

Re-opening of CityU Sports Facilities

The Physical Fitness Room and the Table-Tennis Room will be re-opened from 9 September 2020 (Wednesday) onwards. The opening hours will be as follows:

Monday to Sunday	09:00 - 20:00
Public Holiday	Closed

Given health and safety concerns, users are to take note of the following:

1. All booking procedures will remain the same;
2. Only staff, staff dependents and students are eligible to book and use the facility;
3. **Users must wear a mask at all times during the session;**
4. Upon arrival, users are required to fill in a health declaration questionnaire and body temperature will be measured;
5. To allow time for our sports attendants to clean the sports equipment, the Physical Fitness Room sessions would be shortened to 50 minutes and the Table-Tennis Room would be shortened to 55 mins;
6. There will be a maximum of **15 users** for using the Physical Fitness Room per hour; and a maximum of **2 users** per table at the Table-Tennis Room;
7. Users are recommended to keep a safe distance of 1.5M from each other;
8. Users are recommended to use the hand sanitizer before and after the workout;
9. The Changing rooms will remain closed.

Should you have any enquiries, please contact the General Office of Physical Education Section at 3442 8025 during office hours or send an email to sope@cityu.edu.hk.

Physical Education Section

Student Development Services

28 September 2020



體育設施重新開放

健身室將於 2020 年 9 月 9 日(星期三) 起重開。開放時間如下：

週一至日： 上午 9 時 至 下午 8 時
公眾假期： 關閉

鑑於健康及安全的考慮, 各使用者請留意以下安排:

- 一. 所有訂場手續不變；
- 二. 設施只供教職員, 教職員家屬或學生使用；
- 三. 各使用者必須在任何時間配戴口罩；
- 四. 所有使用者進入場地前必須填寫健康聲明及量度體溫；
- 五. 健身室之使用時間將縮短為 50 分鐘, 而乒乓球室為 55 分鐘；以預留時間供場務員清潔場地及器材；
- 六. 健身室每小時只供 **十五位** 人仕使用，而乒乓球室每檯只供 **兩位** 人仕使用；
- 七. 使用設施期間，各使用者務必保持 1.5 米之距離；
- 八. 建議各使用者運動前後使用消毒液洗手；
- 九. 男女更衣室會暫停開放。

如有任何查詢，請於辦公時間內致電 3442 8025 體育部或電郵致 sope@cityu.edu.hk。

學生發展處體育部

2020 年 9 月 28 日

