Carnival Business Dreams to Support the Ethnic Minority Groups

A CityU interdisciplinary team composed of Jennifer Tang Jung-wah (Marketing Information Management, Year 3), Hon Yu-ping (Marketing, Year 3), Chiu Shing-wui (Business Analysis, Year 3), and Hui Nga-man (Accountancy, Year 3) formed a group called "Dreamatic" to share their innovative idea to support the ethnic minority groups. The team won first runner-up, the Most Creative Team and My Favourite Team awards in an ACCA Hong Kong Business Competition 2014. Jennifer was also named the Best Presenter.

Jennifer shared their "Dreamatic" idea, "in our proposal, we recruited the ethnic minority people as the staff of the carnival. They could also showcase their talents in performance and creating handicrafts for selling. The carnival could serve to increase their employment rate, promote social integration, share their cultural characteristics and help pursue their dreams simultaneously."

When asking her reflections on winning the Best Presenter, Jennifer thanked her teammates "I learnt a lot from my teammates. Four of us are studying different majors. We shared our opinion from different angles that inspired me to think from various perspectives. Without the support from my teammates, I could not win this award."

The CityU "Dreamatic" team members receive the award from Mr. Howard Ling, Senior Consultant at HKCSS+SSC Social Enterprise Business Centre. (From left to right) Jennifer Tang Jung-wah, Hon Yu-ping, Chiu Shing-wui, and Hui Nga-man received the Best Presenter Award for their proposal to support the ethnic minority groups.
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Launch of CityU Executive Mentoring Programme - A New Initiative for Employability

Amy Wang - The Sustainability Angel

Gody is Determined to Serve the Needy

CityU Student Ambassadors Programme
Nurture Students’ Talents

Transferring Painful Feelings into Power

Administrative Service Summer Internship Programme
Launch of CityU Executive Mentoring Programme –
A New Initiative for Employability

A new initiative to further strengthen the employability of CityU students, over 50 senior executives from a broad spectrum of industries, from accountancy, marketing, human resources, surveying, media and public relations, take part in CityU Executive Mentoring Programme and serve as mentors for CityU students. An inaugural tea reception was organised by the Career and Leadership Centre of Student Development Services on 29 January 2015.

In his welcoming speech, Professor Ip stressed the importance of involving senior executives in mentoring and coaching the future generations of our society. He said, “We are honoured to have senior executives to be the mentors of CityU Executive Mentoring Programme who would share with mentees their experiences, the latest development of their industries, as well as their expectations on potential employees. We believe direct interactions with mentors would be an excellent way to inspire our students with their invaluable insights.”

One of the mentors, Mr. Norman Lo, M.H., JP, General Secretary of Methodist Centre expressed, “The CityU Executive Mentoring Programme is such a meaningful activity to benefit both students and their mentors. I feel overwhelmed as I can share my experience with my mentee who treasures our sharing genuinely and in turn brings me with new perspectives of how Gen Y think and what they value in their lives.” “I was so excited to get to meet mentors face-to-face. During our conversations, I have learnt so much about work practice of various industries which I could not acquire from textbooks alone”, Allison Wong (Information Systems, Year 2), one of the student mentees shared her reflection after the event.

To further seek out potential mentors and to take advantage of the immense pool of industry knowledge and experience among CityU alumni, Career and Leadership Centre is also working with the Alumni Relations Office to invite distinguished alumni to serve as mentors for the Programme.

為加強城大學生就業能力，學生發展處的事業及領袖策劃中心策劃事業師友計劃，邀請超過五十位來自不同行業的行政主管擔任城大學生的事業導師，並於1月29日為此計劃舉行了首次聚會。

副校長(學生事務)葉豪盛教授在開幕演辭中，強調事業師友在年輕學生身上扮演重要的啟導和培育角色。他在演說中表示：「城大使學生能夠培養不同行業的行政主管成為事業導師，與學生分享他們人生和工作經驗，行業發展及對未來的期待，相信學生透過與事業導師的交流，有助啟發他們未來工作發展方向。」

首次聚會為事業導師及學生提供機會互相認識，不單學生們熱烈地把握機會與事業導師們交流，事業導師們亦非常高興接觸學生，並與他們建立長遠關係。事業及領袖策劃中心亦將與校友聯絡處合作，希望邀請更多城大傑出的校友為此計劃的事業導師。
Amy Wang Chang-ting (Energy and Engineering, Year 2) is determined to make sustainability everyone’s first priority. “So much waste can be recycled or reused. I wish people would acknowledge that and do something about it,” said Amy.

Throughout the past year, Amy actively contributed to E-Corp, a student think-tank established by CityU Student Residence Office to generate ideas for sustainability measures and promote sustainability at the Student Residence. “Since last summer, we have set up Exchange Corners as platforms for residents to pass on items they do not need. We have also collected beddings and blankets which we have washed and sold back to new residents at a very low price,” said Amy. She is also the leader of Lee Shau Kee Hall’s Food-Waste Campaign, where solid food waste is collected and sent for recycling. “Solid waste can be turned into fertilizers and fish feed. Why waste it?” said Amy.

To further consolidate and improve her projects, Amy has also voluntarily participated in the project “Bread Run” by Feeding Hong Kong and “Food Grace” by CTU Education Foundation Ltd. Both projects aim to collect and redistribute unsold food directly from retailers to those in need, creating a waste-free community.

“With my experience and knowledge, I hope to build up a concrete system where waste can be turned into resources not just in Hong Kong, but worldwide. After all, we all know about recycling. We just need to do it more. Spend less money and cherish everything,” said Amy.

環境與工程二年級學生王長婷致力推動可持續發展。在過去的一年，她積極參與城大學子宿舍的環保組織E-Corp，策劃可持續發展的計劃，如舊物循環再用計劃，將宿生們不需要的物資如書本，以低廉價錢轉讓予新宿生們。另外，王長婷更負責李兆基堂的廚餘回收項目，王長婷更樂於參與「糧食收集活動」和「食物好物回收計劃」等社區資源回收活動，幫助有需要人士之餘，亦有助增長其於策劃可持續發展計劃的經驗。

王長婷希望運用她的經驗和知識，建立一個世界各地都能應用的完善系統，使廢物轉化為資源。
Mabel Lui Wai-man (Human Resources Management, Year 3) came first in Women’s Half Marathon (Local); in the 2015 Standard Chartered Hong Kong Marathon and won the Women’s Championship in the cross-country running competition organised by the University Sports Federation of Hong Kong, China in 2014.

2015 is a special but challenging year for Mabel. “The marathon was a difficult run,” remarked Mabel who was looking pensive. “Not because of the distance, but it was the first time I ran for myself.”

A couple months prior to the race, she broke off from a close relationship which was the source of motivation for all her arduous training. But this person was gone. She was not sure who she was running for anymore. Recovering from her loss, she missed 4 important training sessions for the marathon. But she ran the marathon anyway.

Her results caught everyone by surprise—her coach, and others in her team. But the result surprised her the most. Mabel thought she was not ready for running, and so did everyone. “You know it was painful. Running reminded me the close relationship that I lost. We were all brought up with the idea that whatever we do, we should never let our feelings get in the way. But the truth is that feelings and emotions are a tremendous source of power that enables you to do things that you normally cannot do. They help you to break barriers that cannot be overcome by a ‘normal’ you.”

Mabel wins the Women’s Championship in the cross-country running competition organised by the University Sports Federation of Hong Kong, China in 2014.

人力資源管理三年級學生呂慧敏，本年度長跑獲得驕人成績，分別於2015年渣打香港馬拉松女子公開組本地組別及2014年中國香港大專體育會舉辦的越野賽女子個人賽獲得第一名。

對呂慧敏而言，2015年是別具意義且充滿挑戰的一年。馬拉松比賽前，與她感情深厚的人離去，失去推動她參加長跑並給予她力量經歷艱辛訓練的人，頓時令她一度迷失，不知道一直以來的訓練是為了誰。當她走出傷痛時，已錯過了4項非常重要的馬拉松練習。但她馬拉松比賽的成績卻令眾人十分意外，連她本人也意想不到。呂慧敏表示：「重新接受跑步絕對不容易的事，跑步喚起我失去了感情深厚的人的傷感。很多人認為，生活中不應被感情而影響我們前進，但正是這情緒和感覺轉化為強大的力量，超越“正常”的你。」
Gody Chung Hei-ting (Social Work, Year 3) believes that social work is not for everyone and that she has seen students struggling in the helping professions. “To want to help people is one thing, but to be able to stay close to them is another,” Gody went on to cite the recent portrayal of Pope Francis in the media, “it is easy to do charity by donating money, but to hug a sick and deformed person is not something everyone can do.” But this is something Gody can do, and doing it well.

Gody is the recipient of the Hang Seng Bank Community Service Scholarships and also won numerous awards in the social work related fields. “Receiving these awards are encouraging. But the genuine satisfaction comes from serving those who are in need in a tangible way,” she remarked. Gody thinks that in the course of becoming a professional social worker, the support from institutions is important. At CityU, she benefitted a lot from programmes like City Youth Empowerment Project and Project X, leadership training programmes organised by Department of Applied Social Studies.

To Gody, her future career seems clear. She wants to work in the areas of rehabilitation where she can help young people who are mentally or physically challenged. Speaking of volunteer work, Gody said, “we can all be agents of change. If one person can change 3 other people, each of these three will in turn influence another three. This can be very empowering. I wish all CityU students should try it.”

Gody is Determined to Serve
CityU Student Ambassadors Programme

CityU Student Ambassadors Programme nurtures students’ talents.

Former Student Ambassadors, Ken Lam Sung (China Business graduate, 2008) who now works at Salesforce Inc., one of the biggest cloud computing firms supporting corporate and small businesses, and Dora Huang Chia-yun (Finance graduate, 2014) who works at UBS, a world top private and investment bank, thanked CityU Student Ambassadors Programme for widening their social exposure and providing a firm foundation for their personal and career development.

Ken joined CityU Student Ambassadors Programme because it enabled him to represent CityU in the local community and abroad. For Ken, this provided unique opportunities for him to meet and make friends with people from other universities and different organisations and widen his social network in the process. Through the Student Ambassadors Programme, he also learnt to organise major events and handle public relations.

For Dora, she considered CityU Student Ambassadors Programme the most comprehensive programme for personal development in the university. “As a student ambassador, you just learn a lot, from project management skills, presentation skills and professional manners, to interviewing and conference organization skills. All these are important soft skills that you need in any work situation,” said Dora.

Ken summarized what he thinks is important for present day students to learn, “try not to be too calculating. If you are willing to give, someone will certainly see it and life is a two-way street.” Dora reflected her recent experience with other students and said, “some students think that university is only about studying and results. It is important to have good results, but this is definitely not sufficient for today’s workplace. University is a place for learning, serving, and connecting.”

On 6 February 2015, twenty-seven students sworn in to serve the university community at the 18th Inauguration Ceremony of Student Ambassadors Programme.
Many people are longing to be employed as an Administrative Officer in the HKSAR Government. Ryan Poon Wing-keung (Law, Year 4) is one of those who are pursuing his career in serving the government. Last summer, he participated in the Administrative Service Summer Internship Programme which provided him a precious opportunity to acquire hands-on experience of working in the HKSAR Government.

Ryan was assigned to the Tai Po District Office where he worked closely with the District Council and the district citizens to resolve traffic problems, environmental hygiene and other issues in Tai Po District. Besides, he assisted his mentor and supervisor in organizing activities. He valued much this first-hand experience as he could learn more about the duties of Administrative Officers. “Working in the district office provided me with the opportunity to learn from my superiors in organizing events. And I seldom had such experience before. Organizing events does not mean providing support on the event day only. There are a lot of preparation work and post-event support such as preparing documents and promotional materials, as well as reviewing the effectiveness of the event,” said Ryan.

For those who are interested in this programme and would like to acquaint yourself with the role of the Administrative Officer, Ryan reminded schoolmates to stay calm during the interview, organize your idea systematically and present them with sincerity.

不少人對政府管理人員一職趨之若鶩，法律四年級學生潘展強亦是其中一份子。他有幸能於去年夏季假期參加由公務員事務局舉辦的政務職系暑期實習計劃，並分派至大部份政事務署工作。透過親身參與，使他了解更多有關政務職系的實際職能。他亦鼓勵對此計劃有興趣的同學們，為面試做好準備，平日應多加訓練個人有系統地表達意見，面試時保持鎮定，並表現出誠懇的一面，能提升他們獲選的機會。