

# Revised Opening Hours and Procedure of CityU Sports Facilities

The **opening hours** of the CityU Sports Facilities would be revised from 30 August 2021 (Monday) onwards. The opening hours will be as follows:

Monday to Sunday:

Physical Fitness Room	<b>08:00 - 21:00</b>
Table-Tennis Room	<b>09:00 - 21:00</b>
Outdoor Basketball Court	<b>09:00 - 21:00</b>

Public Holiday: Closed

Given health and safety concerns, users are to take note of the following **procedures**:

1. All booking procedures will remain the same;
2. Only staff, spouse & dependents, and students are eligible to book and use the facilities;
3. Upon arrival, users must **fill in an online health declaration, display the results to our sports attendants, and measure the body temperature.**
4. At outdoor sports premises, users **must wear a mask** except when he or she is doing exercise;
5. At indoor sports premises, users **must wear a mask** *except when he or she is doing exercise in a group consist of no more than 4 persons, and with a safe distance of at least 1.5M between each other or groups;*
6. Users are recommended to **use hand sanitiser** before and after exercise.
7. There will be a maximum of **15 users** per hour/session for the Physical Fitness Room, a maximum of **2 users per table** at the Table-Tennis Room and a maximum of **12 users** at the Outdoor Basketball Court.
8. To allow our sports attendants to clean the sports equipment, the Physical Fitness Room sessions would be shortened to 50 minutes and the Table-Tennis Room sessions would be shortened to 55 minutes.
9. The Male & Female Shower Facilities located near the Physical Fitness Room will be opened for use.

\*Organized activities, trainings & competitions within CityU sports facilities, the organizer should prepare a different set of anti-pandemic protocol and make application to the PE Section and the ERU for approval.

All users are advised to take note of the “Latest Arrangements for LCS D Public Services by the government press release: <https://www.lcsd.gov.hk/clpss/en/webApp/NewsDetails.do?id=15286>

Should you have any enquiries, please contact the General Office of Physical Education Section at 3442 8025 during office hours or email to [sope@cityu.edu.hk](mailto:sope@cityu.edu.hk).

Physical Education Section  
Student Development Services  
26 August 2021





## 城大運動設施開放時間及使用程序修訂

城大運動設施將於 2021 年 8 月 30 日(星期一) 起更改開放時間。開放時間如下：

週一至日：

健身室 上午 8 時 至 下午 9 時

乒乓球室 上午 9 時 至 下午 9 時

室外籃球場 上午 9 時 至 下午 9 時

公眾假期： 關閉

鑑於健康及安全的考慮, 各使用者請留意以下程序安排：

- 一. 所有訂場手續維持不變；
- 二. 設施僅供教職員，教職員家屬及學生預訂及使用；
- 三. 所有使用者進入運動設施前必須填寫網上健康狀況聲明 (Online Health Declaration), 將聲明之結果顯示給場務員及量度體溫；
- 四. 於室外場所，除運動期間外，使用者必須穿戴口罩；
- 五. 於室內場所，除運動期間保持不多於四人一組，並與其他小組保持 1.5 米距離的情況下，使用者必須穿戴口罩；
- 六. 使用者運動前後請使用酒精搓手液；
- 七. 健身室每小時時段僅供最多十五位人仕使用；每張乒乓球檯僅供最多兩位人仕使用；及室外籃球場僅供最多十二位人仕同時使用。
- 八. 健身室之使用時間將縮短為 50 分鐘，乒乓球室之使用時間將縮短為 55 分鐘；以便場務員於暫停期間清潔各運動器材；
- 九. 於健身室附近的男女沐浴設施將會開放使用。

\*於城大運動設施內舉行之有組織的活動, 訓練或比賽，負責單位必須向體育部及緊急事故應變小組提交申請並同意相關之防疫措施及安排。

請各使用者參考政府放寬社交距離措施之附錄：

<https://www.lcsd.gov.hk/clps/en/webApp/NewsDetails.do?id=15286>

如有任何查詢，請於辦公時間內致電 3442 8025 聯絡體育部或電郵致 [sope@cityu.edu.hk](mailto:sope@cityu.edu.hk)。

學生發展處體育部

2021 年 8 月 26 日

