students nor staff, but they were concerned about everything here as much as any resident or member of staff is. They were the parents of new Foundation Year mainland students, to whom the happiness of their children is always their priority.

After the students' arrival at CityU and on 26 August 2010, an Orientation for Parents of Foundation Year Students was organised, at which the Tea Reception for Parents was hosted by SRO in the Student Residence. As SRO attached great importance to the event, SRO staff, Residence

Masters (RMs) and senior mainland students also attended the reception and greeted the parents.



At the start of the Parents' Reception, Professor Paul Lam, the Vice-President (Student Affairs), gave a welcoming speech. The parents seized every opportunity to communicate with Professor Lam and other staff. Among all their concerns, arrangements for on-campus living after two years came first, followed by the selection of study major, study exchange and part-time jobs etc. Professor Lam and senior students explained to the parents mainly issues related to student housing and study, while RMs and SRO staff encouraged the new students to get involved in hall life and learn how to connect with others in a culturally-diverse community. One essential issue that all of them emphasised was self-discipline. "They have to be responsible to and have initiative in their study. Lots of spare time will be left to them, so proper time management is essential." said Professor Lam.



As for the general impression of the CityU Student Residence, most parents thought it was safe and convenient. "The security guards are so responsible that they can memorise all residents in their hall, which makes residential life safer than that in the mainland. Also, the pantry facilities facilitate the students' life", said a couple of parents from Shanghai. "Thanks to the residence, we can definitely be without anxiety about our children's living here and set our minds at rest."

Though we are in different places, the belief shared by the parents and us is that nothing is more important than a happy and fruitful life for our children to enjoy.



Ashwathi KUMAR

BBA Electronic Commerce, Year 3

Chan Sui Kau Hall

September 2010



A Fun Walk Around the Student Residence



Put on your shoes, take a stroll, meet new friends and explore the neighbourhood! This was the brief theme of the Fun Walk organised by a group of student athletes living in the Student Residence and the SRO as one of the activities of the Welcome Week 2010.

On 31 August 2010 at 6:30pm, close to 120 student residents from different parts of the world greeted the chief student organiser Shum Chik Lai and his team. The journey began from our Student Residence and passed through Shek Kip Mei Park, where residents had a chance to experience Hong Kong public housing estates. One side at Mount Beacon reflected luxury development whilst the other side at the public housing estates represented average Hong Kong life. This was also a chance for residents to familiarise themselves with the various government-run sports facilities in the neighbourhood, including the football pitch, basketball, tennis and squash courts, etc.

So what experience did the students take away from this new wellness event? Our student organiser, Shum Chik Lai, wanted this to be “a friendly experience that everyone can enjoy”.

He and his team, who are representatives of the sports scholarship recipients, wanted to host an event to involve others in an outdoor activity in their own main area of interest, before the start of the new academic year.

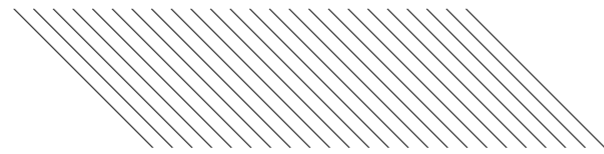
What a great turnout for their event! 120 students from different backgrounds taking a walk down from the Student Residence and walking united to explore and appreciate the location of our Student Residence. All participants had a chance to mix and mingle at Shek Kip Mei Service Reservoir Playground, where they were given water and fruit and had a chance to explore the nearest playground to our Student Residence. Johanna Kandell, an exchange student from Sweden, put it like this, “the timing for the walk was perfect because as I see it, the light changes during sunsets in Hong Kong is just incredibly beautiful.”

Remember to always keep hydrated. Sleep and eat well so you do not fall victim to flu. Keep taking regular exercise and have a walk with your friends, as others did at the Fun Walk on 31 August 2010.



The Bronze Statues

Permanent & Unusual Residents



Albert Einstein

阿爾伯特 愛因斯坦



Encounter
相遇



Cai Yuanpei

蔡元培



Pause

小思

YANG Jiahui, Kary
BA Media & Communication, Year 2
Jockey Club Humanity Hall
March 2011

The Journey to Become Asia's Best: A Dialogue with Wong Kam Po ▶



An Asian Games Gold Medalist and university student, Mr. Wong Kam Po joined Alumni Civility Hall's Civility Dialogue on 22 February 2011 to share with residents his vivid experience.

Pick up courage to be a pioneer.

As the first Chinese World Champion cyclist, Mr. Wong has inspired young people across Asia to pursue a dream that was unheard of before. "Before, no one believed that Asians could win cycling competitions. Since I tore down that stereotype, lots of children have begun to exhibit their talents in cycling." Wong said young people in Hong Kong want models to follow, but they seldom take the initiative to be the first one in a new area.

Maximize your potential in Hong Kong.

The example of Mr. Wong has proved that even with a population of only seven million, Hong Kong can produce world-class athletes in certain specialized areas. A coach in mainland China said honestly that if he were his coach, Wong would have been filtered out during the first screening test because of his physical build. He was lucky in Hong Kong and so had the chance and resources to compete and reach amazing achievements.

Sportsmanship and learning spirit are transferrable.

Both require teamwork, determination and persistence. Mr. Wong owed his success to his coach for developing tailor-made training methods, to his family who are always behind him and to all those PhDs and experts that provide technical and psychological support. "People saw me in the limelight, but actually it was a large team that did all the preparation and planning, and they deserve much of the credit," said Mr. Wong. He encouraged residents to seek help from others when facing hardships. What's more, have faith and never give up easily.

At the end, Mr. Wong showed his costly and high-tech bicycle to the audience with much pride. The dialogue ended in a warm atmosphere while the legendary story continues.

CHAN Ka Wo

BEng in Construction Engineering & Management, Year 2
Internal Vice-President, Residents' Association (2010-11)
Lee Shau Kee Hall
November 2010

Start Running for a Residents' Association for a New Life Experience

After living in Lee Shau Kee Hall (Hall 6) for more than a year, I find myself really falling in love with this place. Hall 6 gives me very warm feelings which make it seem like my second home.



People in Hall 6 are so nice that I can share my happiness and sadness with them freely. We are not only neighbours but also brothers and sisters. The security staff are very friendly and we have good times together.

Because of my affection towards Hall 6, I decided to run for election to the Hall's Residents' Association (RA), hoping that I could do something to serve my Hall as well as the whole residence community. Many say it is unwise for a year 2 student to run for an RA, since year 2 means a heavier workload. I have to manage not only my RA job but also my academic work. It was really not an easy decision but finally my choice was YES. Yes, because I knew that running for an RA would bring me a fantastic experience.

After forming our proposed RA cabinet, our very first mission was to organise a Halloween celebration event consisting of running a "Haunted House" on our hall's G/F. I took it as a chance for our cabinet members to know more about each other and organising a large event. In the beginning, I thought it would be an easy job. I discovered later I was wrong. As the person-in-charge, I had to plan thoroughly and work through all the details with the other team members. These included the division of labour, budget proposal, amount of resources and actions for emergencies, etc. With concerted efforts and team work, our "Haunted House" ended with laughter and

happiness for all participants and excellent work experience for our RA cabinet members.

It was a valuable organisational and teamwork experience. I learnt more about running an RA and I came to know my team members more deeply. I know that in future I need to have very good time management in dealing with my study and RA job demands, work with multicultural members of different backgrounds and characters, deal with conflicts, make compromises and take criticism from others. But I feel confident that I am ready for dealing with all these challenges and will grow together with my team members!



RAA FORUM

Residents' Associations (2010-2011):
Our Missions

Hall 1

Jockey Club Humanity Hall

One家堡

“One-family Castle” offers you a castle which feels like home.

We aim at uniting and gathering Humanians in Humanity Hall. We believe Humanians can gain a sense of belonging by living in a hall that feels like home.

We have 3 main goals:

1. Unite and gather Humanians
2. Fight for Humanians' rights within the University
3. Bring Humanians more opportunities to connect with our society

One家堡，在Hall One給你一個感覺像家的城堡。

One家堡的信念是凝聚和團結敬賢堂的所有宿生，讓他們住在家一般的舍堂，令大家對敬賢堂感有歸屬感。

我們內閣今年有三大方向：

- 一 · 團結和凝聚Humanians;
- 二 · 為Humanians向校方爭取權益;
- 三 · 讓Humanians有更多機會接觸社會。



HSBC Prosperity Hall

貳中人 In 2 You

Hall 2

The English name “In 2 You” has three meanings:

(1) IN 2

We study in HALL 2. We smile in HALL 2. We live in HALL 2. We are in “2”. The members of our HALL 2 community are in “2,”the people we serve are in 2.”

(2) 2 You= TO YOU

We will try our best to do activities best TO YOU. All things we do are for you, wishing you have a happy time in HALL 2.

(3) In 2 You= INTO YOU

We wish we could come INTO YOU, to better understand your feelings, needs, joys and sorrows. Only in this way can we make our HALL community better.

本內閣即第七屆匯豐業昕堂宿生會幹事會候選內閣一號命名為貳中人 In 2 You。中文名貳中人有二個意義:

(1)貳中人——WE ARE IN HALL 2

無論我們是來自哪個地方，內地或香港抑或臺灣還是海外，NONE OF THAT MATTERS。現在，我們生活在HALL 2，相識在HALL 2；現在，我們都是貳中人，HALL 2就是我們的家。我們HALL 莊，以貳中人為名，必將履行貳中人的職責，服務貳中人的你們。

(2) 意中人——“你”就是我們的意中人

不論是喜歡在外面運動的你，還是喜歡在房間看書的你;不論是來自外地的你，還是作為local的你;不論是剛來到HALL 2的你，還是早已生活在HALL 2的你.....只要你是貳中人，你就是我們的意中人！我們會盡自己最大的努力給你們一段開心的回憶，生活中的每一點我們都會關懷備至。只因為，你，是，我們的，意中人。



Hall 3

Alumni Civility Hall

3D

Our cabinet's name is "3D", with the "3" indicating Hall 3, Dynamic, Delight and Diversity. When you pronounce "3D", it is like "Free D" in Cantonese and means freer, implying the Hall 3's spirit.

As for our mission, we hope we can provide a happy and free living atmosphere for our residents. We hope we can promote the spirit of Hall 3 through abundant hall activities.

「3D」的意思是指三個由D開頭的英文單詞：Dynamic, Delight, Diversity。這三個單詞意思分別是活力，歡樂，多樣性。而這三種理念亦是本內閣希望在當選期間能帶給所有校友樂禮堂宿生的。此外，「3D」中的「3」代表Hall 3, 「3D」亦與「FreeD」諧音，暗示Hall 3自由的精神，同時也提醒本內閣要堅持自由的精神，讓所有校友樂禮堂宿生能有一個自由愉快的環境中享受多姿多彩的宿舍生活。

本內閣的全年目標有：一. 傳承及推廣「Hall 3 & Me, Happy & Free」的理念, 為校友樂禮堂營造一個自由明快的氛圍, 提供多樣化的活動, 增強宿生對校友樂禮堂的歸屬感；二. 舉辦更多的聯誼活動, 從進宿生之間, 特別是不同文化或不同國籍宿生之間的交流, 增強宿生之間的感情。



Jockey Club Academy Hall

BEFOUR

Hall 4

BEFOUR is a homonym of "before". "Be" means to be and "Four" represents Hall 4. We named ourselves "BEFOUR" because we want to make our residents have a sense of belonging to Hall 4. We would like to organise different types of activities, such as a high table dinner, picnic, photography competition, voluntary work and exercise day, in order to entertain different kinds of residents. We believe that as soon as the residents are willing to walk out of their room doors, they have a chance to find the great things in our hall, like friendship. BE a member of Hall FOUR. They will find Hall 4 a joyful, fun and warm place to live in.

我們莊的中文名字「群智堂」可謂是集四海之精華，聚群臣之眾智，運用了拆詞法，一字雙關等巧妙的手法，把我們莊對「群智堂」的熱愛以及服務宿生的願望體現得淋漓盡致！

「群」與「智」，代表我們這個溫暖的富有人情味的大家庭；「群」字寓意群臣，是我們所有莊員共同的神聖的使命——「鞠躬盡瘁，服務宿生」，我們會舉辦各種活動，諸如高桌晚宴，攝影比賽，野營等，來娛樂宿生，只要宿生願意走出房門，他們就有機會發現宿舍中的美，比如友誼；而「智」不止是我們用來區別其他舍堂的標誌性字眼，而且代表我們這支莊的特點——「才智過人，超群絕倫」；我們承諾，用我們的集體智慧去為群智堂宿生營造一個更美好的宿生生活！



Hall 5

Chan Sui Kau Hall

Better Five 愛吾家

“Better Five” stands for better city, better university, better hall, better guys and better year. They are our five dreams that we want to achieve for our hall-mates.

“愛吾家”是一種共融與合一的精神，“吾”的諧音“5”，暗指我們Hall 5。我們希望為所有 Hall 5 宿生營造出家的感覺，希望每個人之間可以建立團結與互敬互愛的密切關係，實現更美好的宿舍，學校和城市生活。



Lee Shau Kee Hall

SIXIS

Hall 6

We brainstormed different names for our RA and finally decided to use SIXIS as our name. It shows six no matter whether you look at the word from left or right. “SIXIS” represents our sense of consistency in serving every Hall 6 resident. We’ll persist in building a unique reputation for Hall 6. We hope we can bring our hallmates into harmony, just as our slogan says, “Hallmates will be not only your neighbours but also your brothers and sisters.”

因我們是第六座宿生會幹事會，又因此屆幹事會恰是第六屆，便根據這特別的“雙六”創造出一個頗具意義的詞——SIXIS。此詞既符合第六座李兆基堂第六屆宿生會幹事會的“雙六”含義，又因此詞左右對稱，具有一致性，恰恰反映出我們從一而終、言行如一的工作態度；建立Hall 6 特有的宿舍文化的希望。我們希望帶給宿生家的溫馨感，希望我們不僅是鄰居的角色，更可以是他們的兄弟姐妹。



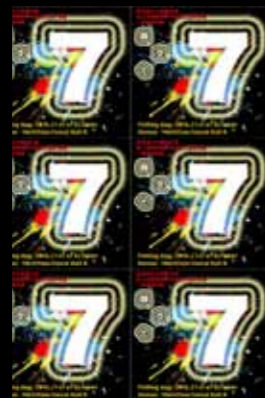
Hall 7

Jockey Club Harmony Hall

Forever Seven 與交七

The name of our cabinet in English is “Forever Seven”. The reason we have chosen this name for our hall is that we wish all our residents to treasure forever their precious, friendly, sweet memories of spending their university life in Jockey Club Harmony Hall.

我們以「與交七」作為內閣的名稱，因為我們相信，在這一年內，我們可以透過我們所舉辦的各種活動，將幹事會與宿生之間、宿生與宿生之間的距離拉得更近，增進不同文化間的交流，令大家成為與你交心的宿友。



Emergency Nine 九九久

Hall 9

Our cabinet is called “Emergency Nine 九九久”, which sounds like “999” in Chinese.

The first “9 (九)” is Hall 9. The second “9” represents Hall 9 too. The difference is that it is the Arabic numeral widely used in the world, representing residents from different places. The third “9 (久)” means lasting for a long time. We always remember our mission - to enable residents to feel that Hall 9 is a big warm family.

“Emergency Nine” (almost a homonym of “emergency line”) stands for emergency conditions. Residents can bring to us all their needs. We will certainly respond immediately to their requests.

Three “9s” compose a red tulip, which symbolizes the happiness we hope to bring to Hall 9.

我們的內閣名為「九九久」。

第一個「九」字是舍堂九，是中國數目字的九，是代表本地與中國宿生的九字。第二個「9」字也是代表舍堂九。不同的是它是世界通用的阿拉伯數字9，代表來自世界各地的宿生。

使用不同的‘九’字是因為我們希望不論宿生來自哪個地方，都能在舍堂九得到家的感覺和歸屬感。第三個「久」字代表長久，無論在任何時候，我們都會緊記宗旨—讓宿生感覺舍堂九如一個溫暖的大家庭。

「九九久」（諧音999），為緊急求助電話號碼（火警、報警、急救）。宿生在舍堂生活中有什麼需要，都可以向我們提出。我們定會如999緊急求助電話號碼般，迅速地回應宿生的訊求。

我們的會徽是由三個阿拉伯數字“9”組成，代表我們的內閣「九九久」（諧音999）。三個「9」字合起來是一朵紅色的鬱金香，紅色鬱金香的花語是「喜悅」，代表我們希望宿生能在舍堂九感受到家的喜悅。



WANG Jingyi, Rain
MSc Electronic Business & Knowledge Management
3/F Floor Representative, Jockey Club House
Recipient of Hall 8 & JCH Active Resident Award (2010-11)
June 2011

A Floor Representative of Jockey Club House



One year ago, when I came to study in Hong Kong, I had lots of expectations. But I did not know what my life would be like and what kinds of people I might meet in the coming days. Everything was fresh to me but one thing I knew clearly was that I must adapt to the new environment.

I was lucky to live in Jockey Club House on campus. I cherished my time in JCH very much because I knew that it

I organised a delicious hot pot buffet gathering which was very well-received. I also organised card games like "Sanguo Kill".

I believe that my efforts to serve the resident peers paid off. Everyone saw my dedication to the JCH and recognised my efforts. Before I moved out from JCH, I invited all my floor-mates to join a boat trip. To my surprise, the response

JCH

was a good opportunity to make friends with more people. I always cooked in the common room so that I could meet other residents. Communication is the best way to know each other. I built good relationships with my floor-mates, possibly because of my positive and optimistic character.

I had the opportunity to be the Floor Representative for my floor. This title gave me a sense of responsibility in serving others. I tried to organise activities for the residents to know each other better. Since my floor-mates were mostly very busy PhD students, I informed everyone face-to-face of our activities, so as to attract them to participate.

was overwhelming and many residents from JCH and Hall 8 joined the activity. Everyone was very satisfied with the activity and had fun that day.

Every resident wants to enjoy a meaningful and fun hall life with others. This was also one of my missions as a Floor Representative of JCH. To speak for myself: I did a good job as a Floor Representative. I want to share with new residents that they should be kind to everyone around them, not be shy and not be silent. Maybe this is now a NEW world to you, but you can let it become YOUR world and share the happiness with others one day.

Winners of Inter-hall Aquatic Competition 2010-11

Men 4x50M Freestyle Relay

Champion
Jockey Club Harmony Hall

1st Runner-up
Jockey Club Humanity Hall

2nd Runner-up
Jockey Club Academy Hall

Women 4x50M Freestyle Relay

Champion
Jockey Club Harmony Hall

1st Runner-up
Jockey Club Humanity Hall

2nd Runner-up
Jockey Club Academy Hall

Winners of Inter-hall Athletic Competition 2010-11

Men 4x100M Running Relay

Champion
Lee Shau Kee Hall

1st Runner-up
HSBC Prosperity Hall

2nd Runner-up
Jockey Club Academy Hall

Women 4x100M Running Relay

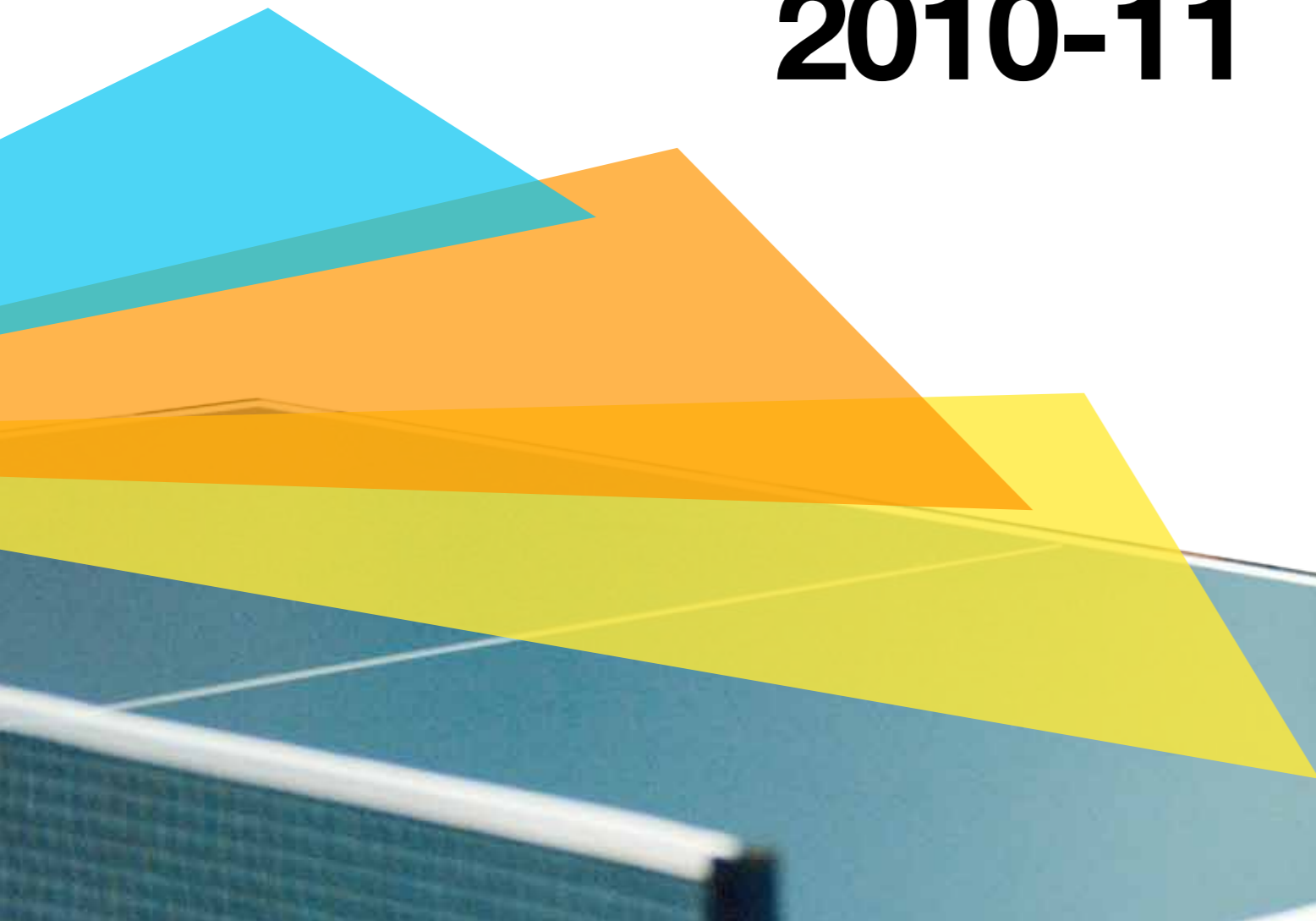
Champion
Jockey Club Humanity Hall

1st Runner-up
HSBC Prosperity Hall

2nd Runner-up
Hall 9



Winners of Inter-hall Table Tennis Competition 2010-11



Champion
Hall 8 & Jockey Club House

1st Runner-up
Lee Shau Kee Hall

2nd Runner-up
Hall 9

Winners of Inter-hall Badminton Competition 2010-11

Champion
Chan Sui Kau Hall

1st Runner-up
Jockey Club Humanity Hall

2nd Runner-up
Jockey Club Academy Hall

Winners of Inter-hall Basketball Competition 2010-11



Men

- Champion
Lee Shau Kee Hall
- 1st Runner-up
HSBC Prosperity Hall
- 2nd Runner-up
Jockey Club Harmony Hall

Women

- Champion
HSBC Prosperity Hall
- 1st Runner-up
Jockey Club Humanity Hall
- 2nd Runner-up
Hall 9

Winners of Inter-hall Soccer Competition 2010-11



Champion
Jockey Club Academy Hall

1st Runner-up
Lee Shau Kee Hall

2nd Runner-up
Jockey Club Humanity Hall

Winners of Inter-hall Photography Competition 2010-11

Hall's Ranking:

Champion
Jockey Club Academy Hall

1st Runner-up
HSBC Prosperity Hall

2nd Runner-up
Jockey Club Humanity Hall



"Independent" Category



"Independent" Category

Best Photo

Jockey Club Humanity Hall

Chan Kwok Lam

Title of Entry:
猩猩相惜



"Independent" Category

Best Theme Presentation

HSBC Prosperity Hall
Zhu Yichen

Title of Entry:
Happiness Knows No Boundaries



"Independent" Category

Best Technique

Jockey Club Academy Hall
Jin Chensha

Title of Entry:
Angels



"Independent" Category

Best Creative Work

Jockey Club Academy Hall
Yu Jiayue

Title of Entry:
Fly to Civilization

"Independent" Category

Mention of Merit

Hall	Name	Title of Entry
HSBC Prosperity Hall	Lam Tsz Fung	Civility in the Uncivilized World
Chan Sui Kau Hall	Chow Kwo Lam	A Day, A Smile, A City
Jockey Club Humanity Hall	Li Shuk Ling	禮·誠
Jockey Club Academy Hall	Feng Qihui	大自然的禮遇
Alumni Civility Hall	Chan Wang	Harmony and Civility
Alumni Civility Hall	Hui Kiu Yan	A Warm Welcoming

"Story" Category



"Story" Category

Best Story

HSBC Prosperity Hall
Lam Ka Chun

Title of Entry:
禮拜日



"Story" Category

Best Theme Presentation

Jockey Club Academy Hall
Ho Kai Pong

Title of Entry:
人類的瑰寶 - 現代五倫之禮





"Story" Category

Best Creative Work

Jockey Club Humanity Hall
Law Man Yin

Title of Entry:
回來我身邊



"Story" Category

Best Style

HSBC Prosperity Hall
Lee Pui Lam

Title of Entry:
The Ancient Civility

"Story" Category

Mention of Merit

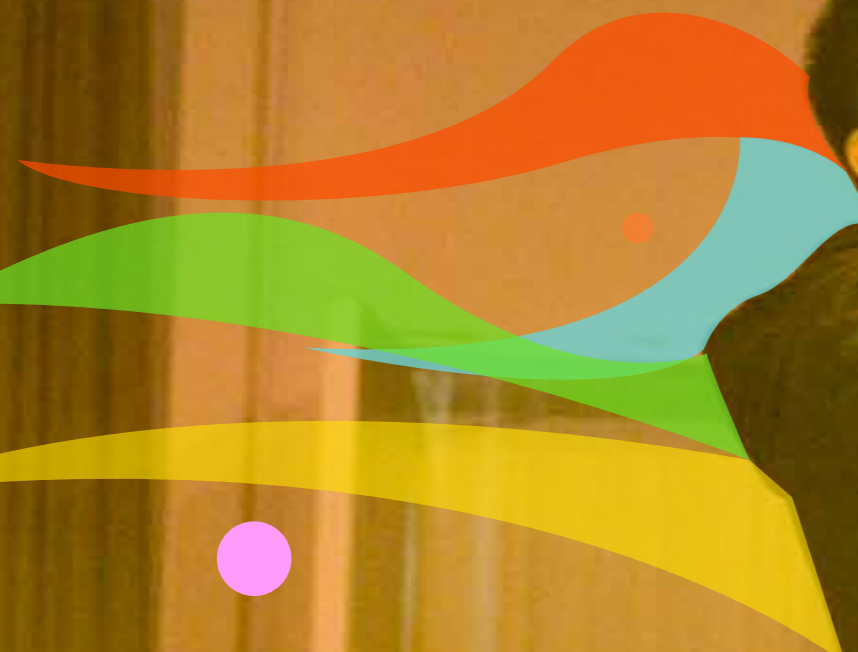
Hall	Name	Title of Entry
Jockey Club Academy Hall	Chan Chui Fan	相處之道貴乎 - 同行
Jockey Club Harmony Hall	Lam Kwan Yu	Be my neighbor
Jockey Club Humanity Hall	Pang Lai Ting	以和為貴
Jockey Club Academy Hall	Ho Kai Pong	社會的改變 - 失落的五倫
Jockey Club Academy Hall	Lui Tik On	貧貴社會和諧之道
Jockey Club Academy Hall	Chan Chui Fan	繼相處而相敬
Jockey Club Academy Hall	Pang Yuk Lam	維繫家族之禮

Winner of Residents' Vote for "My Favourite Photograph"

HSBC Prosperity Hall
Tam Po Fai

Title of Entry:
禮貳





Winners of Inter-hall Singing Contest 2010-11

Hall's Ranking :

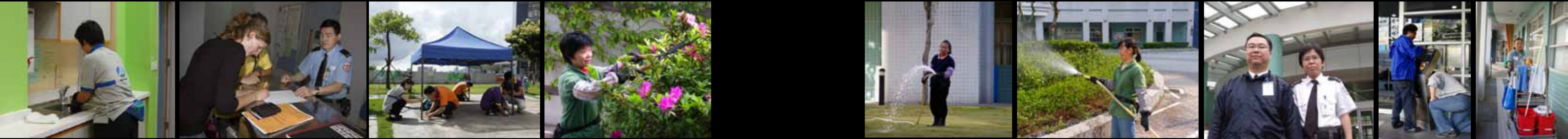
Champion
Jockey Club Humanity Hall

1st Runners-up
Alumni Civility Hall & Jockey Club Academy Hall

The Best Cheering Halls
HSBC Prosperity Hall & Jockey Club Academy Hall

Award	Hall	Name	Title of Entry
Group Category			
Champion	Jockey Club Humanity Hall	LAW Man Yin, CHIU Ho Tak	一步一步愛
1st Runner-up	Alumni Civility Hall	YU Cher Chan, LEE Seung Yeob	Beautiful Girl
2nd Runner-up	Jockey Club Academy Hall	CHANG Ka Ho, HUANG Di	一眼瞬間
Solo Category			
Champion	Jockey Club Humanity Hall	CHEUNG Yuen Tung, Karmen	Just The Way You Are
1st Runner-up	Lee Shau Kee Hall	TSANG Ka Kit	我的快樂時代
2nd Runner-up	Jockey Club Academy Hall	LAI Wing Yan, Josy	無條件為你
Special Awards			
The Most Cohesive Award	Jockey Club Humanity Hall	LAW Man Yin , CHIU Ho Tak	一步一步愛
The Most Stylish Artist	Jockey Club Humanity Hall	CHEUNG Yuen Tung, Karmen	Just The Way You Are
The Most Creative Performance	Alumni Civility Hall	YU Cherchan, LEE Seungyeob	Beautiful Girl

Service Angels *around us*



Sustainability Measures in the SR 2010-11

Sustainability
“Meet the needs of the present without compromising the ability of the future generations to meet their needs”
(Bruntland Commission, 1987)



Green roof in the SRO's new office annex: provide insulation and reduce heat island effects.



Greening landscape within the Student Residence: filter pollutants and carbon dioxide out of the air and beautify the environment.



Greening landscape within the Student Residence: filter pollutants and carbon dioxide out of the air and beautify the environment.



Solar-and-wind light towers: create adequate lighting in the areas by harnessing natural resources without consuming electricity



Solar-and-wind light towers: create adequate lighting in the areas by harnessing natural resources without consuming electricity



Heat Pump Project: deliver stable hot water supply in an energy-efficient manner.



LED luminaires with sensors inside hall toilets: replace damaged fluorescence tubes with energy-efficient luminaries.

Bring Your Own 自備杯碟計劃

Bring Your Own is a simple & effective way to reduce waste. You can bring your own reusable containers, such as lunch box, cup. Homey Kitchen is happy to deduct 50¢ for each container and up to \$1 per order.

Recycle, Reuse and Reduce Initiatives: “Bring Your Own” for catering

全港大專有衣食日 Every Wednesday 逢星期三
Universities & Institutes Save Food Day

做個環保大專潮人，記住咁「少飯碟！」
Be a Greener, Less Rice Please!

Homey Kitchen

“Less Rice, One Dollar Less” for two-course meals in Homey Kitchen: cutting food waste

Join us and say ‘No’ to Air-conditioning in Autumn

Extend energy saving usage patterns in your daily living

Common Room, Toilet, Air-conditioning, Light

TURN THEM OFF when they are not in use!

Keep curtains open

DEVELOP SUSTAINABLE LIVING AND SUPPORT OUR ENVIRONMENT!

Recycle, Reuse and Reduce Initiatives: “Say No to Air-conditioning in Autumn”

Cutting Food WASTE



We value not only enhancing people's awareness of important environmental issues, but also taking actions to support a sustainable environment for our future. That is why a new major campaign to reduce food waste was launched by a cutting food waste kick-off ceremony held at City University of Hong Kong on 25 March 2011.

City University made a pledge, together with 10 other local tertiary institutions, to cut food waste by 5% in the coming year by signing a charter organised by Greeners Action. The charter was inspired by a Greeners Action survey, which revealed that only 16 percent of survey participants said that they always finished their meal. Greeners Action also estimates that Hong Kong squandered 1.2 million tons of food in 2007, enough to feed 17.52 million starving people, which is a major environmental and ethical problem. Why should we be careless about the amount of food we waste when in other places people are starving to death?

It is a campaign where all members of the City University community can make the world a better place just by making little adjustments to our daily habits. CityU introduced a couple of simple actions to cut food waste on our campus and in the Student Residence. To support the campaign, all student canteens and staff restaurants have introduced new measures, including flexible food portions, providing six dishes in a proper meal and "Save Food Day".

But as smart student residents and students, we can do more:

- Say "less rice please", when ordering your meals at the Homey Kitchen.
- Plan your meals and make a list when you go shopping in stores. Stick with the planned food purchase list, so you don't buy too much food and might save money as well.
- Cook together with your friends. This is a good way to minimise food leftovers and also to get to know your floor mates better.
- If you still have leftovers, freeze them in the fridge or make sandwiches or pizza from them.

Going **Green,** Stop Food Waste

Have you ever joined a hot-pot gathering with your floor-mates in your Hall's Common Room? It's a popular part of the eating culture in Hong Kong and many of us might be planning to have one. Over the food which is boiling inside a hot-pot, you can meet and get to know your floor-mates, especially the ones you don't get to see or talk with very often.

Sweet friendship is nonetheless not the only thing generated by these gatherings. There's usually also a heap of veggies and leftovers in the trash bin, for when we are in a party mood, we tend to buy more food than we normally consume.

Yet it's truly surprising that few of us have noticed the amount of food waste we produce every day. In fact, Hong Kong produces about 3,000 tons of food waste every day and the average daily per-capita amount of food waste is 0.05 kg, which is the highest in Asia, according to Greeners Action.

Whilst food is a necessity for human survival, it's a non-necessity for the earth, for these enormous amounts of food waste threaten the planet. When it is incinerated, food waste pollutes the air, and when it is buried, it pollutes the soil and underground water. Processing 1kg of food

waste emits 864 kg of carbon dioxide. This is not to mention the economic value of the wasted food - handling each ton of food waste costs the Hong Kong government more than HK\$800. Last but not least, while we are wasting so much food, 800 million children across the world are starving.

For all these reasons,

we MUST stop wasting food.

But how? *To begin with, go grocery shopping with a well-planned shopping list; check the expiry date of food in the fridge and consume it before it expires; and order food portions that you can handle. These measures are much more effective than you think!*

Homey Kitchen and the caterers on the CityU campus are also keen to take part in reducing food waste. *You can join the "Say No to Food Waste" campaign. When you order a 1/3 smaller rice portion for a two-choice meal at Homey Kitchen, you will get a reduction of HK\$1.*

So why wait? Let's save our planet and save resources by cutting out food waste!





Appreciating
Diversity

Global Get Together - Of Bridges and Platforms

Sometimes, people don't intend to isolate themselves from others who are similar to them, but end up doing so because they have never come across a platform for them to start building bridges that connect them with other people.

The Global Get-together on 21 September 2010, organised by SRO, aimed to provide that platform to help international non-exchange students build a bridge connecting them to the rapidly growing international student body at CityU.

During the second semester of my first year, just when I was wondering whether or not there would ever be an event targeted only at international non-exchange students, there came an e-mail promoting the Global Get-together. I was inspired by the event, and it spurred me to create and run the Facebook group "City University Non-Local Students", catering to all international non-

exchange students. It also gave me the determination to co-organise this year's Global Get-together with Ashwath Kumar and Brian Isaacs, when I was approached by SRO's Supervisory Executive Officer Ms. Esther Lee.

Reaching out to all the international students was a challenge because, although we are not big in numbers, we are still scattered across different social circles. Instead of just using e-mails this time, we employed other methods, such as Facebook event invitations, approaching random students who look like international students (a little bit discriminatory, I know) and even a stakeout at Homey Kitchen.

This year's Global Get-together was particularly inspiring, not just because of the number of people who showed up (over half of the 70 international students staying in the Student Residence came to the event), but also because of the conversations that took place and the relationships that came out from it. Knowing that a lot of people showed up just to meet other international students, we tried to keep the formalities to a minimum. Even the ice-breakers were meant to provide conversation starters. Hopping from one conversation to another, I heard people volunteering to help fund-raising for

the Pakistani flood-affected victims and much more. Weeks after the event, I still see people hanging out together who might not have met, if not for the event.

Relationships such as these are like bridges, leading to endless opportunities. All that is needed is a platform to serve as a foundation to build them on. Knowing that we've played a part in the process is enough to motivate us to continue our efforts to bring the international community in CityU Student Residence closer together.



Mid-autumn Festivities

Bring Many Cultures and People Together Under One Missing Moon



Although there was no moon to be seen through the rain, over three hundred student residents from many different cultural backgrounds gathered on 21 September 2010 to celebrate the Mid-Autumn Festival. Some came to celebrate a tradition deeply familiar to them, while others partook in the hope of learning more about a cultural facet they had never experienced before.



“I had never heard of the Mid-Autumn Festival before I came to Hong Kong. It’s not something we celebrate in Canada”, Tyler Atkinson, an exchange student living in Hall 2, explained.

“I’m here tonight to learn more about it.”

The same sentiment was echoed by Caitlin Evans, an exchange student from the UK living in Hall 9. “I don’t really know much about this [festival]. I know that it’s about the moon and about bringing people together, but that’s all. I came to learn more of the details.”

While it may not surprise you that western countries, such as Canada and the UK, do not celebrate the Mid-Autumn Festival, it may be a surprise to hear that it is a large part of the culture of countries other than China and Hong Kong. For example, in South Korea, the Mid-Autumn Festival, known there as Chuseok, is one of the biggest national holidays. It is also widely celebrated in Japan, where it goes by the name of Tsukimi, and in Vietnam, where it is called Tet Trung Thu and celebrates the end of the harvest season. Although it is not an official holiday in Burma, “it is so widely celebrated by Chinese immigrants that many of the non-Chinese Burmese celebrate with them”, explained Mun Htoi, an international student from Hall 5.

Of course, we must not take for granted the deep-rooted importance of this festival to the Chinese. “For me, this holiday is about the memories, all the times I lit little red candles in my family’s empty mooncake boxes, every time my family reunited and had dinner together,” mused Raver Wong, a local student from Hall 6. “I think this celebration is great for Chinese students who can’t go home to reunite with their family and for [foreign students] to learn about our holiday,” said Jiang Ziwen, a student from mainland China living in Hall 2.

The full moon was missing on the event night, but we did not miss the chance to unite residents from many different cultures together to celebrate the Mid-autumn Festival and learn more from each other.

YANG Jiahui, Kary
BA in Media and Communication, Year 2
Jockey Club Humanity Hall
November 2010

Enjoy Cultural *Hot Pot* in the Student Residence



It's nice to see a Western face in this year's Inter-hall Table Tennis Competition. It's even nicer to know that a very nice guy from Germany, the only non-Asian to participate in the competition was the Champion in the Men's Singles. Smart looking, full of energy and with a bright outlook on life, this is him: David Berger.

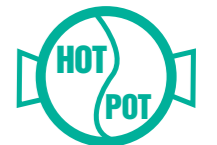
The Inter-hall Competitions of the Professor Edmond Ko Cup are about enhancing harmony and building friendships. "It's very competitive in Hong Kong, even a match like this one," said David, "you need a qualification to be on the court." David is active in activities, be it competitions or student societies. While local students take things more seriously, David would rather play it for fun.



David praised the Student Residence of CityU as the best residence he has ever lived in and a very international community. Satisfied with the food in Homey Kitchen because of its cheap price and good taste, he also thinks local student residents are friendly. Other exchange students have similar comments. There is every chance for integration compared with other regions, when you consider that international students live separately in hotel-like dormitories in China and that in America, many live as a group off campus in apartments. At CityU there are roommates, "toilet-mates", then floor-mates and hallmates.

It's the first time David has ever been to Asia and he made a good choice. "Hong Kong is great, economically strong in Asia, a right place to go for a student studying Economics. Those skylines are fascinating. But under its modernity, poverty is still visible and the environment is seriously polluted. It is a city of opposites."

Every year, there are exchange and international students from many different countries joining the residence community at CityU. Everyone comes with a fascinating story. If you enjoy hot pots and having parties together, then you would definitely find the cultural melting pot in the Student Residence exciting and full of discoveries.



Six Halls Spook and Delight Residents with Halloween Haunted Houses



Halloween

Anyone walking through the Student Residence on the evenings of 25 and 28 October 2010 was sure to hear the shrieks and screams of frightened haunted house goers and Halloween spook seekers. On those two days, just before the Halloween holiday, the Residents' Associations (RAs) of Halls 1, 2, 3, 5, 6 and 9 organised and hosted their annual haunted houses for all student residents.

Hall 2 held its yearly haunted house on the 25th, while the other 5 halls held theirs on the 28th. All of the haunted houses were located on the ground floor of their respective halls and featured super spooky themes, ranging from zombies to ghosts to traditional Chinese shrines and graveyards. Hall 9's display even featured an eerie murder mystery that guests had to solve as they made their way through the haunted house.

But Hall 9 certainly wasn't alone in shocking and scaring its guests. "I loved it! It was a little funny and quite scary," said Patricia Bernasconi (Hall 7) after

making her way through the Hall 6 haunted house. Adel Wong and Emily Yang (both from Hall 3) agreed, "It was unbelievable and very professional!"

Sarah Cham (Hall 6) and Annie Lai (Hall 3) managed to visit all 6 haunted houses on the 28th. "The atmosphere is great. They're all quite scary," they said, after emerging from Hall 3's display, giggling and out of breath.

These haunted houses are an annual tradition for most halls' RAs. "It's a fun custom that brings the whole student residence together," said Oliver Yu, a member of Hall 3's RA, from behind a gory mask oozing with artificial blood. "The students work so hard on

this event," said Ms Alisa Kwan. "[Hall 9's] RA didn't buy one thing! They made everything by hand."

The squeals and screams that echoed through the Student Residence on the two nights of the 25th and 28th surely attest to the success of all of the Residents' Associations' hard work and meticulous preparation.



「長者學苑」聚友營2010 @ 城大學生宿舍

城大「長者學苑」聯同四位學生老友記：

Ah Man, Carrie, Ping, 及 阿山，在 7 月 30-31 日，統籌策劃了一個既有益身心，又好玩的暑期活動《長者學苑聚友營》。衷心感謝你們！

入營前的晚上，越是心急想睡，我越是睡不著；翌晨慌忙醒來，果真睡過頭了，可謂事與願違。還好我飛快地準時到了城大迴旋處集合。接著推選男女班長各一名，有個女同學立刻叫著我的名字，大概也知道我在當時的形勢不好意思推辭吧。男班長就由有型有風度(當他架起墨鏡時)的 Nelson 自告奮勇擔當。

入到營裡城大學生宿舍分配好房間後，我們聆聽了關銳煊教授主講的「情緒與溝通」講座。豐富午餐後，又分別由李紫媚博士主講「老人防騙 10 招」，周愛華博士主講「做個開心樂老人」。各位獲益良多。

緊接著便是「煮出真滋味」烹飪比賽。這是《聚友營》最精彩的活動。全營長者21人分為4組，我組有6人。由去石硤街市挑選食材，到最後下廚，大家分工合作，全情投入。

我組菜單名為「夏日情懷最有型」，是 Cecilia 建議的(她是我組的軍師喔)；這道菜的用料有：冬瓜、南瓜、茄子、蕃茄、豆角、燈籠椒，豆卜釀入鯪魚肉，加以軟骨肉排作湯底。別看我們年長，卻童真滿瀉哩，好似小學生去露營般，合作愉快而默契。終於，這道色美味香的健康菜煮好了，竟比規定時間早了40分鐘。糟糕！剛上碟時還熱氣騰騰的佳餚，經過40分鐘時間的洗禮，會否色衰味老呢？

準7:15pm，四組把參賽美膳安放在評判席上。大會進入了高潮，大家興奮地等著宣佈比賽結果。首先選出最佳故事獎，得主是「齒頰留香傳真情」，最佳合作獎是「心花怒放聚友營」，當讀出第二獎是「康健葡汁雜菜豆」的時候，毫無疑問，我組奪冠了。我和Cecilia 高興得擁抱一團，各組員也為我們的努力擊掌歡呼！

翌晨，我們到觀塘基督教家庭服務中心參觀，不僅增進了我們對該機構為老人及社區所提供的服務的認識；也激發了日後參與做義工的興趣。此次在城大學生宿舍舉辦的《聚友營》活動碩果累累，在一片歡欣氣氛中完滿結束。





Intercultural Work Experience in Organising the ▶ Chinese New Year Celebrations

The night of 17th February 2010 was a special night full of laughters and joy around the Student Residence. SRO, all the Residents' Associations and CSSA (UG) organised the Joint-Hall Chinese New Year Celebrations for all residents. I was so glad to be one of the event coordinators again this year and the experience brought me unforgettable memories.

At the beginning, I was so nervous to work with another two non-local students who came from Pakistan and Mainland China, even though I had experience in organising the event last year. However, I knew the worries were not necessary after my first meeting with them. Our culture differences stimulated us to create different innovative ideas. Also, each coordinator of our team had our own strengths and experiences in a particular area. This helped our division of work effective.

This year I was so delighted to invite 26 elderly from the Salvation Army Tai Po Multi-service Centre to join our celebration and be our guest performers to sing Hakka folk songs, which depicted the Chinese New Year celebrations and sharing happiness with others.



Many students enjoyed with the songs, and the energy and smiles of the elderly. The lion dance performance put the joyful atmosphere to another high point. Students followed the dancing of lion and went with the lion to receive "lai-see" from the 'God of Wealth' in the new office branches of SRO. Each hall held a different booth, such as making paper decoration with reused red packets, writing Chinese couplets, traditional food tasting and making wishes on board. I saw long queues at the booths which never ended. The Chinese and English riddles also caught the eyes from participants.

Although the time for organising was tight and we encountered challenges, the celebration was very successful. I would like to specially thank to my 4 teammates from whom I learnt a lot of intercultural teamwork. I also want to express thanks for great favours to SRO staff, especially to Esther for giving me such a good learning opportunity and advice. From this event coordinator's experience, my problem solving and interpersonal skills have been improved a lot. Also, I have made a lot of friends with different backgrounds and countries.



Learning and Enjoying Diversity and Inclusiveness

Organising the Joint-Hall Chinese New Year Celebrations was my first job as a Residence Life Assistant in SRO. Although I had some experience in organising events, I still felt quite nervous about coordinating this event. My nervousness was gradually released with the help of my work partners.

We had an international team, one from Pakistan, three from Hong Kong and one, namely me, from Beijing. Communication was never a problem. We used English as the “official language” and also mixed it with some Cantonese and Putonghua. The greatest strength of our coordinator team was variety and diversity. We could think from the angles of different students, local, mainland, exchange and international students. I found that an event would be attractive and inclusive to all the students only if the coordinators include the angles and needs of all students.



There is an old saying goes no piper can please all ears. However, we still tried our best to make the celebration event enjoyable to all students. I really enjoy working with my work partners. They are very nice and outgoing. We had a few days staying up late and preparing all the programme materials for the event. But I still found great joy from working together with my partners.

As well as the programme organisation, I also took charge of the M.C. part. Being the M.C. of the event was very challenging. Since we had different booths running at the same time when there were many participants around and the lion dance performances, as the M.C. I had to master the stage and programme well. Victor, the other M.C., and I needed to speak at the highest volume

in order to be heard. After the event, I could hardly say a word and my throat hurt. To be a good M.C., one really needs to act quickly. The rundown could be subject to change and the M.C. has to respond appropriately to deal with different situations and needs. There was no fixed script for us and we needed to accommodate changes as soon as it was necessary.

The whole organisation and coordination process was hard with numerous meetings and preparations. However, at the end of the event I derived a strong sense of satisfaction deep inside my heart. Learning and enjoying are my best summary for my experience in coordinating this community event.



Gaargi SHARMA
BBA Global Business Systems Management, Year 3
Alumni Civility Hall
March 2011



“Tai Chi”, when literally translated, means the Supreme Ultimate Force, which is a concept of yin-yang wherein you strive to achieve a balance in life through ‘supreme ultimate discipline’. This is how my instructor Chak Sau-King described Tai Chi when I had the first of my eight Tai Chi lessons organised by the Student Residence Office. This is a one month, twice weekly programme conducted every Tuesday and Thursday at 7:45am, in which the enrolled students are taught the basics of Tai Chi. We were about twenty dedicated students with a well-balanced mix of international, local and exchange students.

Tai Chi Sessions at the SR: Aiming to Achieve the Right Pace



According to Chinese philosophy, there exists a concept of ‘chi’ that is a vital force animating the body. One of the main aims of Tai Chi is to foster the circulation of this ‘chi’ within the body. This leads to the enhancement of the person’s health and vitality. Scientifically speaking, chi circulates in patterns that are related to the nervous and vascular system. Our instructor has been giving us such insights in English, Putonghua and Cantonese along with teaching us the movements.

After going to six sessions of Tai Chi, I can stick my neck out and state that it is a subtle combination of yoga and meditation. Tai Chi consists of a series of movements that have been derived from the natural movements of animals and birds. These movements are slow and gracious with smooth and even transitions between them. For me this is the best part of Tai Chi. *In the humdrum of my University life, where I need to run around everywhere and race against time for things like group report submissions, individual assignments,*

meetings, classes, etc., Tai Chi provides me with a much needed break. It helps me understand not only the importance of mornings but also the beauty of time.

Attending these Tai Chi sessions early in the morning on the nature lawn at the Student Residence has helped me immensely in understanding the need for our body to slow down in this fast moving world. It is a must for all of us to find the right pace and what better way to do this than Tai Chi?



太極

Bonjour tout le monde!

Healthy Food Cooking Competition



I had the pleasure of participating on February the 24th in the annual Healthy Cooking Competition organised by the Student Residence Office. Geneviève, Anna, Marek and I formed a team and we won the Most Outstanding Team Award; we want to share with you our recipe - the recipe for success!

In accordance with the rules and requirements of the Competition, we had to cook dishes containing eggs. We decided to make a dessert composed of sweet French toast with seasonal fruits decoratively cut into small slices and covered with molten black chocolate. We chose to use kiwis and pears so as to play with colours and also enhance the design of our dish. By adding crumbs of white chocolate to the top and a caramel design on our plate, we achieved a perfect aesthetic, which presented our dish as being a very tasty one. Add a pinch of love and boom-tchak-tchak! Here is our bomb! Our "Pain perdu gourmand & meli-melo carpaccio" was fully enjoyed by the judges' taste buds. Very common in France, we usually enjoy this

kind of delicacy together with a cup of tea or coffee, often coupled with a shot of cognac, or other liquors or spirits. It aids the digestion after the meal.

My experience of joining the Healthy Food Competition and the challenge left me with yet another great memory of my stay in Hong Kong that I have been waiting for for so long, one of many occasions when I got to make new friends, and it is one that I will never forget. My wonderful hall life memories started off with attending a Poon Choi Banquet, then a singing contest, a carnival and a sweet dinner etc. I greatly and fully enjoyed taking part in these lovely events organised by my hall, Hall 7.

I definitely agree that my hall life has made a profound difference and strongly enriched my stay in this amazing city. Life is short and makes me consider every day as a gift. That is why it is called "the present", right? Two words to wrap this all up, two words for all the nice people I have met so far: Thank You!



Of Suits and High Heels High Table Dinners

It's time to bring out your suits and ties and polish your leather shoes, to put on those high heels and squeeze into that gorgeous dinner dress, because that time of the year has come again. Yes, High Table Dinner season is right round the corner in March and April, so you'd better be prepared.



High Table Dinners are formal dinners commonly found in the residence halls of universities across Hong Kong. The dinners are modeled after the formal dinners usually seen in UK's prestigious boarding schools and colleges. The term "High Table" refers to the raised table at the end of the dining hall that is used to seat the fellows and their guests, often seen in traditional academic institutions in UK. The best-known dining halls with a High Table in modern days are the one at Exeter College of Oxford University (the one with the famous rabbits on the stained glass window) and the Great Hall of Hogwarts School of Witchcraft and Wizardry, where Albus Dumbledore used to deliver his speeches.

High Table Dinners are a long standing tradition that is still carried on in City University, Hong Kong University, Polytechnic University and other universities as well. Nowadays, High Table Dinners in CityU residence halls are organised by the Residents' Associations (RAs) and hosted by the respective Residence Masters (RMs). They usually carry an academic theme. The programme for the night more often than not consists of a guest talk while the formal dinner is being served. On some occasions it is also a High Table Dinner cum inauguration ceremony for the RAs or prize presentation to the hall scholarship recipients.

High Table Dinners are meant to expose residents to social and Western dining etiquette while promoting student-faculty dialogue and interaction, as well as hoping that the guest talk will give them more insights on certain topics. Yet it is sometimes hard for the organisers to achieve all these goals, to keep the atmosphere academic and formal while simultaneously making the dinner desirable to the residents. That's why this year SRO and the RMs, acting on the accumulated knowledge of other universities, offered a training session on 14 January 2011 for the student organisers about how to organise a High Table Dinner professionally.

With High Table Dinners looking more promising than ever, residents should seize the opportunity and not miss out on this beneficial event.

NG Rocky W.
BBA Marketing, Year 2
Hall 9
May 2011

Leading a Rewarding and Healthy Life in Hall

I often hear graduates telling me about the “must do’s” in university, and living in the Student Residence is definitely one of many.

Excitement rushed into my heart when I received the residence offer for Semester B. On the day I moved in, I was amazed by the sheer number of activities offered to the residents. I received a warm welcome from the floor-mates and, with high hopes, was greeted by my hall tutor.



As a member of the CityU Rugby Team, I found it extremely convenient to attend training session. It saved me a lot of time as I only needed to take a 10-minute walk from the residence to the training ground. I also had the opportunity to spend time with overseas and exchange students on the way back to the residence after training. It was wonderful how I could meet such a diverse group of people and have such an enjoyable time. Promoting a healthy lifestyle to fellow residents and showing them a nice jogging route nearby as part of the Fun Walk during Welcome Week also made my hall experience more meaningful!

One of the most memorable moments for me has to be the Inter-hall Singing Contest cum Prize Presentation Ceremony of the Professor Edmond Ko Cup. The spirit demonstrated by the cheering team of each hall moved me from head to toe. As the MC of the event, I found it extremely hard to keep the crowd calm, as they were so eager to win the Professor Edmond Ko Cup. In the end, each hall won an award of some sort and we all left the Wei Hing Theatre in high spirits and with a warm smile on our faces.

All in all, I had a wonderful time this year as a member of the CityU Student Residence, and I look forward to another fruitful time in my final year.

宿舍生活的規劃



凡事豫則立，不豫則廢。

豫就是預備嘛！沒有事前詳細的準備與規劃，就無法清楚地知道未來四年在宿舍生活中可以學習到什麼，很容易就被生活的漩渦給拉走。

還記得自己從台灣初到城大時，興沖沖地參與城大各種精彩的宿舍活動，想積極地體驗大學宿舍生活，可謂來者不拒。但是因為欠缺明確的規劃，到了學期中以後，當生活開始繁忙之後，漸漸為參加而參加，每天都兵荒馬亂地應付schedule，還自以為很充實。這樣不只忘失參加的動機，更重要的是，當心麻痺掉的時候，就會變成一個只在校園行屍走肉的大學生而已。

現在再回頭看，就會很希望自己當初能清楚地安立在宿舍學習的主軸，畫出學習的地圖，讓每一個抉擇都能緊扣立下的宗旨。

生命的每一步都可以是學習。

城大是座無窮無盡的寶庫，需要有心人來發掘。有一個很想學習、進步的心，才能在宿舍生活中處處磨練自己的心。

以人際互動為例，我用我走來的經驗跟大家分享。在與來自不同地區的學生溝通時，可以觀察到很多元的價值觀及風土民情。不過，在一起生活又是另外一回事。對待室友、廁友、樓友時，如果無法恆常學習自

他立場交換，就容易觀察到別人跟自己不一樣的習慣而自尋煩惱。

再舉宿舍活動為例。如前述，城大宿舍每一棟都有琳瑯滿目精彩的活動，以我住的Hall2而言，有糖水會、Scrabble拼字大賽、Uno比賽、歌唱等參加不完的活動。我自己當初在裡面玩得很開心。但是要小心，如果沒有思考清楚每一個可以從中學習的點，很容易大一過完，發現自己好像更會玩了，其他的呢？沒像還跟高中沒什麼兩樣。這是我的經驗，希望大家未來遇到能審慎思惟。

常常做總結

到了大二，我兩三天就會總結一次我在大學生活的學習。課業、待人接物上，心態跟行為不夠好的，想辦法改進。已經做好的，肯定自己。

這樣就能瞭知自己在學習的地圖裡走到哪裡，隔天起床，該怎麼繼續跨步。

不斷做總結，我發現不只可以提起偶爾低沉的心力，還可以一點一點地慢慢觀察到城大宿舍人與物之美，讓自己大學生活的快樂指數一分分地升高。

希望大家在來香港前仔細地觀察抉擇宿舍生活的規劃，並在生活中恆常檢視，把宿舍生活的點點滴滴都收攝進自己的成長。

朱浩慎
電子工程系博士生
第八座活躍宿生獎得主(2010-11)
2011年4月



學習愉快、 生活愉快在宿舍

不知不覺來到CityU已經三月整，今日我終於登上了獅子山頂，凝視著坐落在山腳下一幢幢CityU宿舍樓，幾個月來的研究生生活，在宿舍居住的種種經歷又漸漸泛上心頭……

剛來CityU就趕上SRO主辦的inter-hall competition系列比賽，於是我便參加了其中的足球，籃球和歌唱比賽。最有意思的要數參加inter-hall singing contest，起初只是抱著“娛樂娛樂”的心態參與，沒想到由於報名人數不夠，hall內的選拔就取消了，我便直接“挺進”了決賽。不擅長唱歌的我這下慌了神，忙找來搭檔商議。接下來的一周，幾乎每天晚上都和搭檔練習，但那種“蜀中無大將，廖化作先鋒”的不安，直到臨登臺的那一刻，我的心裡仍像“十五個吊桶打水”——七上八下。不過現場的氣氛迅速緩解了我們緊張的情緒，年輕的學弟學妹們都成了我們的

啦啦隊，為我們鼓掌喝彩。每當主持人問到Hall 8的同學在哪裡，大家似乎都知道Hall 8的研究生們很少參加這種活動，都不約而同地為咱們hall加油納喊，整個現場所表現的團結和睦，友好活潑的氛圍，讓我享受了一個溫馨而美好的夜晚。還記得soccer competition第一場便對陣上屆冠軍Hall 4，由於是淘汰制，雙方都全力以赴。不過最後咱們Hall 8還是敗下陣來，客串門將的我丟了好幾球，心情難免有些沮喪。賽後對方前鋒——一名德國小夥友好地過來握手，我的不愉快也就隨之拋到了九霄雲外。“友誼第一，比賽第二”嘛，從此我又多了一位“國際”球友。

記得有研究生同學問我去哪踢球，我說去石硤尾公園和一些local student踢。他們很詫異地問，你會粵語麼？我說，不會，聽都聽不明白，但沒什麼，大家還是一起踢得挺開心。這不過是件小事，我只是覺得文化的差異或語言溝通的障礙，也許有時並不像想像中那樣是妨礙我們交流的絆腳石。共同參與活動就是一種交流，它在無形中削弱文化和語言差異所造就的壁壘，有時候友誼甚至在一種無聲的團隊配合中就形成了。就像high table dinner上，程鶴麟先生所說，無論是香港人，大陸人還是其他的外國人，雖然語言不一樣，但在人性上是共通的。因此，想要融入這個新的環境，最重要的並不在於張嘴便能說出流利的粵語或是英語，而在於你是否能夠敞開胸懷來溝通和交流，張開雙臂來擁抱不同的文化或體制。

這也是為什麼我在收到inter-hall competition的活動通知時毫不猶豫地便報名的原因。不僅僅因為自己喜歡運動，更重要的是我渴望交流，渴望融入這個多元化的社會，來不斷充實自己。我可不希望在今後展開自己學生生涯的畫卷開始慢慢回味時，在香港求學的這段經歷是單調的灰色。她應該也是五顏六色的！在我看來，以SRO舉辦的inter-hall competition為代表的各種活動給大家提供了很好的交流與溝通平臺，並使我們能夠充分展示個人人才華，彰顯與眾不同。積極來參與吧，我想，你不僅會喜歡上宿舍的生活，更會擁有一段更加精彩的研究生經歷！





An Encounter for Life in Hall

I believe that every student who has experienced hall life would agree that the Student Residence is far more than just a place to stay. Some students find that their roommates become their best friends forever and their hallmates become their brothers and sisters sharing laughter and tears. For me, I am proud to say that I'm a lucky one. I found

my true love -

I got to know my wife in my residence hall.

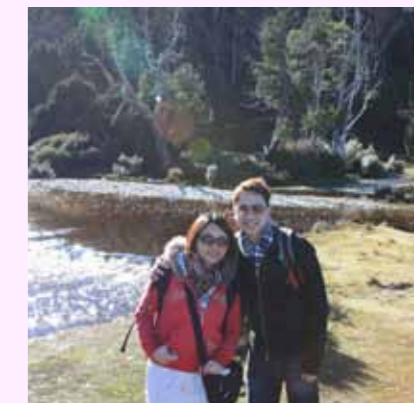
I was living two floors above the adorable girl. We met in the lift, chatted on the lawn, cooked in the pantry and worked together as committee members of the student residence association. I was the external VP and she was the internal VP. Two years later, we were both RTs in the hall. Another half-year later, one semester before her graduation, I was her boyfriend. Last year, in 2010, I made myself the luckiest person on earth:

we married.

The Student Residence witnessed how we started as strangers and became lovers. I am also fortunate to have found sincere brotherhood in the residence, my soulmates that I still meet all the time. I couldn't imagine that the residence hall included so many important people around me until I began to write this little passage. The residence hall plays

a really important role in my social network.

I'd also like to express our thanks to the Student Residence Office for allowing us to take some wedding photos in the residence hall area. I hope everyone in the residence hall will find memorable friendship in your hall life.



Caring and Sensitive

Angels

Some may say that visually impaired people seem to be good listeners, as they have sensitive hearts in dealing with people as well as encountering problems and difficulties. To a large extent, I agree with the saying.

In my friends' eyes, I always act as a social worker. They are very eager to chat with me all the time. I am not sure whether I have **a sensitive heart** when chatting with my friends, but what I am sure of is that they appreciate my attitude, which is one of the core qualities of being a good listener. Though I am not sure whether I have the ability to help them solve the problems they encounter, my friends are pretty confident in me in taking the advice I give them.

Some people may guess I would have difficulties in integrating with hall life. However, the truth goes a different way. The reason may be attributed to my past hall living experience. Before going to the City University of Hong Kong, I lived in a student hostel near my secondary school. Thus, I am used to living in hall and being independent. That is why I did not have many difficulties when I first joined Hall 1.

However, it took me time to adapt to a brand-new living environment in the CityU Student Residence. There is no doubt that the love and care I received from my hall-mates made my hall life much easier.

Indeed, I was flooded with love and care from my hall-mates, especially my floor-mates. To be precise, they were not only my floor-mates, but my brothers and sisters. Living in hall, I felt protected because my floor-mates treated me as their family member. They were very eager to give me help once I told them to give me a hand. The close relationship among my floor-mates made me feel secure with no fear.

I am able to communicate well with people. Actually I never treat my visual problem as a "disability". I am confident in myself in handling my daily life. Thanks to their love and care, my floor-mates and hall-mates are all my angels. I enjoy interacting with them very much.





Succeeding in
Your Study

Participate in Residential Life as a Writer



Games seem uninteresting until we are engaged as active players and feel the real thing; the same applies to our residential life. *As a ResLink writer, I am so glad that I have grasped the opportunities to be both an observer and a creator of everyday life in the student residence. To tell the truth, these experiences are a real delight.*

I still remember the day when I was first employed as a ResLink writer. My happiness could hide nowhere and was revealed by the smile on my face, because *the job marked a brand new way for me to practise my writing and share it with others on a regular basis. I regard it more as a job than a money-saving solution; it is something I really want*

to put my heart into. In order to reach more readers and offer them the best, I try to apply my business knowledge to publication marketing. I was very impressed when Esther (my boss) touched on the idea of adding a “recommended book” column in each issue. Through working on the column, reading has remained my dearest habit. Luckily, I was once honored to interview one of the most prestigious professors in CityU, Prof. Zhang Longxi, and helped convey his ideas about reading to my fellow friends. This indeed develops our spirit and leads our residential life a step further in quality.



As an active writer in the student residence, I am also exposed to various opportunities. After performing at a mid-autumn festival party organised by SRO, I was asked to give several shows on other occasions, where I met many talented foreign friends. When I was an exchange student in Kent last semester, I offered people there a real taste of Chinese music by performing in the streets, which turned out to be favourably received.

A fruitful residential life is within easy grasp if we are ready to participate. I shall always be grateful for what the ResLink job offers me, and to the lovely people who share the experiences with me and help me to grow.



Roundtable Discussion: the Middle East



“Roundtable discussion” - when one utters this term the first thing that comes to mind is a group of serious people sitting together with strained looks on their faces discussing issues of grave importance with the utmost earnestness. But if you attended the roundtable discussion held at the G/F Common Room in Hall 8 on 17 March 2011, you will realise how untrue this picture can be!

After the first two roundtable discussions on international affairs from the points of view of Burma and North Korea organised by students, the crisis in the Middle East was targeted. With the help and support of SRO, the student residents from Hall 3 and Hall 8 organised the 3rd roundtable discussion on the pro-democracy wave in the Middle East in order to know more about these developments. It was an informal but intellectual discussion that stimulated the grey cells and encouraged the participants to explore the issue.

Academic staff from the Department of Applied Social Studies, Dr. Ho Wai Yip, an expert on Islamic studies, and Mr. Fung Sai Fu Simon shared with us their views on the topic. The participants also included inquisitive students with a proportional mix of locals, non-locals and exchange students. When we asked Miss Karishma Bhalla, an exchange student from Warwick University who hails from Dubai, about the event, she stated excitedly, *“The discussion was an engaging*

and engrossing intellectual session involving views being exchanged among members who included students, tutors and professors, who supported an interactive presentation. Events like these will increase our awareness on what’s happening in our world and provide important perspectives from various angles, increasing cooperation and motivating students in residence, including local and international as well as exchange students like me, to participate actively.” She echoed the words of every individual present there, including me.

Fun fact- in Arthurian legend the circular table of King Arthur and his knights was used for discussions shaped so that his knights could sit around it without anyone having precedence. Now, doesn’t that go well with what we did? Sharing without precedence =]



GAO Jiabei, Gabriel
BEng in Electronic and Computing Engineering, Year 3
Residence Tutor, Jockey Club Academy Hall
May 2011

**Student
Experience
Sharing on
Succeeding in
Public Examinations**



I organised four experience sharing seminars to enable exam-takers of TOEFL, IELTS, GRE and GMAT to learn from their senior fellows some tips on how to deal with these exams successfully. The focus of the seminars was not on traditional teaching-and-learning but on practical preparation skills, time-management and psychological preparation for these exams.

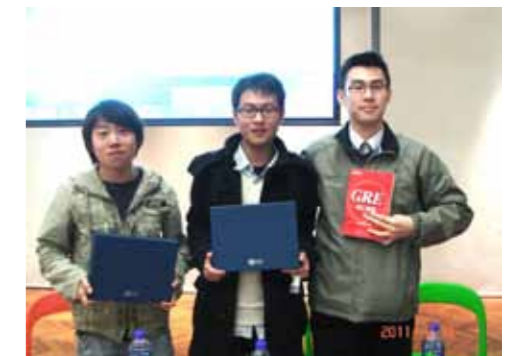
Personally, I have taken 3 of the 4 exams listed above. I really owed my success to my peers and senior fellow students, who taught me how to prepare, what to prepare, and for how long I should prepare for the exams. I realised how important good attitudes and techniques are for tackling these public exams.

In organising this 4-seminar event, I practiced my organisational qualities and realised what college students' academic demands might be. I invited my friends, classmates and even some exchange students to be my guest speakers and share their experience of doing the exams. After I had told them the objectives of holding the seminars, these volunteer speakers were extremely willing to

share their experience. I emailed all residents about the events, made posters and created spreadsheets to record participation etc. I arranged tailor-made PPTs and collected many preparation materials for sharing. Each sharing seminar lasted about 1.5 hours and there were always students participating in the Q&A session.

The seminars were very well received. I noticed the joy and excitement in many participants' eyes. Students were so happy to hear the advice given by high-scorers whom they respected very much. Material sharing was warmly welcomed by participants. More important, I found that students really had this demand to learn not only actual English skills, vocabulary, logic and analytical writing etc., but also longed for some useful tricks and learning strategies as well as correct attitudes for taking public exams.

I sincerely hope that more events like these can be organised in future. Organisers should be more creative, not confined by tradition. After all, as students we should know what our own academic needs are.



TSE Cheuk Yin, Andrew
Bachelor of Laws, Year 4
Residence Tutor, Hall 9
May 2011

Career Chatrooms

Accountants | Architects | Lawyers | Psychologists | Surveyors

Co-organised by Hall 9 and the Junior Chambers International of Hong Kong, Career Chatrooms are gatherings which enable residents to bond with the working profession in a relaxing and enjoyable manner, be it with accountants, architects, lawyers, psychologists or surveyors.

Starting with interesting sharings by the guests, one can get useful tips for interviews, CVs and networking. It is always good to be able to learn from those who have experienced the process and are now willing to give something back to us students who are about to enter society.

These are practical tips you can never get by attending school or from reading books.

This is, moreover, also the place where you can practice what you have just learnt. The sharings are followed by refreshments. How to meet people, start a conversation and break the ice can all be practiced within this period. One can always meet interesting guests, network with them and even make good friends afterwards. It's the perfect place if you want a mentor who can guide you along the profession and give you advice from time to time. What more can you expect from hall life?



Well, if you are still not satisfied, you can always stay behind and sign up for individual timeslots and take part in mock interviews or if you want guests to give individual advice on your career developments. Take your time to ask in-depth questions which may be more personal. The guests will always answer the queries themselves and maybe even refer you to another guest afterwards who can give you an alternative view of the matter.

With more than 60 students participating in each gathering, Career Chatrooms are truly the most sought-after activity. Students know that they not only get free refreshments but can actually learn and get something on leaving the function hall with smiles on their faces after each gathering.



SUCCESS



MU Zongxu , Mike
BSc in Computer Science (Year 2)
Chan Sui Kau Hall
Recipient of Chan Wing Fui Scholarship (2010-11)
President of Chan Sui Kau Hall's Scholarship Team (2011-12)
April 2011



The Rewarding Honour of the Chan Wing Fui Scholarship

▶ Living in Chan Sui Kau Hall has been one of my most enjoyable experiences in CityU. There have been a lot of happy memories in the past year, and I would very much like to share them with you.

My Residence Tutor, Catherine, has been a very responsible, helpful and easy-going mentor throughout the whole year. She is always one of the people that I turn to when I meet difficulties. She has shared with me her own experiences which have been of great value in helping me prepare for my own.

There have also been a number of opportunities to work as a volunteer for

the neighbouring community. We have weekly volunteer opportunities in nearby local churches and schools. In a local church, we helped Mainland and South Asian children from new immigrant families through organising games and activities for them, and helped them in their homework. In particular, we assisted South Asian children to learn Chinese. It is also very enjoyable for me to work for the

mentally-retarded children in MHAHK Cornwall School. I have been really moved by the sincerity of the children. It is not in any sense a difficult task, but we need to be patient and committed. What we do is to play with the children, but I believe it is something that can change society. *I always have it in my mind that volunteerism, especially youth volunteers, can change the world in one way or another. We help those in need, and we grow up and develop ourselves at the same time. Not only are we helping others, but we are contributing to building a warmer world as well.*

It has been a great honour to be awarded the Chan Wing Fui Scholarship and elected president of my hall's scholarship team. The scholarship is a reward that acknowledges my efforts in contributing to my hall and encourages me to do better in future. Our scholarship team are planning a number of activities for our hallmates in the year to come. Recently we prepared energizing fruits for our hallmates to wish them good luck in the coming examinations. We also started a book donation scheme to collect books from our residents for our hall's mini-library. An online system is also being planned, as we hope that our hallmates can have convenient access to the resources in our mini-library.

Summer is coming and we will have a break from busy university life. I am looking forward to the study tour to Taiwan. I am proud that my hall has two local visits and two study tours every year, adding spice to our lives, broadening our horizons and contributing to a balanced and enjoyable life.

Building Works Assistant



I worked as a Building Works Assistant in SRO in the summer of 2010.

It was a meaningful and interesting job to me. My scope of work included room inspection, acoustic measurement and environmental assessment on the living environment of the Student Residence. The job gave me a lot of opportunities to apply what I have learned from classrooms to work practice.

After residents checked out in the summer of 2010, I had to [conduct room inspection for vacant rooms](#). My duty included checking, assessing and reporting the room defects for repair and maintenance follow-ups. I had to check about 200 rooms per day! Frankly speaking, in hot summer day with 28 degrees Celsius or above, working in non-air-conditioned rooms was hot and sweaty. However, when I thought of my future career as a builder, which I have to work outdoor, I felt relieved and found serving in the residence community very meaningful. [In addition, since there were plenty of rooms to be checked within one day, I had to plan the details about the location, routing sequence and time of checking.](#) This trained my organising, planning and time management skills in managing the project.

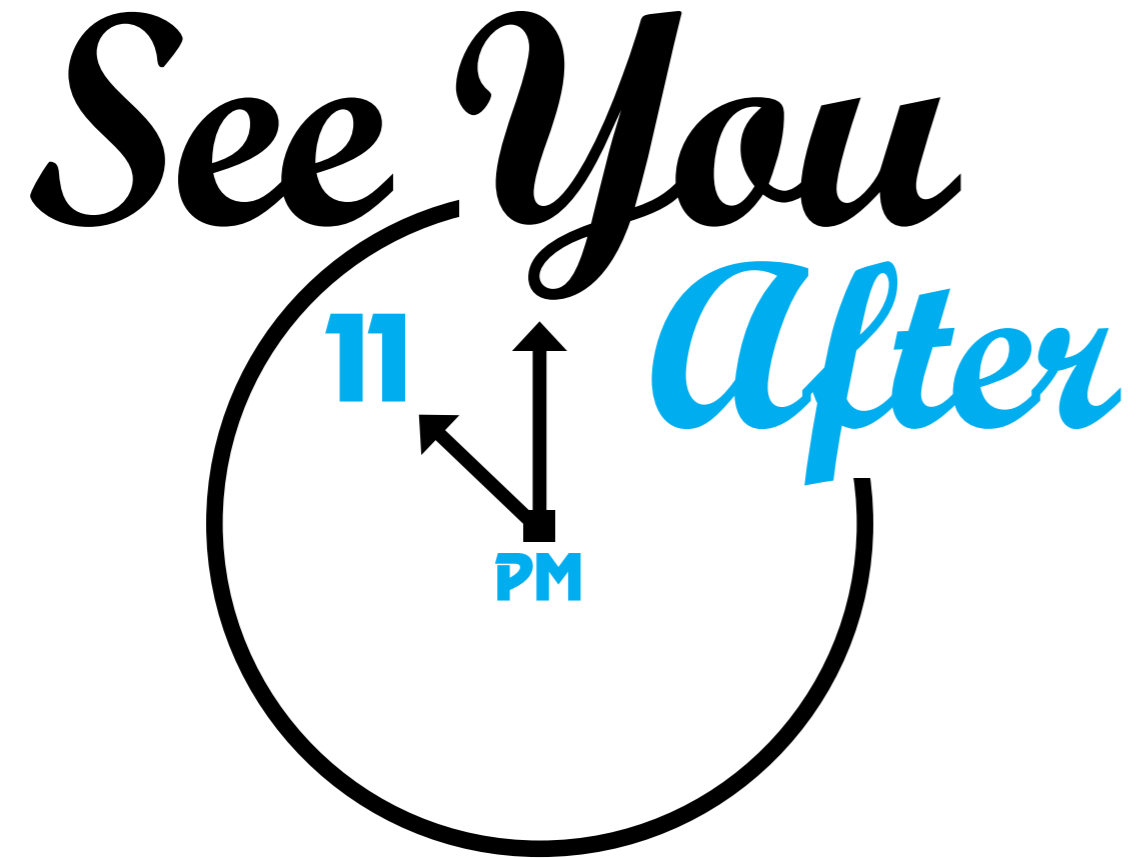
Besides room checking, I had also [conducted a measurement of noise level](#) for different locations of the Student Residence. The sound meter was

so sensitive that I had to handle it carefully and record the data accurately generated from the meter. [I understood that noise nuisance was one of the major concerns for ensuring a peaceful and comfortable living environment for the residence community.](#) While applying what I have learned to this project assignment, I have learned the [importance of balancing different needs in a society.](#)

I sincerely hope that every resident can enjoy the living environment through our collective efforts and a fruitful hall life.



YANG Yunna
BBA Finance, Year 1
Jockey Club Harmony Hall
Coordinator of Peace Marshal Team (2010-11)
June 2011



I have served as a Peace Marshal for nearly two years and as a Coordinator of Peace Marshals for one year. When I first started my job, I knew little about it. Thanks to SRO staff Derek, Convener of Peace Marshals, and also our ex-coordinator of Peace Marshals, Chung, I was able to pick up the job quickly.

The job of a Peace Marshal begins at 11:00 pm, when the quiet hours of the Student Residence start. Our job is to balance the diverse yet conflicting needs of residents, of whom some are still active at night and others want a peaceful environment for a quiet rest. It seems to be difficult to make both sides happy. I have sometimes felt sorry for those who were having great fun when I had to say, "It is already quiet hours now, please lower your voice." However, I have had to do this when I have thought of the overall interests of residents. Fortunately, in general our residents are cooperative and have replied to me with a smile saying "OK OK!"

During my 2 years working as a Peace Marshal, I have learnt a lot. Chung and I have edited the Work Manual for Peace Marshals, which facilitates all Peace Marshals to deliver their duties effectively and according to consistent standards. I have



perceived the importance of Peace Marshals as coordinators rather than administrators. That's what I have learnt from Derek and Chung and what I have told other Peace Marshals. As a coordinator, I have served as a bridge between SRO and the Peace Marshals, as well as between SRO and residents, for I have had to keep SRO well informed of the opinions of Peace Marshals and residents about maintaining a peaceful environment.

The job has taught me how to work in a team and how to take personal responsibility. It has also given me precious experiences about what a job is really about and how I can handle it well.

I am very thankful for the chance to work as a Peace Marshal Coordinator. Hopefully, I will see all of you smile after 11:00 pm, no matter you are studying, playing or sleeping!



Succeeding in Your Study

LAU King Ying, King
BA in Digital Media Broadcasting, Year 2
Lee Shau Kee Hall
Student Photographer of SRO
May 2011



Stepping
towards
My Dream

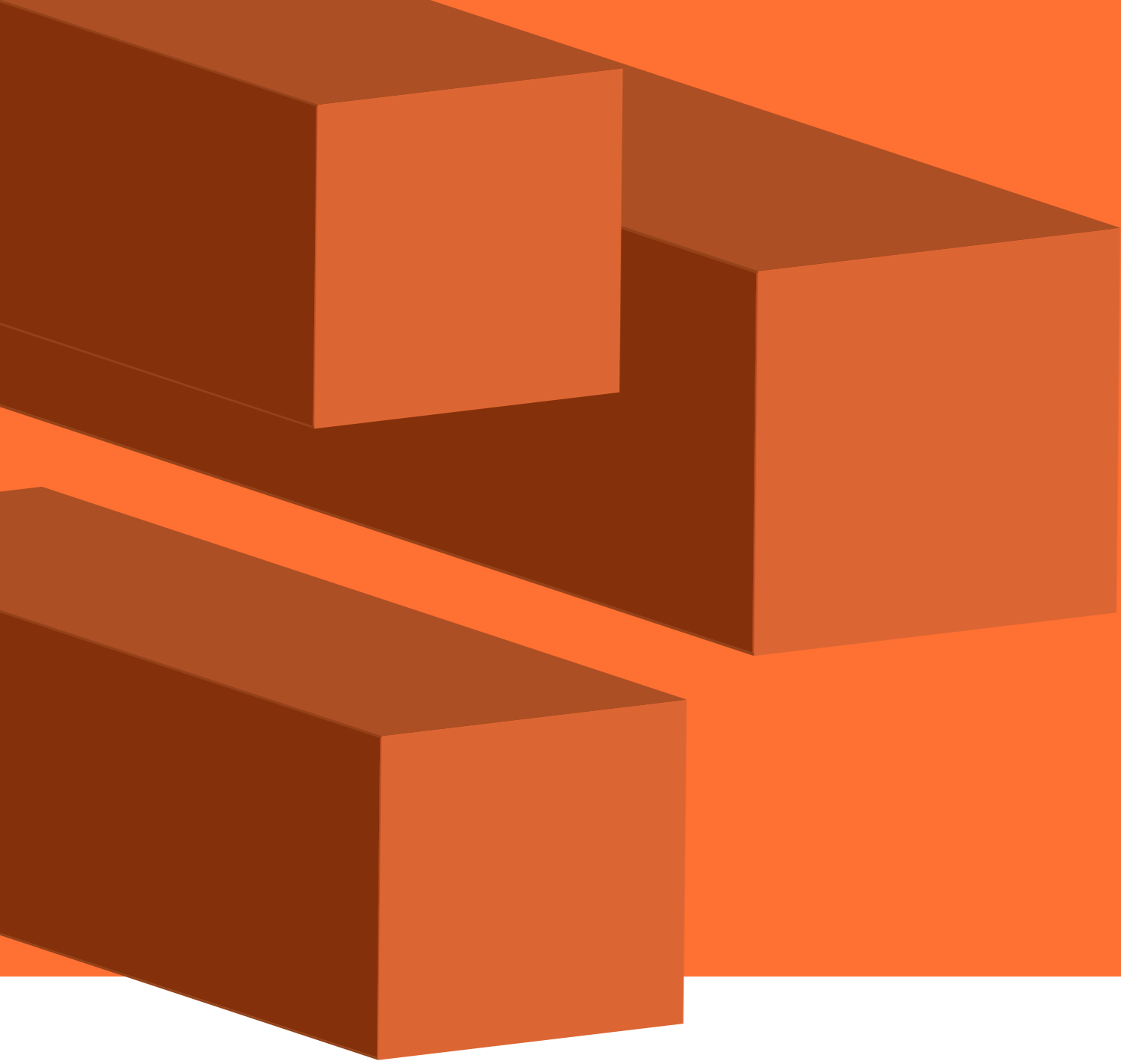
I have loved photography ever since I was young. Whenever I see something funny, a beautiful environment or a joyful moment, I love to capture it for my life memories. I really want to say 'thank you' to Derek and Karson of SRO for giving me **my first taste of being a student photographer of SRO and capturing all the joyful and memorable moments of every student residence activity. This was my first job at CityU and has enhanced my confidence that I can achieve my dream.**

In my first photo-taking task, I took ten photos of the student residence environment. I hoped to find a good angle and timing for the photo shooting. I walked around the whole residence at midday, nightfall and evening to scout for ideal places and discovered a lot of nice views in our residence site. When I was returning to hall, I enjoyed the views very much, especially the stunning views of the

sunset over the footbridge. This enabled me to know more about the surroundings I was living in and how amazing they could be.

Then I started to help taking photos for the activities organised by SRO. Taking photos of events was fun and enjoyable, since I could feel the happy and lively atmosphere in the activities and got involved in the events with the participants! That is why I enjoy being a photographer for hall activities!

Being a student photographer of SRO has really enlightened my hall life and helped me take a further step towards becoming a brilliant photographer in the future. I have gained a lot of experience of photography as well as communication skills from the job. All these experiences have advanced my career path and my dream of becoming a professional photographer.



Learning

To Serve

Yasir Ali YAHYA

Bachelor of Engineering in Electronic and Computing Engineering, Year 3
Residence Tutor, HSBC Prosperity Hall
June 2011

FUND-RAISING EVENT FOR THE PAKISTANI FLOOD VICTIMS



Back in the autumn of 2010, unprecedented floods inundated large parts of Pakistan. BBC News said that at least 18 million people were affected by the floods. This prompted me to do something about this national disaster. I met with CityU's Staff Association and they agreed to hold a book sale, but collecting all the books would take a long time. Luckily, I met with Esther from SRO, and we came up with a plan: the CityU residence would be holding celebrations for the Mid-Autumn Festival and I would set up a food stall to raise some funds for the flood victims.

Everything happened in a rush. Khyber Pass, a restaurant in Chung King Mansion TST, agreed to donate 100 samosas for the cause, and we got a recipe for a famous Pakistani drink: mango lassi. I still remember that I was not sure of the success of this event, but all my friends helped

and we got a great response from the students. Ashwathi Kumar was behind the blender, making mango lassi. Talha Mahmood, Ashtar Ali Bangash and Zahurul Islam were frying the samosas and serving them to our enthusiastic customers. Most of the people coming to our stall weren't aware of the flood situation in Pakistan so I had to give them a briefing, but once they found out it was a fundraiser they paid more. Mango lassi was a hit and we ran out of supply. I wish I had bought more mango pulp cans.

I was very happy with the whole event and the turn out. We not only raised funds (\$2,000) for the flood victims, but also portrayed a positive image of Pakistan and gave people a taste of its cuisine. Later that year, I visited a village which had been ravaged by the floods and agreed to help in rebuilding a girls school. All of this would not have been possible without the support of CityU.



Leadership and Serving Qualities of Residence Tutors



After being a Residence Tutor for almost one year, although I have organised a lot of activities, I couldn't use the word 'leader' to describe myself. I have found that it has actually been the residents themselves who have actively taken part in various activities and I should say I have grown up with my resident peers together.

A lot of students have a warm heart in caring for others in our community. Our hall master, Bonny, as a social work teacher, found good resources for us to do volunteering work over the past academic year. One is to help mentally-retarded children in Cornwall School, which is near our residence. After our first visit to the school, some residents agreed to make it a long-term volunteering service project. As a Residence Tutor, I really wanted to make this service move. In semester A, we had training at first and we offered four voluntary service sessions in November 2011. In Semester B, we had volunteering reunion activities and shared our feelings about the service experience. Then we attracted some more students to join our service. One of my Floor Representatives, Derek, told me that after doing service once in Cornwall School, he had already been very touched by the kids.

The other volunteering service of Hall 5 is going to St. Francis of Assisi's English Primary School in Shek Kip Mei to help children of new immigrants from mainland China or South Asia in their study. We usually tutored their homework and played games with them. There were over thirty residents in our hall who joined this volunteering work. Around ten of them went there regularly on Sunday afternoons. Among these active volunteers, I helped them form a group to lead the whole team and organise activities for their service. Roger, a year 1 student from the mainland, was one of the group who led the whole team in the service. Roger didn't miss any of the volunteering service. He also told me that he was thinking about organising this kind of service next year and making more contributions to our hall in the capacity of a Residence Tutor.

In my experience, it is important to help residents become involved in various hall activities, in particular community service, which contributes to one's personal growth by serving others. Being a Residence Tutor involves performing not just as a leader or an activity organiser, but also as a tutor to serve the residents and train junior residents as student leaders with leadership skills and a caring heart to serve others as well.

Volunteers in Cornwall School

Volunteering is a great way to meet new people, experience new environments and learn about ourselves, while giving back to our community. Student Residence Hall 9 with Cornwall School gives residents opportunities to give back to our community. We have 15 volunteers that visit two days a week. Our volunteers come from Hong Kong, Mainland China and Canada, working together and sharing in this experience.



The volunteers recognise the value of giving, especially with these children who need extra special love and care. Volunteering at Cornwall school, Steven, a law student, says, "It shows the special needs of the minority in society and how we, as the majority, can help." As Muriel, a foundation year student, put it, "We can have a better understanding of life when we help others."

Many people do not get an opportunity of this kind. As Karen, a law student, says, "I did not have a chance to do volunteer work involving children in the past, and would like to take this opportunity to understand children and myself more."

We learn and find meaning in life; those are the memorable experiences, forever cherished. Ruoxi, a foundation year student, says, "The volunteering can sometimes be really difficult, because of lack of experience. The most memorable thing for me is that I learn how to do something to help the children with special needs."

Diana, an exchange student from Canada, says, "I joined this volunteer group because I was looking for a way to make Hong Kong really feel like home for me. I figured that the best way to do this would be to become involved in the community and I've always enjoyed working with children, so this was a great opportunity. Of course, it goes without saying that I also wanted to spread a little Canadian love on the other side of the world!"

We strive to help and learn for a simple purpose. As Jay, an accounting student, says so succinctly, all he wants is to see "The smile of the students."



Harmony in Diversity Outreaching to Ethnic Minorities in Hong Kong



Jockey Club Academy Hall has long stressed community citizenship as one of the three essential elements of its hall culture. The hall management team understands well that residents will gain precious experience by exposing themselves to other sides of the community which they might not be familiar with. In light of this, we decided to launch the **Social Concern Project** this year, with children from ethnic minorities in Hong Kong as our service target. In this way, residents were given the chance to outreach and serve the ethnic minorities in Hong Kong.



In January 2011, our residents started preparing for activities under the guidance of four different social service agencies, through which participants from the ethnic minorities were then recruited. Through this preparation, residents gained a better insight into the community that we live in by understanding better the lives and needs of these groups. Of course, they also sharpened their leadership and organisation skills by organising activities on their own.



After carefully preparing for the activities according to the instructions given by the agencies, they eventually implemented their plans in the period from March to May 2011, bringing children from the ethnic minorities to various places including Ocean Park, Wetland Park and so on.

we should not worry too much about cultural differences and taboos. Instead, the similarities between them and us are more important. After all, they are also kids. They love to play as much as Chinese kids", one resident noted.

The activities were generally a great success. Apart from playing and chatting with the kids, our volunteers were also inspired by the energetic and lively children and gained valuable feedback from the agencies. "The kids made us realise that

Indeed, this is the true message that the ethnic minorities always intend to convey and now our residents understand it. The ethnic minorities have always wanted us to ignore cultural differences; they want to be a part of us - Academians now know this.

Walk for Millions

What's more rewarding than starting a new semester with a charitable walk after a long Christmas break!



About 40 charitable residents from Jockey Club Academy Hall marked their first step for this year's Hong Kong and Kowloon Walk for Millions at the Hong Kong Stadium on Jan 9 2010. The walk is one of this year's fund-raising events held by the Community Chest. There were totally 20,000 participants including 128 walking teams, where JCAC was one of the them, gathering at Hong Kong Stadium on that day to raise funds for the "Children and Youth Services" supported by the Chest.

JCAC participants began the walk from Hong Kong Stadium, passed through Wong Nai Chung Gap Road, Black's Link, Aberdeen Reservoir Road and hit the finish line at Aberdeen Country Park Visitors Centre. It took around three to four hours to complete the 10-km long journey. What was even more encouraging was the team spirit revealed by them who all managed to finish the whole route by helping and motivating each other.

Not only did the charitable walk raise residents' social responsibility to contribute to the community of children and youth, but it also raised funds of more than HKD1,000 with our residents' enthusiastic participation. During the walk, residents had demonstrated their sense of belonging to JCAC by wearing tops in red which resembles JCAC. However, JCAC were not the only one who benefited from the walk because collected funds would be allocated to support local welfare social agencies offering "Children and Youth Services" which help children and youth acquire an all-rounded personal growth to overcome difficulties in their lives. Although the 3-hour walk was exhausting enough, the satisfaction gained from putting efforts to help the weak people in the society was worthy of sweat.

Walk for Millions

Marek ZELAZNY

Exchange Student from Warsaw School of Economics, Poland
Alumni Civility Hall
March 2011

Help Japan 2011 - Turn the Wave

It was the 14th of March 2011 when I first thought about organising a charity event for helping the earthquake victims in Japan. What inspired the idea? It was the images reported in the newspapers. With a bunch of people and strong support from both the University and the Student Residence Office, within less than two weeks we raised HK27000, which was almost triple than our goal!

Organising such a complex event in a relatively short period of time was the best management lesson I have had in my life. First of all, I learned how to cooperate with others in a truly international environment, since the teammates whom I worked with closely were from France, India, Pakistan, Hong Kong and mainland China. We were able to combine different skills and synergize various attitudes towards problem solving. Another valuable lesson for me was how to assign tasks effectively and motivate my teammates so that at the end of the day we could say: we will make it! Working under time pressure requires prioritization – you need to define and track milestones.

So what exactly did we do? On Wednesday the 23rd of March we gathered almost 200 local and international students in Multi-function Hall B and presented them with a charity concert. After the artistic portion of the show, we had an organised auction sale, distributed homemade food and souvenirs, and many more things. My advice: always be innovative. If you show something for the first time, people are more interested in participating.



Help Japan 2011 - Turn the Wave

Very helpful was the attitude of the SRO, especially Esther Lee who provided feedback to us and arranged the necessary support, such as the transport of heavy musical instruments. Truly speaking, I did not expect that cooperating with the SRO would be so smooth and easy, without unnecessary bureaucracy. I truly appreciate the attitude of partnership.

My advice to anyone who is interested in organising any kind of charity event at the residence: do not hesitate to do something philanthropic and everyone will be glad to help you.

Constance CHING
 Project Officer, City-Youth Empowerment Project (2010-11)
 Department of Applied Social Studies

Empower Yourself through the City-Youth Empowerment

Project Convener:

Dr. Elaine Au
 (Associate Professor, Department of Applied Social Studies and
 Residence Master, Jockey Club Humanity Hall)

Goals of the Project:

From the inception of the project in 2005, City-Youth has always focused on serving underprivileged children as its core mission. We recognize the importance of holistic services in order to support underprivileged children as a prevention and/or intervention of self-esteem issues, and to ensure that their psychological, physical, and social development is not being neglected. Capitalizing on the project's access to resourceful and educated university students as volunteers, these volunteers continue to engage children in the community through various services, such as regular tutoring, mentoring, adventure-based activities, cultural exchange workshops, etc. Going forward, some of the projects' services include the engagement of parents, as a pathway to empower an integral part of the children's supportive network and environment. In addition, we will also expand the scope of our service to include different populations who are in need, e.g. homeless adults, elderly, etc., and encourage more volunteer-led services.

Committed Project Volunteers:

In its 6th year, the project has recruited approximately 2500 volunteers and has close to 3000 service recipients. From January to December 2010, we have performed close to 10,000 hours of services.



Agencies Co-operated with:

Activity/Service	Partnering Agency/Organisation
1. Understanding People with Visual Disability	Hong Kong Christian Service Kwun Tong Happy Teens Club /Dialogue in the Dark
2. Creative Learning Workshop	Caritas Integrated Family Service Center, Sham Shui Po
3. University Experience Camp	Jockey Club Cheung Hang Children & Youth Integrated Service Centre
4. University Experience Camp	Caritas, Tsuen Wan
5. On-site (City University) Tutoring Services for Children of Single-parent Families and/or New Arrivals Families	Caritas Integrated Family Service Center, Sham Shui Po
6. Tutoring Services for Children	Boys' & Girls' Club Association, Yan CSSS Jockey Club Cheung Sha Wan Children & Youth Integrated Services Centre
7. Tutoring for Children from New Arrivals or Single Parent Families	Caritas, Tsuen Wan
8. Cultural Exchange Workshop	Hong Kong Christian Service Kwun Tong Happy Teens Club
9. English and Mandarin Language Workshop	Hunghom ELC Primary School
10. Tutoring Service for Disabled Youth	Lam Tin Red Cross Princess Alexandra School
11. Counseling for Children Through Writing	Uncle Long Leg, Evangelical Lutheran Church Social Service of Hong Kong
12. Play Therapy with Children	Play Scope, Playright Children's Play Association
13. Mentoring program – South Asian Youth	Caritas Ngau Tau Kok Centre
14. Mentoring program – South Asian Youth	Hong Kong Christian Service Kwun Tong Happy Teens Club
15. Working with Children Living with Aspergers Syndrome	Boys' & Girls' Club Association, Jockey Club Tai Wai Children & Youth Integrated Services Center
16. Elderly Community Visit	救世軍港澳軍區南泰長者中心
17. Eco-educational and Social Responsibility Day: Beach Cleaning	Noah's Ark
18. Tutoring Service for New Arrivals Youth	Cheung Sha Wan Christian Service Integrated Social Service Centre
19. New Year Elderly Home Cleaning	Hong Kong Mutual Encouragement Association Jane Shu Tsao Social Centre for the Elderly
20. Tai O Ecological & Service Tour	Hong Kong Young Women's Christian Association, Tai O Community Work Office
21. Creative Learning: Community	Evangel's Children Home
22. Community Sightseeing with Senior Citizens	YMMSS Choi Hung Community Centre for Senior Citizens
23. Home Visit to Elderly Service	The Neighbourhood Advice-Action Council
24. Home Visit to New Arrival Families	工業福音團契

Empower Yourself through the City-Youth Empowerment

Highlights of the City-Youth Empowerment (CYEP) in 2010-11:

- CYEP was awarded a grant from the Quality Campus Life Fund to subsidize 8 volunteers and 2 staff members to attend the 21st IAVE World Volunteer Conference in Singapore in January 2011.
- CYEP held a press exhibition on 27 October 2010. A total of 38 volunteers attended and the event gained coverage by 3 newspapers: Tai Kung Pao, Ming Pao, and Apple Daily, dated October 28, 2010.
- In the closing carnival held in April 2011, a number of new awards were given to highlight and recognize the qualities we value in the volunteer project. These were in addition to the traditional Gold (for participation of 100 hours and over), Silver (for participation of 50 hours and over), and Blue (for participation of 30 hours and over) awards.

Awardees of the Gold Award (100 hours or over):

- Wang Xin Yun 王心蘊, College of Humanities and Social Science, Foundation Year, Hall 3
- Wang Kuo 王闊, College of Business, Foundation Year, Hall 9
- Lu Shenzheng 呂申正, College of Business, Foundation Year, Hall 7
- Wang Yinfei 王印飛, College of Business, Foundation Year, Hall 7



Leadership Award

demonstrating leadership skills in taking initiatives, mobilizing peers, advocating for service recipients, and contributing to the empowerment of the project as a whole

Ip Ken Gee Kin 葉子健, Law, Year 3, Hall 1

Yan Yu 閻玉, Accountancy, Year 3, Hall 5

Dedication Award

setting an example in the excellent quality of service, as demonstrated in the longevity and continuation of participation, punctuality, attendance, and investment of effort and energy into the cause(s)

Tu Cheng 屠城, Electronic Engineering, Year 1, Hall 9

Li Tong 李桐, Economics and Finance, Year 3, Hall 1

Innovation Award

utilization of creative solutions and methods in volunteer services, and generation of new and “out of the box” perspectives and suggestions that are effective

Emma Knight, Management, Year 3, Hall 1

Potential for High Achievement Award

demonstrating potential to achieve excellence in volunteer services

Wong Yifei 王印飛, College of Business, Foundation Year, Hall 7

Ronald Chin Tai Ting, College of Science and Engineering, Exchange Student, Hall 2

Tim Wong 黃永鴻, Management, Year 2, Hall 5

New Awards:

Volunteerism Opens a New Door

As an exchange student from Singapore, I joined the City-Youth Empowerment Project in order to gain a greater understanding of the local Hong Kong culture. The interesting services that I joined included visiting an elderly home, being an English teacher for a day, and interactive activities with children from a children's home. These experiences proved to be memorable and fruitful, and opened a new chapter in my life.



The **project on visiting the elderly home** was specially significant. As our world is always on the go and constantly evolving, we tend to neglect our elders, who are neglected by society and left behind the iron gates of their small apartment doors. **As young people, it is important that we not only become mature but also do not neglect our elders. I feel that as young people, we can play a part by organising more activities to reach out to the elderly and raise awareness of our aging population.**

City University's Youth-Empowerment Project also provided me with the experience of better engaging with people from other countries. As a volunteer, I learnt that I need to be humble and understand people's concerns. The **community service in the children's home** gave me the opportunity to engage with my peers and provide inspiration as well as interaction with the children. Creative team bonding with children is an activity I learnt from my Hong Kong experience as a means of bridging gaps and providing greater bonding between volunteers and children.

Another project that I was involved in was to **teach children English. I had**



the first experience of being a teacher in preparing lesson plans to teach basic vocabulary. I was surprised by the eagerness the children showed when learning English. Although some of the words may have been taught in school, they were always on their toes and eager to answer questions.

Through the project, I developed close friendships with the project coordinators as well as fellow volunteers. **An important lesson that I learnt is that volunteering and caring know no boundaries. Despite the language barrier, I now realise that sometimes a small gesture or action, such as a simple smile, can speak a thousand words and make different generations connect better.**

What also amazed me was the family bonding and ever enthusiastic spirit amongst the project coordinators. The friendly interaction with locals, coupled with the engaging personality of the project coordinators, inspired me to continue participating. As educated young people, we should continue this spirit and spread to other people the joy of volunteerism in our society.

城大青年充權計劃 - 義工服務

參加城青優權計劃是源於一個偶然的機會。去年在入宿註冊當日發現一個城青優權計劃的介紹攤位，好奇心驅使往前查看，知道原來是一個義工組織。當時想透過義工活動認識朋友及回饋社會，於是便加入計劃。經過一年參與，除了結交了一班朋友外，計劃還帶給我很多個第一次。

第一次與南亞朋友接觸

我曾經參加一個與南亞朋友進行文化交流的活動，活動目的是讓我們互相了解及學習彼此的文化。之前我未曾跟南亞裔人士接觸過，印象中的南亞裔人士都是濃眉大眼、樣子不大可親。剛開始的時候都有一種悻悻然的感覺，但多玩幾個遊戲後就發覺他們很快就進入忘我境界，他們每位都熱情友善而且異常投入，整個課室洋溢著一片歡樂的氣氛。當中甚至有人身負絕技，一時技癢便上台表演勁歌熱舞，教人哭笑不得。有時候一些疑惑或者恐懼只是源於自己的不了解，只要

有一顆開放的心，放膽探索，事情比想像中可愛得多。

第一次踏足新加坡

我時時都想找機會到國外旅遊，透過城青優權計劃有幸參加今年在新加坡舉行的IAVE國際青年義工會議。會議中我有機會與來自世界各地的青年義工進行交流了解，以及親身參與新加坡當地的義工服務。這次寶貴的經驗不但擴闊了我的眼界，在聽過一些嘉賓的演說後令我對義工服務有更多的了解，在服務的過程中很多時以為是我自己幫助了他，其實是他幫助了我，義工服務亦時一個不停的學習過程。

除了以上的第一次外，還有許多許多，像第一次油鐵閘，第一次當傷健學童的導師，第一次當主持等等。義工服務本身就是雙贏的，何樂而不為呢？

義工 - 我的大學主題之一

這一學年，除了學習，我最多的時間的就是用於在City-Youth Empowerment Project (CYEP) 做義工了。剛開始接觸CYEP，在接下來的日子裡，我參與到很多活動中，例如幫助紅十字會學校的小朋友，幫助新移民家庭的小朋友，看望公屋裡生活的老人，等等，伴隨著對它的瞭解，我也開始喜歡上了CYEP。



首先，我想講一講給紅十字會的小朋友補習功課的這項義工服務活動。我輔導的小朋友叫阿坤，他坐著輪椅，現在上小五。來到紅十字會學校的第一天，我主動上去，問他需不需要幫助，他說要啊。我們就坐到一起，開始了我們這一個學年的輔導服務。我們大部分時間是聊天。他很喜歡球類運動，尤其是籃球和足球。夢想就是做一個籃球教練，他的殘疾並不能阻礙他擁有自己的夢想。在紅十字會這所學校裡，還有很多像阿坤這樣的孩子，通過和他們接觸，我覺得他們都是樂觀和心中充滿陽光的孩子。我來這裡做義工，總能受到他們的鼓舞，激勵我更加堅強的去面對生活中遇到的問題。通過在這裡做義工，更加激起了我的社會責任感，也讓我更加堅定了把義工做下去的決心。

另一個我參加的義工服務專案是給新移民到港的子女補習。我喜歡看小孩子純真無邪的眼睛，聽他們快樂的叫喊聲，看他們在教室裡愉快的玩耍。我輔導了一對兄弟功課，哥哥很胖，弟弟很瘦。我看著他們也覺得很快樂，哈哈，這才是兄弟。他們來了，不是把功課放在第一位，而是來想玩。我就督促他們學一會，然後才玩。我這個大哥哥，就陪著他們一塊玩，玩紙飛機和紙飛機碰撞等等。我也挺羨慕他們現在那麼無憂無慮的生活的。在他們這麼小的時候，就有大學裡的哥哥姐姐來幫助他們，和他們一塊玩，想想我小的時候，幾乎沒有這樣的機會，我就更加羨慕他們了。

除了上面兩個定期的服務，我還經常去參加一些不定期的活動。在我的印象裡，是和老人們在一起的時間比較多。有一次是我陪一位八十八歲的老奶奶去超市里購物，一路上我推著她，她也給我講一些人生的道理和她的往事，我用自己不標準的粵語和她交流著。還有的時候，我去公屋裡探訪那些孤寡老人，和他們聊聊天，噓寒問暖一番，這僅僅是我所能做的，但我真的希望能夠為他們多做一些事情。所以有時候我會去幫助孤寡老人打掃他們的房子，做些我力所能及的事。在這過程

中，有些老人家反過來給我們鼓勵，我們也很同情他們的處境。有一些老人家的子女忙於工作；有些老人家的老伴先走了一步，留下自己一個人住。他們要擔驚受怕，有一戶老人家，她住的地方，對面的人家，居然是吸毒的，這讓她很害怕，她給我們提出的需要是想邀請一個保姆來陪她；還有一些老人住的環境非常不盡人如意，空氣污濁，冷暖不能協調。聽過他們的問題之後，我明白對於改善他們的生活環境，我是無能為力的，我能做的就是給老人家送些日常生活用品，和他們聊聊天，以及繼續參加這樣的義工服務，盡我所能為他們帶來更多的福祉！

去年聖誕假期間，CYEP給我們提供了一個宿營訓練的活動，還有週末陪小朋友在諾亞方舟公園玩的活動，還有CYEP請我來參加組織嘉年活動的籌備工作，等等。參加了這一年的義工，我無怨無悔，它讓我獲得了很多。我交到了一群熱愛義工服務的朋友，對我來講，這可是寶貴的財富啊。那些珍貴的經歷，讓我受益匪淺，為我的大學第一年畫下了了濃墨重彩的一筆。義務服務，是我大學生活的一個主題！接下來的三年我還會堅持做下去的！



