

The 21st CityU Annual Aquatic Meet (2011/2012)

Competition Guidelines

- I. **Objective :** To promote swimming and to provide an opportunity for all students and staff of City University of Hong Kong to participate in swimming competition.
- II. **Organizer :** Organized by the Physical Education Section of Student Development Services and sponsored by Cultural and Sports Committee.
- III. **Date and Time :** 24 September, 2011 (Saturday) 1200-1800
- IV. **Venue :** CityU Swimming Pool
- V. **Events :**
- 5.1 **Student Division**
- Men's & Women's**
- Freestyle : 50M, 100M, 200M, 400M*
- Breaststroke : 50M, 100M, 200M
- Backstroke : 50M, 100M
- Butterfly : 50M, 100M*
- Individual Medley : 200M
- Relay : 4x50M Freestyle, 4x50M Medley (Students are free to form their own teams.)
Inter-Hall 4x50M Freestyle
- * Men's Event only
- 5.2 **Staff Division**
- a) **Men's & Women's**
- Freestyle : 50M, 100M*
- Breaststroke : 50M, 100M*
- * Men's Event only
- b) **Mixed Relay**
- 1) 4x50M Freestyle (Staff are free to form their own teams. Participating teams should have at least one female among the four swimmers.)
- 2) Staff and Immediate Family Member 2x50M Freestyle (The team members should be a full time staff or his / her spouse, plus his / her immediate family member. The team should include at least one female member.)
- 5.3 **Staff's Children Division**
- 50M Freestyle (Boys / Girls) aged under 9, under 12 and under 15.
- 5.4 **Men's & Women's Invitational Relay**
- 4x50M Freestyle.
- VI. **Rules and Regulations**
- 6.1 Enrollment specification:
- a. Each staff or student may take part in a maximum of 3 individual events. Relay events not to be included.
- b. Staff dependents may take part in a maximum of 1 individual event. Relay events not to be included.
- 6.2 Individual event with less than three applicants will be cancelled. The applicants will be notified.

- 6.3 There will be no heats in all events. The official positions will be decided by the timings in different group(s).
- 6.4 No swimmer shall be allowed to compete in the event if he/she fails to produce his / her CityU I.D. card for verification.
- 6.5 All events are subject to the latest “FINA” rules and regulations of the year.
- 6.6 The Working Group of the Meet reserves the right to adjust the schedule if and when necessary.

VII. Prizes

- 7.1 Medals / pendants will be given to the best 3 participants / teams in individual events / relays respectively.
- 7.2 An individual champion award will be presented to the highest score competitor in Men / Women Student Division.

VIII. Entry and Deadline

Entry forms are obtainable at the entrances of Sports Complex and Swimming Pool. Completed entry forms should either be returned to the Aquatic Meet Collection Box at the entrance of the Sports Complex / Swimming Pool, or be sent to P.E. Section, Student Development Services.

Deadline of Registration : 14 September 2011 (Wednesday) before 5 p.m.

IX. Event Schedule

The event schedule will be displayed from **21 September 2011** at the lobby of Sports Complex and on the CityU Aquatic Meet Website. Participants are advised to check their entries and no notification will be sent to individual participant.

(Web Address: <http://www.cityu.edu.hk/sds/pes/aquatic/aquatic.htm>)

X. Enquiries

Please phone 3442 8025, Physical Education Section; Mr. Denis WAN at 3442 8024 or Mr. Gordis YAU at 3442 8150 for enquiries.

香港城市大學第二十一屆週年水運會 (2011/2012)

比賽章程

(一) 宗旨：推廣游泳運動及為香港城市大學之學生及全職教職員提供游泳比賽機會。

(二) 主辦單位：由學生發展處體育部主辦，並由文康委員會贊助。

(三) 比賽日期及時間：24/9/2011 (星期六)，1200-1800

(四) 地點：香港城市大學游泳池

(五) 比賽項目：

5.1 學生男子及女子組

自由式：50 公尺，100 公尺，200 公尺，400 公尺*

蛙式：50 公尺，100 公尺，200 公尺

背式：50 公尺，100 公尺

蝶式：50 公尺，100 公尺*

個人四式：200 公尺

接力：4 x 50公尺自由式，4 x 50 公尺四式（學生可自由組隊），
舍際 4 x 50 公尺自由式

* 只設男子組

5.2 教職員組

甲) 自由式：50 公尺，100 公尺*

蛙式：50 公尺，100 公尺*

* 只設男子組

乙) 混合接力：1) 4 x 50 公尺自由式教職員混合接力（教職員可自由組隊。每隊
接力隊伍必須派出不少於一位女接力隊員作賽）

2) 2 x 50 公尺自由式教職員及家屬混合接力（參賽者須為全職教
職員或配偶，另一隊員必須為報名者之配偶或子女，且須派出
不少於一位女接力隊員）

5.3 教職員子女組

50公尺自由式（9歲以下，12歲以下及15歲以下）

5.4 友校接力邀請賽男子組及女子組

4 x 50 公尺自由式接力

(六) 賽制

6.1 報名規定：

a. 學生及教職員 - 個人項目每人限報三項，接力除外。

b. 教職員子女 - 個人項目每人限報一項，接力除外。

- 6.2 報名少於三人的個人項目，大會將取消該項比賽，並會通知報名者。
- 6.3 所有項目均不設初賽。將以分組計時定名次。
- 6.4 報到時應出示有效之城大證件，以便審查。
- 6.5 採用最新國際游泳協會編訂之規則。
- 6.6 大會將按實際情況,保留調動賽程的權利，各參賽者不得異議。

(七) **獎勵：**

- 7.1 個人及接力項目獎前三名。
- 7.2 學生組個人全場總冠軍獎男、女子各一名。

(八) **報名辦法及截止日期：**

報名表格可向綜合運動場館及泳池辦事處索取，填妥之報名表格可投入上述地點之『週年水運會報名表收集箱』內，或寄往學生發展處體育部收。

截止報名日期：二零一一年九月十四日(星期三)下午五時正。

(九) **大會場刊：**

將會在九月二十一日張貼於綜合運動場館大堂及於週年水運會網頁上發放，各參賽運動員請自行查閱。(網址：<http://www.cityu.edu.hk/sds/pes/aquatic/aquatic.htm>)

(十) **查詢：**

可致電 3442 8025 『學生發展處體育部』；3442 8024 尹中言先生或 3442 8150 邱德民先生查詢。