

## The 24<sup>th</sup> CityU Annual Athletic Meet 2017

### Competition Guidelines

1. Objective: To promote healthy life-style among CityU community
- Organizer: PE Section, Student Development Services and sponsored by Cultural and Sports Committee
- Date and Time: 15<sup>th</sup> October 2017 (Sunday), 09:00 – 17:00
- Venue: Joint Sports Centre, Renfrew Road

### 2. Events

Events	Student		Staff		Children		
	Men	Women	Men	Women	Boys	Girls	Mixed
<b>Track</b>							
60 m							
Age 4-6							✓
Age 7-9							✓
Age 10-12					✓	✓	
100 m	✓	✓	✓				
200 m	✓	✓					
400 m	✓	✓					
110 m Hurdle	✓						
100 m Hurdle		✓					
400 m Hurdle	✓						
800 m	✓	✓	✓				
1500 m	✓	✓					
5000 m	✓		✓				
4 X 100 m Relay	✓	✓	Mixed				
4 X 400 m Relay	✓	✓					
5000 m (Men and Women Alumni)	20 quota for each category						
<b>Field</b>							
Long Jump	✓	✓	✓				
High Jump	✓	✓					
Triple Jump	✓						
Pole Vault	✓						
Javelin	✓	✓					
Discus	✓	✓					
Shot Put	✓	✓	✓				

### **3. Rules & Regulations**

Enrollment specification:

- 3.1. Only full-time students, full time staff and their dependants are eligible to participate in individual events and in children events respectively.
- 3.2. Each full time student and staff may take part in a maximum of 3 individual events (either 2 tracks & 1 field event or 2 fields & 1 track event). Relay events not to be included.
- 3.3. Individual events with less than three participants will be cancelled. The applicants will be informed for cancellation of the event.
- 3.4. Participants of the 5000m event should finish the race within 40 minutes, or else are invited to leave the track.
- 3.5. There will be no heats in all events. The official positions will be decided by the timings and results in each event competed.
- 3.6. Top 8 participants of each event shall gain points 9, 7, 6, 5, 4, 3, 2, 1 according to the result to compete for the Overall Men and Women Individual Champion Award.
- 3.7. No participant shall be allowed to participate in the event if he/she fails to present his/her CityU I.D.card for verification.
- 3.8. Unless specified otherwise, all events are subject to the latest "IAAF" rules & regulations.
- 3.9. The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.
- 3.10. Participants take part in the Meet at their own risk, CityU and P.E. Section will bear no responsibility or liability whatsoever for any accident.

### **4. Prizes**

- 4.1. Medals/pendants will be presented to the best 3 participants/teams in individual Events / relays respectively.
- 4.2. An individual champion award will be presented to the highest score competitor in Men / Women Student's Division.

### **5. Entry Forms, Event Schedule & Deadline**

- 5.1. Entry forms are obtainable at the General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building, and can be downloaded at [http://www.cityu.edu.hk/sds/web/pesports\\_healthyu\\_athletic.shtml](http://www.cityu.edu.hk/sds/web/pesports_healthyu_athletic.shtml)
- 5.2. Completed entry forms should either be returned to the Athletic Meet Collection Box at the General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building, or mailed to Ms. Rebecca Lai, Convenor of the 24<sup>th</sup> CityU Annual Athletic Meet Organising Committee, P.E. Section, Student Development Services.
- 5.3. The event schedule will be displayed from **8 September 2017** at the General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building and on the CityU Athletic Meet Website. Participants are advised to check their entries and no notification will be sent to individual participant.
- 5.4. **Deadline for entry: 12:00, 4<sup>th</sup> October 2017 (Wednesday)**

### **6. Enquiries**

Please call 3442 8025, Physical Education Section; Ms. Rebecca Lai at 3442 8053, Mr. Vincent Kwan at 3442 8054 or Mr. Matthew Yip at 3442 7290 for enquiries.