Modeling the evolution of a self-fertilizing hermaphroditic worm

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The well-studied nematode worm C. elegans consists mostly of self-fertilizing hermaphrodites and few males. To understand how this mating system can evolve, a simple two-step mathematical model of the evolutionary pathway from a malefemale species to a selfing-hermaphrodite species is constructed. First, the frequency of mutant females capable of facultative self-fertilization increases if the benefits of reproductive assurance exceed the cost. Second, hermaphrodites become obligate self-fertilizers if the fitness of selfed offspring exceeds one-half the fitness of outcrossed offspring. Genetic considerations specific to C. elegans show that males may endure as descendants of the ancestral malefemale species. These models together with experimental observations suggest a sexual conflict over mating in C. elegans: selection favours hermaphrodites that self and males that outcross. The strength of selection on hermaphrodites and males differs, however. Males that fail to outcross suffer a genetic death. Hermaphrodites may never encounter a rare male, and those that do and outcross only bear less fecund offspring. This asymmetric sexual conflict results in an evolutionary stand-off: rare, but persistent males occasionally fertilize common, but reluctant hermaphrodites. A consequence of this stand-off may be an increase in the longevity of this type of mating system.