

**The 30<sup>th</sup> CityU Annual Athletic Meet 2023**  
**Competition Guidelines for Staff Division**

**1. Date, Time and Venue**

Date	Time	Venue
22 <sup>nd</sup> October 2023 (Sunday)	0900 - 1400	Joint Sports Centre, Renfrew Road

**2. Events**

Men and Women	Children 60M			
5000M	4-6 age	7-9 age	10-12 age	
	Boys & Girls	Boys & Girls	Boys	Girls

**3. Rules & Regulations**

- 3.1 Only alumni are eligible to participate in the events.
- 3.2 Events with less than three enrolments will be cancelled.
- 3.3 Participants of the 5000M event should finish the race within 30 minutes, except 25 minutes for men's students, or else are to be invited to leave the track.
- 3.4 Unless specified otherwise, all events are subject to the latest "IAAF" rules & regulations.
- 3.5 The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.
- 3.6 Participants take part in the Meet at their own risk, CityU and P.E. Section will bear no responsibilities or liabilities whatsoever for any accidents.

**4. Awards**

- 4.1 Medals will be presented to the best three participants.

**5. Registration, Event Schedule & Deadline**

- 5.1 Registration can be done **Online:** <https://cityuhk.questionpro.com/t/ARQn5Ztsqk>
- 5.2 The event booklet will be displayed at the Fitness Room Entrance, General Office of P.E. Section located at Flat B, 6/F., Block 1, To Yuen Building and on the CityU Athletic Meet Website. Participants are advised to check their entries and no notification will be sent to individual participant.

- 5.3 **Deadline : 6<sup>th</sup> October 2023 (Friday)**

**6. Enquiries**

Please call 3442 8025, Physical Education Section; Ms. Rebecca Lai at 3442 8053, Mr. Vincent Kwan at 3442 8054 for enquiries.