CityU Employers’ Luncheon: Dr. Allan Zeman on Millennials’ Path to Success

CityU hosted its third Employers’ Luncheon cum Student Work Exhibition on March 16 to strengthen the University’s ties with the industrial and corporate world and hence to enhance the employability of students. The event attracted close to 500 participants, including about 300 senior management representatives of reputable companies from a wide spectrum of industries and over 200 university staff and students.

The Luncheon’s keynote speaker, Dr. Allan Zeman, Chairman of Lan Kwai Fong Group and a holder of an honorary doctorate from CityU, delivered a speech titled “Start Early, Aim High and Don’t Look Back – What Millennials Can Do for a Successful Career”. Dr. Zeman shared his story of career success and encouraged students to aim high and be more creative as the world has been changing rapidly.

The employers in attendance were senior management representatives of multinational corporations based in Hong Kong and abroad. Among those attending were professionals from HSBC, Deakin China, Ernst & Young, PTR Corporation, The Hong Kong and China Gas Company Limited, Lan Kwai Fong Group, and many more.

CityU students Ray Hung (Finance, Year 3) and Bobby Fan (Engineering, Year 4), co-founders of startup company “Btstock”, demonstrated to the guests their app “Ticket-Chain”, an e-ticket trading platform.

Dr. Zeman tries the device “Run! Vender”, an arcade game developed by students from School of Creative Media. Creative Media students also present an exhibit on “Run! Vender” the video game, attracting future business clients to try it out.

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03 Indonesian Night: Batavia
印尼之夜

In this year’s Indonesian Night, Indonesian students at CityU showed the world the glamour of their country.

This year’s theme was Batavia, the city more commonly known as Jakarta today, which is also the capital of Indonesia. The event was launched with a ritual called “Poong tumpeng.” Tumpeng is a rice cone with Indonesian style garnish. The tradition is to ceremonially cut the tip of the cone to mark the opening of an event.

The night was a full-house, and guests were served with the best and authentic Indonesian food. As they dined, they were entertained by a live music performance put up by Indonesian students. Hums and melodies of Indonesian songs filled the room and the students sang along to their favourite songs. The event ended smoothly on a happy note.

One of the organizers of the event, Megan Trivita Pratana (Finance Year 2) shared, “Jakarta is now known as a modern city of high skyscrapers and bustling traffic. However, we also wanted to show you another Jakarta, one that’s still close to our heart. We wanted to show our history and culture to students from other places in the world.”

Changyi Cao (Marketing Year 2), another participant of the Indonesian Night remarked, “This event opened my eyes to a new culture. Personally, I really like the drama. The fashion show was impressive as well. It was a great success!”

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Award-winning Alumni Share Filmmaking Experience

Mr. Wong Chun and Miss Florence Chan Chor-rang, two award-winning graduates from the School of Creative Media (SCM) shared their filmmaking experience at CityU Humanity Talk.

Mr. Wong Chun and Miss Chan won the Best Director award and Best Screenplay at the 23rd Hong Kong Film Critics Society Awards respectively with the feature film Mad World. Mr. Wong is also the winner of Best New Director in the 33rd Taipei Golden Horse Awards and the 36th Hong Kong Film Awards.

Mr. Wong felt that he was fortunate to have the opportunity to direct the film, get funding from the Hong Kong SAR government and have the support of the actors and crew members. “During the production of the film, I ran into a lot of difficulties such as the pressure to work with veteran actors. However, I came to realize later that the most important thing was to communicate well with all parties and work together to produce a good film.”

The screening of Mad World was inspired by a local news report. Concerning the screenplay, Miss Chan said that she wanted to bring up the social problems such as cramped urban living space, mental health issues and financial stress after retirement to the audience. She hoped that the movie could lead the audience to think about the meaning of life.

Miss Chan and Mr. Wong graduated from CityU in 2010 and 2011 respectively. The two alumni thanked SCM for the education it offered, particularly the teaching of Mr. Patrick Tam Ka-ming, former Associate Professor of SCM, who had inspired them to pursue careers in the film industry.

Mr. Wong Chun advises CityU students to study hard and uphold the principle of righteousness with a critical mind. Miss Florence Chan thinks that reflecting on daily life is crucial to producing a creative work.

More than 200 people attend the sharing session. The pace of life in Hong Kong is very fast. As a consequence, many people are victims of stress which, if not properly dealt with, can manifest itself as physical illnesses or psychological disorders. Knowing how to relieve one’s stress is thus very important.

CityU as a community places great importance on mental health awareness and organizes the Mental Health Week once a year to educate students and staff on these issues. This year, the week-long event featured an exhibition, a sand painting workshop, a drama performance and other activities in February. The programme was run by the Mental Health Ambassador, a group of dedicated and concerned students.

The endearing attitude of a concerned community is best illustrated by the words of co-chairperson of the organizing committee Amy Han Yuen (Psychology Year 3). “Mental Health Week aims to increase our community’s understanding of mental illnesses such as symptoms and treatments. To help prevent and properly treat the illnesses, we hope that more people will know the importance of acceptance and support for patients.”

To this, Mr. Terri Cheung, Counsellor of Student Development Services added, “It’s great to see the enhancement of mental health awareness at CityU. It’s beneficial for students to look out for each other when facing adversity. More importantly, one should seek help on emotional problems when the needs arise.”

So, let us devote more time caring for our families, friends, fellow students and don’t forget to keep mentally fit!

A drama called “Relief, We Lives; I Matter to You” is delivered by Persons-In-Recovery from the Society of Rehabilitation and Crime Prevention (SRCP). The play tells a story of a teenager suffering from psychosis and also presents common emotional problems and suggests ways to deal with adversity.

The screening (4-5pm) is by the School of Design and will be followed by a panel discussion. “I am happy to share the feelers of my adolescent period with you,” said a guest speaker. “As a psychiatrist, I would like to discuss the relationship between adolescence and mental illness.”

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Mental Health Matters! School activity: The event was sponsored by the CityU Student Affairs Office. CityU provides a wide range of services for students to help them deal with stress and mental health issues. The event was organized by the Mental Health Ambassadors and co-chaired by two student leaders. To promote mental health awareness, the event featured a sand painting workshop and a drama performance.

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March Your Way to Wellness
全民運動 邁向康盛之路

Exercising and leisure activities are essential to our well-being and can bring us great enjoyment. Student Development Services organises the “Wellness March” campaign every year in order to promote physical and mental wellness of the CityU community. From February through April, the programme offered more than 40 activities of the following categories:

Exhibitions 展覽
Healthy Lifestyle Survey 健康生活調查
Outdoor Pursuits 戶外趣遊
Theatre 戲劇表演
Physical Activities 體育活動
Talks on Health 健康資訊講座
Workshops 工作坊
Health and Fitness Assessment 體適能測試
Competitions 運動比賽

绿色挑战
在乐华，萧泰和陆康
徒步旅行及徒步运动之旅

Alvin Lee Ka-hin (right), a Year 3 student majoring in Economics, is a participant of the “Wing Chun” Kungfu class. “The trainer taught me very practical self-defence tactics. I am impressed by the essence of Chinese martial arts and decided to continue to learn ‘Wing Chun’ Kung Fu.”

Akin Yau Ka-hin, a Year 3 student majoring in Business Analytics, is the winner of the women’s single event of the tournament, “Exercise makes you happy! Students should join the games to ease stress caused by busy schoolwork!” says Chung-wan.

CityU Badminton Tournament
羽毛球錦標賽

More than 3,000 runners participated in the Standard Chartered Hong Kong Marathon 2017.

Students taking physical fitness assessment 同學們参与體適能測試

Students of different backgrounds check things out at the booths.
不同背景的學生參觀各攤位的攤位。

CityU Career Fair Helps Students Land Dream Jobs
城大就業博覽會 助學生開拓前程

Career and Leadership Centre (CLC) hosted the annual CityU Career Fair this April. The Fair was supported by over 90 employers from both public and business sectors who set up information booths to provide students with useful job information. About 3,200 participants visited the Fair to react to potential employers and explore their career opportunities.

Tommy Wong Wai-ping, a Year 3 student majoring in Finance, made good use of the Career Fair to search for internships. Employers at the Fair gave me detailed information about their internship programmes and let me know what I can do to prepare for the interviews. It’s very useful to my job search!”

Alvin Yau Tsz-hin, a Year 4 Building Services Engineering student, also grasped this chance to find his graduate job. “I am interested in jobs in the business sector. The Career Fair is the right place for me to explore my career options, as I can talk to employers from financial institutes, IT companies and even fashion houses—it’s a great channel for me to meet with employers and see what opportunities lie ahead.”

The programme of the Fair also included CV photo taking services, recruitment talks and career talks conducted with the support of different employers. The talks informed students about the latest job market trends and tips to enhance workplace readiness.

Students of different backgrounds check things out at the booths.
不同背景的學生參觀各攤位的攤位。