CityU Squash Players Triumph for Hong Kong

The court is small but the game is tough. Despite a formidable opposition, CityU squash players Yip Tsz-fung and Wong Chi-him beat the odds and won the gold and bronze medals in the men’s event of the World University Squash Championship (WUSC). That was not all—the pair also won a silver medal in the mixed team category.

Tsz-fung recalled his match experience. “I felt quite a bit of pressure this time as I was representing Hong Kong and CityU instead of myself. I am glad that I managed to concentrate on the games and gave my best during the competition.” For Chi-him, his most memorable moment was the quarter-finals. “My Japanese opponent played much better than before and beat me in the first 2 rounds. I told myself to overcome the setback and eventually reversed the situation by winning the last 3 rounds in a row. That was nerve-racking!”

Tsz-fung and Chi-him, both members of the CityU squash team, made extra effort to prepare for the Championship this summer. The duo are currently studying for a BBA degree and feels grateful that teachers at CityU would make alternative arrangements for them before a semester starts in order to accommodate their intensive training and overseas tournaments. Tsz-fung reflected that time management skills are of crucial importance for balancing squash training and studies.

Tsz-fung and Chi-him are both Hong Kong squash team players. They plan to continue their career as full-time athletes and are striving to gain good results in the 2018 Asian Games!

Yip Tsz-fung (left) claims a historic gold medal for Hong Kong.

(From left) Yip Tsz-fung and Wong Chi-him excel in World University Championship.

(Please courtesy to International University Sports Federation)
CityU "Auxies" Win Top Training Awards

Aspired to serve Hong Kong citizens, Willis Chan participates in the Auxiliary Undergraduate Scheme. Willis Chan Pak-hong (Biology, Year 2) was granted the prestigious Silver Whistle Award and 2 shooting awards in this summer programme—only those who have the best overall performance could claim the Silver Whistle Award!

Willis said he was inspired by his father and decided to serve the society through engaging in the disciplined services. During the training, he encountered many challenges and gained valuable friendships. Willis realised that attention to details is the key to any accomplishment. He is glad that his work was acknowledged by the instructors and colleagues. Willis plans to join the Hong Kong Police Force in the future so he could continue to serve citizens of Hong Kong.

Student Fung Uen-yung (International Business, Year 4), also a participant of AUS, received the Commandant's Certificate (Intake Academic Award) for her exceptional performance during the training. Uen-yung appreciates the opportunity to put policing concepts into practice and believes that the experience she has gained in the AUS would enhance her chances of becoming a police officer after graduation.

Auxiliary constables from CityU: Fung Uen-yung (middle) and Willis Chan (2nd from right) excel in the training. CityU students participated in the Auxiliary Undergraduate Scheme. 除了義務工作外，學生可有甚麼貢獻社會？應用生物學系二年級生陳柏匡則參加了為大專生而設的輔助大學學生計劃，於暑期接受輔警訓練，學習射擊、法例及警務程序等，更獲優秀成績勇奪銅獎章及兩個射擊獎項。陳柏匡表示：「我從很小就對警察工作感興趣，尤其想在法規領域貫穿警務工作，所以選擇報考輔警，服務市民。」訓練期間，他曾遇到許多挑戰，並結識了互相信任的朋友，同時亦體會到做好一件事，必須在細節上下功夫，他感謝長官和同系哥哥的肯定，更計劃在畢業後投考警察隊，服務社會。

另外，主修國際商業四年的馮一德亦是此計劃的學員之一，由於考績特別優異，獲獲輔警總監監督楊光發授輔警訓練推動班好慶銀牌榮譽，並使他能夠實踐警務工作，有助他將來投身警隊。
Omnibus on the Silk Road

Students visit the picturesque Mogao Caves in Gansu.

城大巴士之旅 探索絲綢之路

今年8月，在環球事務處的安排下，30名城大學生日同蘭州大學學生組成團隊，參加了「城大巴士之旅路：民族社區訪問與服務計劃」，28天內走訪絲路之路，包括蘭州、肅南、蘭州、阿克塞等多個民族社區，考察少數民族的政治、宗教及文化，並參與當地的義務服務。

在阿克塞，學生拜訪哈薩克族家庭，了解其簇群的文化起源和發展，更與當地兒童用民族傳統圖案製作各種生活用品，研究如何將傳統工藝應用在商業上。

在肅南一站，學生參觀博物館，認識當地傳統手工艺的發展。在旅程的尾聲，同學們亦不忘擔任義工，為蘭州的婦女及兒童安排了做手工、繪畫、遊戲和跳舞等活動。

經過此次旅程，城大的學生更對絲綢之路的文化加深了認識，獲益良多。團員謝顯思（中文系四年級）總結是次旅程：「一次深入的文化交流，比看一百本書更來得深刻，讓文化不止於了解，更讓人去愛上。」

CityU students found this trip to the Silk Road valuable, educational and beneficial as they have learnt a lot in this short yet fruitful summer. Participant Cic Xie (Chinese, Year 4) commented, "Having an in-depth cultural exchange is way better than just reading it from the books. Trust me, you will definitely fall in love with a culture if you experience it first-hand!"

Find out more on “Global experience for all” webpage.

瀏覽環球事務處網頁，了解更多。
Over 80 Students Experience Global Internships 逾80名城大學生參與海外實習

This summer more than 80 CityU students were sent to 6 international cities (Sydney, London, Shanghai, Tokyo, Berlin and Munich) for internships of 8 – 12 weeks under Global Work Attachment Programme (GWAP), a signature programme organised by the Career & Leadership Centre.

逾80名城大學生透過由事業及領袖策劃中心主辦的環球
工作實習計劃走訪悉尼、倫敦、上海、東京、柏林及慕尼黑6大國際大都會參與8至12周的暑期實習，
吸收工作經驗，考察各地文化。

Sydney, Australia 澳洲悉尼

Yannis Lo Ching-Yun (English, Year 4) had been an Administrative Assistant in Halation Agency, a fashion agency. Her major duty was to help the employer facilitate communication between fashion brands and retailers. In merely 10 weeks, Yannis built up her knowledge in fashion sales management, e-marketing and customer relations management.

羅靖茵(英文系四年級)在時裝銷售公司Halation Agency擔任行政助理, 負責促成時裝品牌和零售商之間的溝通。短短10星期，羅靖茵增加了在銷售管理、網路行銷、客戶關係管理等方面的知识。

Besides building up knowledge in the realm of business, Yannis made good observations of the local working culture. “Australia has an egalitarian culture. I noticed that my supervisor would listen to employees’ opinions before making an important decision and every colleague in the company is supportive of each other. It was also interesting to note that the customers and my colleagues would have a casual chat before they start discussing business in order to create a better partnership.”

羅靖茵亦留意當地的工作文化：「澳洲人的階級觀念不重，例如，上司在
作出決定前，會先聽取員工意見；遇到困難，不同職位的同事
都會互相幫助；與客戶接觸時，會先跟他們聊天，營造輕鬆的
氣氛，這有助雙方建立關係。」

London, United Kingdom 英國倫敦

Wong Yun-fung (Creative Media, Year 3) worked in Imakr as a 3D Designer for 2 months. Imakr is a company that sells 3D printers, 3D scanners and accessories, and provides 3D printing, 3D scanning and design services. He was assigned to conduct research on the global toys and games market as well as re-organise the contents on the company’s website. As Fung recalled, the most challenging task was to create 3D models of jasmine. Most importantly, his hard work was recognised by the customers!

黃潤銘(創意媒體學系三年級)於3D打印器材公司Imakr實
習，負責研究全球不同玩具和遊戲市場及優化公司網站，亦
參與了既有趣又具挑戰性的3D茉莉花模型製作，產品更得到
客戶讚賞！

The experience at Imakr has inspired Fung to become a 3D designer. And for him now, the goal is to set up his own design studio and e-shop in the future.

在Imakr的工作經歷令黃潤銘立志成為一名3D設計師，希望
日後可創立自己的設計工作室和網店。

Shanghai, China 中國上海

Kiki Liu Ts-tzung (Translation, Year 3) had a wonderful time in The Hong Kong Economic and Trade Office in Shanghai (SHETO). Her duties included drafting activity highlights and liaising with business partners. Reflecting on her internship, Kiki said that her most unforgettable experience was that she was nominated by the Director of SHETO to be interviewed by a newspaper as a representative of the interns who worked there!

廖芷婷(翻譯系三年級)在香港駐上海經貿辦事處(駐華辦
)任公關部實習生，參與撰寫活動花絮和聯絡合作單位等工作，
非常充實。廖芷婷指，實習期間，她獲得駐華辦陸主任嘉許
代表全體實習生接受專訪，令她感到十分榮幸。

Living in Shanghai for 2 months also gave Kiki new perspectives about Mainland China. For instance, the mobile phone payment system and popularity of other mobile applications deeply impressed her. She concluded that joining GWAP was certainly one of the best decisions she has ever made.

在上海生活兩個月，廖芷婷加深了對中國內地的認識，例如內
地的手機付費模式等應用程序的普及，均讓她大開眼界。她慶
幸能夠參與環球工作實習計劃，汲取外地工作經驗。
Tokyo, Japan 日本東京

Arnaud (centre front) finds himself falling in love with tourism-related work.

Arnaud Koo Chak-long (Management, Year 4) worked in the Tokyo office of AVIAREPS, which provides tourism, aviation and trade promotion services to its clients. Being good at speaking Japanese, Arnaud was given the chance to participate in magazine interviews with overseas wine-makers as well as food tasting and other trade events. He felt accomplished when he conducted research and analysis on various tourist destinations such as Dubai, Peru, Saipan & USA; and when he introduced interesting events in these destinations in newsletters to Japanese readers.

Arnaud was amazed by the dedication his Japanese colleagues put in their work and how much teamwork and planning are valued. The open office setting well-illustrates their team spirit.

Berlin, Germany 德國柏林

Cecilia (centre) learns to be more proactive after working at COPYTRACK.

Cecilia Sze Shi-wah (Media and Communication, Year 4) worked for COPYTRACK, a startup company that helps clients protect their intellectual property rights. Cecilia applied her design skills and demonstrated her creativity in producing different marketing materials, which helped enhance the host company’s brand image.

Being placed in a foreign workplace, Cecilia learnt to be proactive and often took the initiative to assist with her supervisor’s work. She concluded that this experience equipped her with many specific skills and provided her insights for her future career planning.

Munich, Germany 德國慕尼黑

Nicky (centre) enhances her business acumen and is now confident that she would be a competitive candidate in the job market.

Nicky Jiang Zhuoran (Information Systems, Year 4) appreciates the chance to work in HeroBakery, a startup company that focuses on matching talents worldwide with great career opportunities. Nicky’s duties included managing the company’s social media platforms and conducting market research. Nicky is proud that she has written 5 detailed articles for the Business Insight Blog of the company’s homepage with elaborate infographics.

Working overseas for the first time, Nicky was impressed by the local culture. “The German people are highly self-disciplined and they respect rules. For instance, in Munich, there are no baffle gates in most public transport systems—that means the citizens are trusted to be honest and always pay for their ride,” she explained.
Over 160 undergraduates from Mainland China signed up for the USSM 2016. For students who are new to Hong Kong, life can be quite challenging simply because for them, socially speaking, they start at "ground zero". The University Success Seminar for Mainland Student (USSM) was held on 3rd September 2016 to help students from Mainland China to adapt to university life in Hong Kong. Two outstanding students from Mainland, Barbara Li Liangdiner (English Studies, Year 2) and Alice Wang Xueying (Civil & Structural Engineering, Year 3) shared their views on managing their university life in Hong Kong during the event.

Coming from Beijing, Barbara first tried very hard to achieve all the goals she set for herself, which included expanding her network, coping with academic work and managing a new life abroad—all at once and as quickly as possible. But soon after, she began to realise that haste makes waste and had learned to take life one step at a time. She believes that living in Hong Kong nourishes her independence. Barbara thinks that meeting more friends has helped her to deal with isolation and loneliness.

Alice grew up in Harbin. A very active student, she tries her very best to facilitate cultural exchange between Mainland China and Hong Kong—something that is of much value to her. She commented that students of different background should seek better communication. Alice has met a lot of friendly local schoolmates and encourages students to engage in events held on campus and in the residence halls.

City Upeatea would like to take this opportunity to welcome Barbara, Alice, and all other freshmen from Mainland China to join us to become a part of this big university family!

Barbara encourages freshmen to work very hard. "However, grades alone cannot reflect all your achievements. Getting to know yourself as well as the society is crucial too."

Alice has a fruitful life at CityU: besides taking an exchange trip to the UK, she also organised the event DancingU, where the invited students of various nationalities to a dance gala.

本年度「成功有機」內地生迎新活動於9月3日舉行，吸引超過160名內地本科新生報名。活動上，學長李亮（英文系二年級）和王雪瑩（土木及結構工程系三年級），分享如何適應心態去看待大學和在港生活。

李亮表示剛從北京來到香港時，一心想在短時間內完成許多目標，如交友、學業和生活管理等，結果明知到達則不遠，卻不知慢慢地，一步一步去達成目標。

王雪瑩表示香港生活讓他們學會獨立，病假初時感到孤單，但逐漸結識來自五湖四海的朋友，就變得開朗起來了。

而來自哈爾濱的王雪瑩則熱衷參與校內外活動，尤其熱心推動中港文化交流，她認為文化差異源於了解不足。故不想先入為主，要嘗試溝通。她指自己認識的香港同學都很友好，又建議本地學生積極參加宿舍和課餘活動，結識更多本地或外國朋友。

歡迎各位來自內地的新生在這裡展開人生的新一頁！
Leadership Challenge for Residence Tutors

How can one become a good leader? This question has no definite answer. To help residence tutors become better leaders, the Student Residence Office (SRO) organised a training camp to encourage residence tutors to reflect on the meaning of leadership this July. Dr. Ron Kwok, Dean of Students, and Mr. Wilson Lam, Director of SRO, led the Residence Masters-staff from SRO who guided 43 residence tutors to develop their ability to lead.

Tracy Cheung Tsui-hin (English Studies, Year 4), one of the residence tutors from Hall 10, was glad that the Leadership Training Camp had inspired her on the matter. “I have learnt a lot from the adventure-based activities especially the challenge called “Over the High Wall”. The task was to get a team of 24 people to reach the other side of a 14-feet wall. To complete such a “mission impossible” safely in 20 minutes, I had to discuss with the team and come up with a workable approach. I tried to coordinate the team in a more effective way, such as assigning the stronger members to push people up to cross the wall. Focused and determined, our team only took 10 minutes to finish the task! Trust and solidarity were the key here.”

For other participants, the camp has taught them how to improve and become a better leader. They realised that a good leader should also be able to listen to others’ views, delegate work wisely, be creative and coordinate the team well.

Let’s hope that the training experience would help our residence tutors to keep on exploring their potentials and demonstrate good leadership in the future!

“We grow faster when we are united.”

「團結齊心使我們一同成長！」

Residence Tutors are CityU students who are responsible for enhancing the relationships among the residents in the halls. Tracy Cheung from Hall 10 is one of them. Residence Tutors are CityU students who are responsible for enhancing the relationships among the residents in the halls. Tracy Cheung from Hall 10 is one of them. Residence Tutors are CityU students who are responsible for enhancing the relationships among the residents in the halls. Tracy Cheung from Hall 10 is one of them. Residence Tutors are CityU students who are responsible for enhancing the relationships among the residents in the halls. Tracy Cheung from Hall 10 is one of them. Residence Tutors are CityU students who are responsible for enhancing the relationships among the residents in the halls. Tracy Cheung from Hall 10 is one of them. Residence Tutors are CityU students who are responsible for enhancing the relationships among the residents in the halls. Tracy Cheung from Hall 10 is one of them. 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University Life Induction Day: Freshmen, welcome to CityU!

Organised by Student Development Services (SDS), the University Life Induction Day 2016 attracted over 900 freshmen on 13 August. The programme of the day included a performance by the CityU karatedo team, excerpts from Fame the musical delivered by 20 undergraduates and a training workshop entitled "University Life as Transitional Change", which gave freshmen tips regarding money management and time management through discussions and a short film.

Diverse Training Programmes Enhance Students’ Competitiveness

It’s said that success comes from self-packaging, so how can students establish their personal brand? This September and October, CityU Golden Key Club invited leadership coach Ms. Catherine Wong to teach CityU students how to establish their personal brand when interacting with supervisors, colleagues, clients and staff members through interactive workshops named “The Alchemy of Personal Branding”.

The club has also launched the “Workplace Challenge Series” earlier this year. Participants were challenged to tackle difficult work-related scenarios in groups, in order to hone their analytical abilities, teamwork and creative problem solving skills.

Coach Catherine teaches CityU students techniques of personal branding.

Students preparing for their presentation in the Workplace Challenge.

建立個人品牌對事業發展相當重要，因此春曉培訓專家Catherine Wong擔任“個人品牌的煉金術”工作坊之講師，指導同學們採取不同策略與上司、同事或客戶溝通，從而建立個人品牌。

較早前，春曉會亦舉辦了「職場個案挑戰」活動，參加的同學可嘗試在個案比賽中解決工作上的難題，藉此培養分析能力、協作能力及解決技巧。

Students preparing for their presentation in the Workplace Challenge.

同學們為職場個案比賽努力準備。