1. **Date, Time and Venue**

   Date:       15th October 2017 (Sunday)
   Time:       09:00 - 17:00
   Venue:      Joint Sports Centre, Renfrew Road

2. **Events (Staff Division)**

<table>
<thead>
<tr>
<th>Track Events</th>
<th>Field Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men 100m, 800m, 5000m</td>
<td>Long Jump, Shot Put</td>
</tr>
<tr>
<td>Women</td>
<td>Mixed Relay</td>
</tr>
<tr>
<td>Children 1 (4-6 Years Old)</td>
<td>60m (Mixed Gender)</td>
</tr>
<tr>
<td>Children 2 (7-9 Years Old)</td>
<td>60m (Mixed Gender)</td>
</tr>
<tr>
<td>Children 3 (10-12 Years Old)</td>
<td>60m (Boys/Girls)</td>
</tr>
</tbody>
</table>

3. **Rules & Regulations**

   3.1 Only full-time staff and their dependants are eligible to participate in the individual events and in the children events respectively.

   3.2 Each full time staff may take part in a maximum of 3 individual events (either 2 tracks & 1 field event or 2 fields & 1 track event).

   3.3 Individual events with less than three participants will be cancelled.

   3.4 Participants of the 5000m event should finish the race within 40 minutes, or else are to be invited to leave the track.

   3.5 Unless specified otherwise, all events are subject to the latest "IAAF" rules & regulations.

   3.6 No participant shall be allowed to participate in the event if he/she fails to present his/her CityU Staff/ Dependent I.D.card for verification.

   3.7 The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.

   3.8 Participants take part in the Meet at their own risk, CityU and P.E. Section will bear no responsibility or liability whatsoever for any accident.

4. **Awards**

   4.1 Awards will be presented to the best 3 participants.

5. **Entry & Deadline**

   5.1 Entry forms are obtainable at the General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building, and can be downloaded at [http://www.cityu.edu.hk/sds/web/pesports_healthyu_athletic.shtml](http://www.cityu.edu.hk/sds/web/pesports_healthyu_athletic.shtml)

   5.2 Completed entry forms should either be returned to the Athletic Meet Collection Box at the General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building, or mailed to Ms. Rebecca Lai, Convenor of the 24th CityU Annual Athletic Meet Organising Committee, P.E. Section, Student Development Services.

   5.3 **Deadline: 12:00, 4th October 2017 (Wednesday)**