



香港城市大學
City University of Hong Kong

Student Development Services
Physical Education Section

Application of Using Physical Fitness Room

1. Courses Conducted by the P.E. Section, CityU

- 1.1 Successfully completed the PED1305 Physical Fitness-Elementary Course (P.E. Courses that registered through AIMS during Add/Drop period) for all full-time students
- 1.2 Successfully completed the Physical Fitness Room User Training Workshops (registered by email or fax after the course announcement by CAP) for all part-time students, staff and dependents

2. Direct Application:

- 2.1 Successfully completed the Physical Fitness Room Induction Course provided by LCSD with proof
- 2.2 Successfully completed the Physical Fitness Course provided by other local and non-local Universities with proof
- 2.3 Present a hard copy of the valid proof and evidence of being a qualified user of the Physical Fitness Room in their physical fitness clubs
- 2.4 Qualified Personal Trainer with valid certificate

*** Types of valid proof and evidence**

- Copy of letter/certificate (with the name of the gym and official chop on it) showing the fitness induction course attended for using the gym equipment properly & safely issued by the physical fitness clubs
- Copy of the academic transcript or any written document showing the physical fitness course attended in respective colleges / universities



Remarks:

Application can only be made in-person at the General Office of PE Section which is located at 6/F, Block 1, To Yuen Building

