

The 30th CityU Annual Athletic Meet 2023

Competition Guidelines

- 1. Objective:** To promote healthy life-style among CityU community
- Organizer:** P.E. Section, Student Development Services and sponsored by Cultural and Sports Committee
- Date and Time:** 22nd October 2023 (Sunday), 0900 -1400
- Venue:** Joint Sports Centre, Renfrew Road

2. Events

Events	Student		Staff		Alumni		Staff & Alumni Children		
	Men	Women	Men	Women	Men	Women	Boys	Girls	Mixed
Track									
60 M									
Age 4-6									√
Age 7-9									√
Age 10-12							√	√	
100 M	√	√	√						
200 M	√	√							
400 M	√	√							
110 M Hurdles	√								
100 M Hurdles		√							
400 M Hurdles	√								
800 M	√	√	√						
1500 M	√	√							
5000 M	√	√	√	√	√	√			
4 X 100 M Relay	√	√							
4 X 400 M Relay	√	√							
Field									
Long Jump	√	√	√						
High Jump	√	√							
Triple Jump	√								
Pole Vault	√								
Javelin	√	√							
Discus	√	√							
Shot Put	√	√	√						

3. Rules & Regulations

Enrollment specification:

- 3.1 Only full-time students, full-time staff and their dependents are eligible to participate in individual events and in children events respectively.
- 3.2 Each full-time student and staff may take part in a maximum of 3 individual events (either 2 tracks & 1 field event or 2 fields & 1 track event). Relay events not to be included.
- 3.3 Individual events with less than three enrolments will be cancelled. The applicants will be informed for cancellation of the event.
- 3.4 Participants of the 5000M event should finish the race within 30 minutes, except 25 minutes for men's students, or else are invited to leave the track.
- 3.5 There will be no heats in all events. The official positions will be decided by the timings and results in each event competed.
- 3.6 Top 8 participants of each event shall gain points 9, 7, 6, 5, 4, 3, 2, 1 according to the result to compete for the Overall Men and Women Individual Champion Award.
- 3.7 No participant shall be allowed to participate in the event if he/she fails to present his/her CityU I.D.card for verification.
- 3.8 Unless specified otherwise, all events are subject to the latest "IAAF" rules & regulations.
- 3.9 The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.
- 3.10 Participants take part in the Meet at their own risk, CityU and P.E. Section will bear no responsibility or liability whatsoever for any accident.

4 Prizes

- 4.1 Medals will be presented to the best 3 participants/teams in individual Events / relays respectively.
- 4.2 An individual champion award will be presented to the highest score competitor in Men / Women Student's Division.

5 Registration, Event Schedule & Deadline

- 5.1 Registration can be done **Online**:
<https://cityuhk.questionpro.com/t/ARQn5Ztsqk>
- 5.2 The event booklet will be displayed at the Fitness Room Entrance, General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building and on the CityU Athletic Meet Website. Participants are advised to check their entries and no notification will be sent to individual participant.
- 5.3 **Deadline for entry: 6th October 2023 (Friday)**

6 Enquiries

Please call 3442 8025, Physical Education Section; Ms. Rebecca Lai at 3442 8053; Mr. Vincent Kwan at 3442 8054 for enquiries.